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Dear Families:

WELCOME to the Northwestern Ohio Community Action Commission (NOCAC) Head Start and NOCAC Early Childhood Education (ECE) school readiness program. Our vision statement, "Guiding Children and Families Toward Success," expresses our belief that all families can be successful. Our mission is to assist families in the attainment of their goals.

We also believe that you as parents and guardians are the most influential educator in your child's life. We are here to enhance your child's development and school readiness skills during the upcoming year. In addition to working with your child, our staff will also work with you and your family to encourage your ongoing success. We can assist you through referrals to other community partners and to other NOCAC services.

By now you have met some of our staff, all of whom have the credentials, education and experience to offer your child a quality preschool experience. The NOCAC staff will welcome and encourage your involvement as a volunteer in the classroom, during home visits, at socializations and field trips and on parent committees and Policy Council. The NOCAC Staff will also work with you to ensure that your child receives quality education opportunities and screenings including any necessary follow-up in the areas of health including medical, dental, height/weight and nutrition; social/emotional and developmental assessments.

The Head Start and Early Childhood Education programs are federally and state funded respectively. If you have any questions or experience a problem during the course of the school year that cannot be resolved by speaking with your child's Teacher, please contact the center manager who oversees the operation of your child's Center/Home Base program.

If the center manager is unable to resolve your question or problem, please feel free to contact me at jyaros@nocac.org or call me at 419-784-2150, ext. 1111.

The Central office of NOCAC is located in Defiance and is open 8:00-4:30, Monday – Friday. NOCAC Head Start staff members are available to listen to your concerns, comments or questions. Our program is designed to serve your needs and we welcome your active involvement.

Together let's make this an exciting year of learning for your child. If you would like more information about NOCAC services that may be available to you, please visit www.nocac.org. You can also "like" us on Facebook to receive up to date Northwestern Ohio Community Action Commission information.

Sincerely,
Janet L. Yaros, Head Start/ECE Director

MISSION STATEMENT

The mission of NOCAC is to provide quality services to eligible families through staff who are dedicated to working with families.

The NOCAC staff work in partnership with community partners to provide and promote education, training, advocacy, collaboration with local organizations, and supportive services to empower people to become and/or remain self-sufficient.

NOCAC also supports opportunities for staff to continue to learn, personally and professionally in a positive, team-focused work environment.

MANAGEMENT INFORMATION

NOCAC HEAD START/ECE PRESCHOOL CENTERS

NOCAC CENTRAL OFFICE

NOCAC Child Development

1933 E. Second Street
Defiance, OH 43512
419-784-2150
Janet Yaros, Head Start/ ECE Director
jyaros@nocac.org

DEFIANCE COUNTY

FRC Head Start Center/ECE Preschool

Family Resource Center
644 Clinton Street
Defiance, OH 43512
419-784-2152
Amy Zipfel, Center Manager
azipfel@nocac.org

Hicksville Head Start Center

237 W Arthur Street
Hicksville, OH 43526
419-542-9500
Jacque Gonzales, Center Manager
jgonzales@nocac.org

PAULDING COUNTY

Paulding Head Start Center

14069 County Road 111
Paulding, OH 45879
419-399-5617
Jacque Gonzales, Center Manager
jgonzales@nocac.org

HENRY COUNTY

Napoleon Head Start

St. Paul Lutheran Church
1075 Glenwood Avenue
Napoleon, OH 43545
419-599-7177
Angie Bilow, Center Manager
abilow@nocac.org

NOCAC Child Development Center

22600 State Route 34
Archbold, OH 43502
419-267-5188
Angie Bilow, Center Manager
abilow@nocac.org

WILLIAMS COUNTY

Pulaski Head Start Center/ECE Preschool

06678 US Rt. 127
Bryan, OH 43506
419-636-8862
Amy La Combe, Center Manager
alacombe@nocac.org

NOCAC – Montpelier Head Start/ECE Preschool

1015 E. Brown Road
Montpelier, OH 43543
419-485-6700
Amy Skinner, Center Manager
askinner@nocac.org

NOCAC – Edon Head Start

802 W. Indiana Street
Edon, OH 43518
419-272-3213
Amy Skinner, Center Manager
askinner@nocac.org

FULTON COUNTY

Wauseon Head Start Center

Board of DD
1210 N. Ottokee Street
Wauseon, OH 43567
419-337-9141
Paula Dotson, Center Manager
pdotson@nocac.org

Leggett Street Elementary School

940 E. Leggett Street
Wauseon, OH 43567
419-335-0052
Paula Dotson, Center Manager
pdotson@nocac.org

CENTRAL OFFICE STAFF

Head Start/ECE

It is unlawful for the facility to discriminate in the enrollment of children upon the basis of race, color, religion, sex, or national origin, or disability in violation of the Americans with Disabilities Act of 1990, 104 Stat. 32, 42 U.S.C. 12011t is unlawful to discriminate on the basis of race, color, religion, sex, age, handicap or national origin. The Head Start program abides by the governing Equal Employment Act, Title VII of the Civil Rights Acts and Section 504 of the 1973 Rehabilitation Act relative to the hiring of personnel and delivery of program service.

Director	Janet Yaros	jyaros@nocac.org
Administrative Assistant	Pam Lymanstall	plymanstall@nocac.org
Data Entry Specialist	Erica Moser	emoser@nocac.org
Transportation, Facilities & Safety Assistant	BrookeAnn Rosebrook	brosebrook@nocac.org
Clerical Assistant	Teresa Hiler	thiler@nocac.org
 Child Development & Education Manager	 Erica Wehri	 ewehri@nocac.org
Coaching Specialist	Terri Bittinger	tbittinger@nocac.org
Curriculum Specialist	Maria Berry	mberry@nocac.org
Mental Health/Behavior Specialist	Kaitlin Faber	kfaber@nocac.org
Outcomes Assistant	Carmen Coy	ccoy@nocac.org
 Family & Community Engagement Manager	 Amber Simmons	 asimmons@nocac.org
Family & Community Engagement Assistant	Isaac Benner	ibenner@nocac.org
 Child Health & Safety Manager	 Sheana Behringer	 sbehringer@nocac.org
Disabilities/Intervention Coordinator	J. Nichols-Ewing	jnicholsewing@nocac.org
Health & Safety Assistant	Tiffany McBride	tmcbride@nocac.org

IMPORTANT INFORMATION

Your child is enrolled in the _____ Option in _____ County.

Your Teacher is: _____ Your Teacher Assistant/Bus Driver is: _____

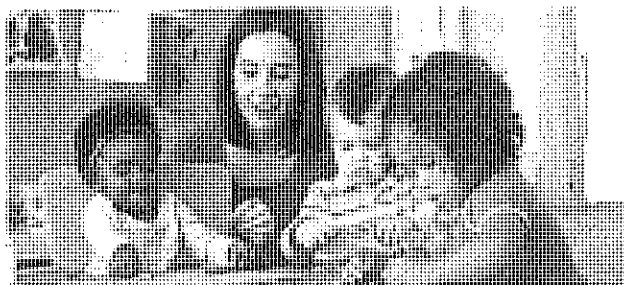
The Center address is: _____ Phone number: 419- _____

Teacher's Email: _____@nocac.org Your Family Service Specialist is: _____

**Individual Center Safety
Plan Sticker Goes Here**

SAFETY

1. NOCAC Child Development Centers shall maintain a completed copy of the Child Enrollment and Health Information (JFS 01234) form. This form will be completed and on file at the center by the child's first day of attendance. The form will be reviewed and revised as needed and updated at least annually.
2. NOCAC has developed a Medical, Dental and General Emergency Plan to follow in the event that an emergency would occur while your child is in the agency's care. This plan is posted next to the door in all areas used by the children.
3. A working telephone will be available at all times in the center. The center phone number is _____.
4. Fire drills and bus evacuation drills will be held monthly at varying times; weather emergency drills will be held as well during the months of March through September. Dates and times of drills will be recorded and kept on file at the center. Documentation of these drills will be posted on the Family Board in a conspicuous location.
5. In the event of an emergency evacuation from the center, the children will be evacuated to _____.
6. An emergency escape plan for fire and weather safety will be posted in the center area. These will detail and diagram all possible escape routes and will list staff responsibilities.
7. Child Enrollment and Health Information Forms for each child are kept on the bus and in the center at all times so that the information is readily available in emergency situations. Children's addresses, phone numbers, emergency contact numbers, immunization records, etc. will be updated continuously through the year to ensure availability in the event of an emergency.
8. A Dental First Aid Chart is posted in the classroom and all other spaces used by the children.
9. No child is to be allowed to bring dangerous or large articles from home.
10. To reduce accidents, children shall be instructed on proper usage of equipment.
11. No child shall be allowed to cause bodily harm to other children.
12. All chemicals and potentially dangerous materials are kept out of the reach of the children. No aerosol sprays will be used when children are present.
13. Telephone numbers of the fire department, rescue squad, and poison control center will be posted by the telephone and on the school bus.
14. If a serious illness or accident occurs while a child is in the center and requires immediate medical/dental treatment, first aid will be administered, the parent will be notified, and the child will be transported to the proper medical/dental facility by the local EMS or by the parent for further treatment.
15. An Incident/Injury Report (JFS 01299) will be completed by a NOCAC Child Development Staff member in charge of the child when the following occur: An illness, accident, or injury which requires first aid treatment or a bump or blow to the head or Emergency transporting or an unusual or unexpected event which jeopardizes the safety of children or staff such as a child leaving the center unattended.
16. If a child receives any injury while involved in the activities, an incident report will be completed and given to the child's parent/guardian for their signature on the same day of the incident. You will receive the original copy.
17. If your child has any condition or requires any specialized health or nutrition care, it will be provided as appropriate only after you complete medical and/or medication care forms.
18. Written permission from the parent/guardian of a child shall be obtained before any child is permitted to swim or participate in water play activities in bodies of two or more feet in depth. Any water play activities will be properly supervised.
19. Universal safety precautions (gloves and hand-washing) are used by all staff when dealing with potentially infectious materials.
20. In compliance with the Ohio Revised Code, Section 2923.1212, Concealed Weapons Law, no person shall knowingly possess, have under the person's control, convey or attempt to convey a deadly weapon or dangerous ordnance onto the center's premises. Signs are posted at every entrance to our facilities.
21. NOCAC Child Development centers will not transport children in emergency situations. If a child requires transportation, the parent or the emergency squad will be called.



SUPERVISION OF CHILDREN

1. No child will be left alone or unsupervised. A staff member will supervise children at all times.
2. Arrivals and Departures
Bus transportation is provided for most of the families in the five county area. A few classrooms are self transport due to location and proximity to the center.
Children will only be released to a parent/legal guardian or other designated person over 18 years of age who is on the Child Enrollment and Health Information form or the Release Form.
 - a. **BUS TRANSPORTATION**
 - Parents/Guardians are required to bring their child to and from the bus.
 - Attendance is taken immediately upon entering the bus and again upon arrival at the center and checked again at the time of departure and again on exiting the bus to ensure that all children are delivered home. Staff members will also check for child's presence in daily learning group
 - Drivers will check buses at the end of the route to make sure no child is left on the bus and will display "Bus is Empty" sign on the back window.
 - b. **SELF TRANSPORTATION**
 - Please do not leave your car running while you bring your child into the building.
 - Parents are required to bring their child into the center and to the child's classroom.
 - Staff must be made aware of your child's presence before the parent leaves.
 - Children may not be dropped off at the front door or be sent inside alone.
 - When picking up your child, please make sure staff are aware that you are taking your child.
 - Children should never be left unsupervised at any time while they are in the building or in the parking lot.
 - c. **CHILDREN ARRIVING FROM OTHER PROGRAMS**
 - When a child is expected to arrive at one of our centers from another program (i.e. a child with an IEP coming from the Public School), a NOCAC Child Development Staff person will meet the bus at the designated bus stop to get the child.
 - If the child does not arrive, staff will first contact the parent to confirm the child was scheduled to arrive at the center that day. Then staff will contact the program from which the child was coming to inquire the whereabouts of the child.
 - If needed, staff will consult with the parents to determine further action.
 - It is extremely important that parents contact NOCAC Head Start when their child is not going to be attending.

WHEN YOU ARE DROPPING OFF OR PICKING YOUR CHILD UP

Policy:

Regular attendance at NOCAC Head Start/ECE centers is extremely important for your child in preparing for Kindergarten. Routine becomes part of your child's day. You are welcome to visit your child in the classroom at any time.

Procedure:

Parents will:

- Notify the staff as soon as possible if your child is not coming in for the day.

Arrival

Upon arrival, authorized caregivers* must:

1. Sign their child in on the Arrival/Departure Log
 - a. Everyone is required to write in the time and a signature on the log.
2. If arriving early, caregivers must wait with their child until it is time for the Teacher to be in the classroom. Once the Teacher arrives see step 3.
3. Make eye contact with your Teacher or staff member and verbally let them know you are here and are dropping your child off for school.
4. Wait for verbal confirmation from the staff person before leaving.

Departure

Upon departure, authorized caregivers* must:

1. Sign their child out with time child is leaving on the Arrival/Departure Log
 - o Everyone is required to write in the time of departure and a signature on the log.
2. Make personal contact with a staff member by using eye contact and verbally telling them you are there to pick your child up.
3. Wait for verbal confirmation from the staff person before leaving with your child.

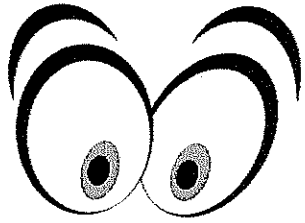
**A list of authorized caregivers can be found on the NOCAC Head Start Child Pickup List Authorization form.
This form can be found in the child's file at the center.*

This is what the daily sign in and out sheets will look at for your classroom.

Parent Sign-In Sheet		Please sign below <u>each time</u> you drop off and pick up your child		Date _____	
	Drop Off		Pick Up		
	Drop Off Signature	Time In	Pick Up Signature	Time Off	
Kareem O'West					
Liz Onnia					
Marsha Dimes					
Nick L. Dime					
Paige Turner					
Rick Kliener					
Sam Pull					
Sheri Cola					
Ted E. Baer					
Tate Urchips					
Tina See					
Tim Burr					
Winnie Bago					
Zoltan Pepper					
					Use this line for a new child

NOCAC CHILD DEV – Family Resource Center – AM 3 – 19 participants

STOP SIGN POLICY



It is very important that we are all doing our part to keep our children safe. You will notice “Stop Signs” throughout the center.

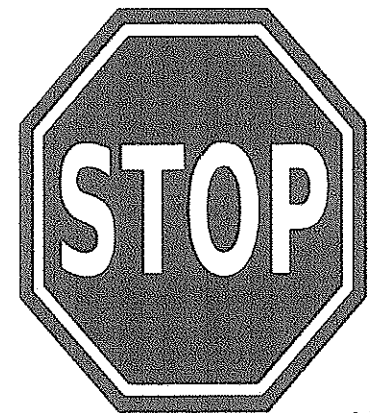
Please help us teach your child that when he/she sees a Stop Sign that means he/she needs to stop and be with an adult before moving on.



If you self-transport your child to and from school please know as part of our school family we trust that you will *help keep our children safe while in the center.* When you leave the

classroom, turn around and physically close the door with your hand so no child comes out of the classroom behind you. Thank you for

helping keep our children SAFE!



CHILD ABUSE/NEGLECT POLICY

NOCAC Child Development believes in concentrating on families - not just the parent or child. Our goal is to help you do the best you can in raising healthy, happy children. We understand every household has a different parenting style and we strive to understand and respect the rights of parents. However we also know some parenting styles may place a child at risk of harm and/or injury.

NOCAC Child Development staff are mandated reporters. The definition of mandated is "to authorize or decree (a particular action), as by the enactment of law." **All staff are required by Ohio Revised Code 2151.421 to report any suspected incidents of child abuse or neglect.** As required by Ohio Job and Family Services, the NOCAC Child Development staff is trained in child abuse/neglect recognition & prevention and is aware of the mandated reporting laws. Ohio Revised Code 2151.421 states, "reporting is required if a mandated reporter suspects that a child under 18 years of age has suffered or faces a threat of physical or mental abuse or neglect."

Staff is expected to follow the policies set forth by the state regarding suspected child abuse/neglect and will be instructed to contact the proper authorities in the event of a concern. If staff fails to report, they could be found guilty of a misdemeanor of the fourth degree and liable for civil damages. You may contact the Family & Community Engagement Manager at 419-784-5136 ext 1140 with any questions or concerns regarding the child abuse/neglect policy.



CONFIDENTIALITY

In order to fulfill our responsibility in serving you and your family, our staff must obtain personal or sensitive information. All information regarding you and your child(ren) is kept confidential. This means we will not release information to outside parties without signed authorization.

This policy does not include communication between staff when both are working with your family, such as the Family Service Specialist and Teacher or Teacher Assistant, as we believe a team approach is the best method in serving you and your child(ren). In situations of divorce or custody arrangements, we must have custody documentation and if the non-custodial, non-residential parent pays child support and has visitation ordered, this parent is entitled to information about the child's education. If you believe confidentiality has been broken, please contact our Central Office at 419-784-2150.

ISSUES OF CUSTODY

We believe parents are the primary educators of their children. This is why our NOCAC Child Development strongly encourages parent engagement from both parents. We understand there are situations when the parents no longer live in the same home, due to divorce or a break in the relationship. **In situations of divorce and/or custody arrangements, we must have any court determined custody documentation on file and the parent(s) is responsible to provide any revised/updated documentation once filed with the court.** There may be times the non-custodial, non-residential parent would like to participate in our Head Start/ Public Preschool activities.

Our program has an open door policy for all of our Head Start/ Public Preschool parents. This means any parent is welcome to visit our centers (unless there is a documented restraining or no contact order on file with us) at any time. Our staff welcomes parent involvement from both parents regardless of custody/visitation arrangements and we will allow parent participation in our program, even if this conflicts with the custody/visitation schedule. **We will NOT allow the non-custodial, non-residential parent to remove the child from the classroom or our center's property, unless otherwise specified by the primary, custodial parent.** Our staff will review the Parent Involvement Notification form with parents dealing with custody issues and a copy of the signed form will be on file. Our staff will adhere to custody agreements on file.

Understand the Weather

Wind-Chill



- 30° is *chilly* and generally uncomfortable
- 15° to 30° is *cold*
- 0° to 15° is *very cold*
- 32° to 0° is *bitter cold* with significant risk of *frostbite*
- -20° to -60° is *extreme cold* and *frostbite* is likely
- -60° is *frigid* and exposed *skin will freeze* in 1 minute

Heat Index



- 80° or below is considered *comfortable*
- 90° beginning to feel *uncomfortable*
- 100° *uncomfortable* and may be *hazardous*
- 110° considered *dangerous*

All temperatures are in degrees Fahrenheit

Child Care Weather Watch

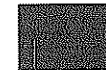
Wind-Chill Factor Chart (in Fahrenheit)

		Wind Speed in mph								
Air Temperature		Calm	5	10	15	20	25	30	35	40
	40	40	36	34	32	30	29	28	28	27
	30	30	25	21	19	17	16	15	14	13
	20	20	13	9	6	4	3	1	0	-1
	10	10	-1	-4	-7	-9	-11	-12	-14	-15
	0	0	-11	-16	-19	-22	-24	-26	-27	-29
	-10	-10	-22	-28	-32	-35	-37	-39	-41	-43
	-20	-20	-34	-41	-45	-48	-51	-53	-55	-57
	-30	-30	-46	-53	-58	-61	-64	-67	-69	-71



Comfortable for out door play

Caution



Danger

Heat Index Chart (in Fahrenheit %)

		Relative Humidity (Percent)												
Temperature (F)		40	45	50	55	60	65	70	75	80	85	90	95	100
	80	80	80	81	81	82	82	83	84	84	85	86	86	87
	84	83	84	85	86	88	89	90	92	94	96	98	100	103
	90	91	93	95	97	100	103	106	109	113	117	122	127	132
	94	97	100	102	106	110	114	119	124	129	135			
	100	109	114	118	124	129	136							
	104	119	124	131	137									
	110	136												

Child Care Weather Watch

Watching the weather is part of a child care provider's job. Planning for playtime, field trips, or weather safety is part of the daily routine. The changes in weather require the child care provider to monitor the health and safety of children. What clothing, beverages, and protections are appropriate? **Clothe** children to maintain a comfortable body temperature (warmer months - lightweight cotton, colder months - wear layers of clothing). **Beverages** help the body maintain a comfortable temperature. Water or fruit juices are best. Avoid high-sugar content beverages and soda pop. **Sunscreen** may be used year around. Use a sunscreen labeled as SPF-15 or higher. Read and follow all label instructions for the sunscreen product. Look for sunscreen with UVB and UVA ray protection. **Shaded** play areas protect children from the sun.



Condition GREEN - Children may play outdoors and be comfortable. Watch for signs of children becoming uncomfortable while playing. Use precautions regarding clothing, sunscreen, and beverages for all child age groups.

INFANTS AND TODDLERS are unable to tell the child care provider if they are too hot or cold. Children become fussy when uncomfortable. Infants/toddlers will tolerate shorter periods of outdoor play. Dress infants/toddlers in lightweight cotton or cotton-like fabrics during the warmer months. In cooler or cold months dress infants in layers to keep them warm. Protect infants from the sun by limiting the amount of time outdoors and playing in shaded areas. Give beverages when playing outdoors.

YOUNG CHILDREN remind children to stop playing, drink a beverage, and apply more sunscreen. **OLDER CHILDREN** need a firm approach to wearing proper clothing for the weather (they may want to play without coats, hats or mittens). They may resist applying sunscreen and drinking beverages while outdoors.

Condition YELLOW - use caution and closely observe the children for signs of being too hot or cold while outdoors. Clothing, sunscreen, and beverages are important. Shorten the length of outdoor time.

INFANTS AND TODDLERS use precautions outlined in Condition Green. Clothing, sunscreen, and beverages are important. Shorten the length of time for outdoor play.

YOUNG CHILDREN may insist they are not too hot or cold because they are enjoying playtime. Child care providers need to structure the length of time for outdoor play for the young child.

OLDER CHILDREN need a firm approach to wearing proper clothing for the weather (they may want to play without coats, hats or mittens), applying sunscreen and drinking liquids while playing outdoors.



Condition RED - most children should not play outdoors due to the health risk.

INFANTS/TODDLERS should play indoors and have ample space for large motor play.

YOUNG CHILDREN may ask to play outside and do not understand the potential danger of weather conditions.

OLDER CHILDREN may play outdoors for very short periods of time if they are properly dressed, have plenty of fluids. Child care providers must be vigilant about maximum protection of children.

Understand the Weather

The weather forecast may be confusing unless you know the meaning of the words.

Blizzard Warning: There will be snow and strong winds that produce a blinding snow, deep drifts, and life threatening wind chills. Seek shelter immediately.

Heat Index Warning: How hot it feels to the body when the air temperature (in Fahrenheit) and relative humidity are combined.

Relative Humidity: The percent of moisture in the air.

Temperature: The temperature of the air in degrees Fahrenheit.

Wind: The speed of the wind in miles per hour.

Wind Chill Warning: There will be sub-zero temperatures with moderate to strong winds expected which may cause hypothermia and great danger to people, pets and livestock.

Winter Weather Advisory: Weather conditions may cause significant inconveniences and may be hazardous. If caution is exercised, these situations should not become life threatening.

Winter Storm Warning: Severe winter conditions have begun in your area.

Winter Storm Watch: Severe winter conditions, like heavy snow and ice are possible within the next day or two.

CHILD CARE WEATHER WATCH

Watching the weather is part of a child care provider's job. Planning for playtime, field trips, or weather safety is part of the daily routine. The changes in weather require the child care provider to monitor the health and safety of the children. What clothing, beverages, and protections are appropriate? **Clothe** children to maintain a comfortable body temperature (warmer months – lightweight cotton, colder months – wear layers of clothing). **Beverages** help the body maintain a comfortable temperature. Water or fruit juices are best. Avoid high-sugar content beverages and soda pop. **Sunscreen** may be used year around. Use a sunscreen labeled as SPF-15 or higher. Read and follow all label instructions for the sunscreen product. Look for sunscreen with UVB and UVA ray protection. **Shaded** play areas protect children from the sun.

CONDITION GREEN – Children may play outdoors and be comfortable. Watch for signs of children becoming uncomfortable while playing. Use precautions regarding clothing, sunscreen, and beverages for all child age groups.

INFANTS AND TODDLERS are unable to tell the child care provider if they are too hot or cold. Children become fussy when uncomfortable. Infants/toddlers will tolerate shorter periods of outdoor play. Dress infants/toddlers in lightweight cotton or cotton-like fabrics during the warmer months. In cooler or cold months dress infants in layers to keep them warm. Protect infants from the sun by limiting the amount of time outdoors and playing in shaded areas. Give beverages when playing outdoors.

YOUNG CHILDREN remind children to stop playing, drink a beverage, and apply more sunscreen.

CONDITION YELLOW – Use caution and closely observe the children for signs of being too hot or cold while outdoors. Clothing, sunscreen, and beverages are important. Shorten the length of outdoor time. INFANTS AND TODDLERS use precautions outlined in Condition Green. Clothing, sunscreen, and beverages are important. Shorten the length of time for outdoor play.

YOUNG CHILDREN may insist they are not too hot or cold because they are enjoying playtime. Child care providers need to structure the length of time for outdoor play for the young child.

CONDITION RED – Most children should not play outdoors due to the health risk.

INFANTS AND TODDLERS should play indoors and have ample space for large motor play.

YOUNG CHILDREN may ask to play outside and do not understand the potential danger of weather conditions.

Understand the Weather

The weather forecast may be confusing unless you know the meaning of the words.

Blizzard Warning: There will be snow and strong winds that produce a blinding snow, drifts, and life threatening wind chills. Seek shelter immediately.

Heat Index Warning: How hot it feels to the body when the air temperature (in Fahrenheit) and relative humidity are combined.

Relative Humidity: The percent of moisture in the air.

Temperature: The temperature of the air in degrees Fahrenheit.

Wind: The speed of the wind in miles per hour.

Wind Chill Warning: There will be sub-zero temperatures with moderate to strong winds expected which may cause hypothermia and great danger to people, pets, and livestock.

Winter Weather Advisory: Weather conditions may cause significant inconveniences and may be hazardous. If caution is exercised, these situations should not become life threatening.

Winter Storm Warning: Severe winter conditions have begun in your area.

Winter Storm Watch: Severe winter conditions, like heavy snow and ice are possible within the next day or two.

ENROLLMENT

CENTER-BASED PROGRAM OPTION

The center-based program serves children in a Head Start center four days per week. Class sizes range from 15 – 20 children per class depending on the length of the program day and primary age of the children enrolled (fewer children if there are more three year olds, more children if they are more four year olds or if the program operates Full Day). Most centers are licensed by the Ohio Department of Job and Family Services and are Step Up to Quality rated with 4 or 5 Stars. Transportation is offered in most areas and some classrooms families have to self-transport their children to and from school.

The Center-Based Program Option operates on the premise that children learn through playing. Activities in each learning center throughout the classroom are carefully planned so that the children will have the best opportunity for learning. Staff plans activities and experiences based on both individualized and standardized curriculum and lesson plans.

- **Part Day Center**

This option operates either an AM or PM session for 3.5-4 hours per day, Tuesday through Friday. The program runs September through May and is closed during holidays and staff in-service days. Transportation is offered in most areas.

- **Full Day / Part Year Center**

The full day / part year option offers a center session of at least 6 hours and up to 7 hours per day, Tuesday through Friday. The program runs August through May and is closed during holidays and staff in-service days. Transportation for Extended Day services are limited.

HOME BASE OPTION

The Home Base option is designed to serve children who live in rural areas or far from center locations, 3 year olds, children with an Individual Education Plan (IEP), or when it is felt the children would benefit more from a one on one approach.

The Home Base option is based on the premise that the **parent/guardian is the primary educator of their child**. The role of the Home Visitor (Teacher) is to work directly with the parent/guardian as they work with their child. The focal point of the visit is providing information to the family on what and how to teach the child. The parent/guardian is involved throughout the entire 1 ½ hour visit in the home. At the home visit, you will receive educational information for yourself, your child(ren) and your family. If you are unable to keep your scheduled visit, please contact your Home Visitor before he/she is scheduled to arrive.

Home Base Class occurs twice a month and are for families to participate in group activities and give the children a classroom experience. Parents/guardians are expected to attend with their child to observe, volunteer, or engage in activities designed for families. Transportation is provided to all families. Meal/snack will be offered during the Home Base Class.

CONDUCTING A HOME VISIT (HOME BASE)

1. Home visits are conducted in your home by staff members with a parent/guardian participating.
2. All home visits will be a minimum of one and one-half hour in length.
3. The initial home visit will include completion of any enrollment paperwork not already completed and the Family Handbook will be reviewed.
4. Each home visit will include the following:
 - a. Goals are created with the parent to be utilized by parent/guardian and child.
 - b. Activity topics: physical (fine & gross motor), math, social/emotional, cognitive, language/literacy, art, health, nutrition, dental, safety, and cooking.
 - c. Planning activities with the parent for the next home visit.
 - d. Discussing upcoming events and any family concerns or observations.
5. Some supplies for home visit activities will be brought into your home, but multiple items from the home will be utilized to encourage further learning.

CHILD CARE LICENSING RULES & REGULATIONS FOR CENTERS

Each facility is licensed to operate by the Ohio Department of Job and Family Services (ODJFS). This license is posted on the Family Board in a conspicuous place for review.

A toll-free telephone number is listed on the facility's license and may be used to report a suspected violation of the licensing law or administrative rules. The licensing law and rules governing child care are available for review at the facility upon request.

The administrator and each employee of the facility is required, under Section 2151.421 of the Ohio Revised Code, ORC, to report their suspicions of child abuse or child neglect to the local public children's services agency.

Any parent, custodian, or guardian of a child enrolled in the facility shall be permitted unlimited access to the facility during all hours of operation for the purpose of contacting their children, evaluating the care provided by the facility or evaluating the premises. Upon entering the premises, the parent, or guardian shall notify the Administrator of his/her presence and sign in.

Rosters of the names and telephone numbers of the parents or guardians of the children attending the facility are available upon

request. The parent roster will not include the name or telephone number of any parent who requests that his/her name or telephone number not be included.

ODJF licensing inspection reports and complaint investigation reports, for the current licensing period, are posted on the Family Board in a conspicuous place in the facility for review and can also be viewed at www.odjfs.ohio.gov/cdc/childcare.stm. The licensing record including previous year compliance report forms, previous year complaint investigation reports, and evaluation forms from the building and fire departments are available for review upon request from the Ohio Department of Job and Family Services at www.odjfs.ohio.gov/cdc/childcare.stm.

WRITTEN COMMUNICATION

Staff will send newsletters and flyers with your child and by mail throughout the year. Please check your child's backpack/folder.

FAMILY BOARD

Each classroom has a Family Board to use as a resource when you are visiting the Center. The Family Board includes the following: staff schedules, class schedules, lesson plans, field trip forms, important information and dates, reminders, and a classroom newsletter.

ENROLLMENT INFORMATION FOR CENTER BASED PARENTS

1. _____ Center _____ (address) _____ (phone)
is licensed by the Ohio Department of Job & Family Services for _____ preschool children and _____ school-age children.
2. The current state-issued license for the center is posted _____ in the center.
3. The center is in operation from _____ a.m. until _____ p.m. if a morning session, and from _____ p.m. until _____ p.m. if an afternoon session. Normal days of operation are Tuesday - Friday. The center is closed in observance of national holidays.
4. The center observes the following staff/child ratio and small group size: 1 adult to 10 preschoolers, with a maximum group size of 20.
5. Program purpose and goals: NOCAC Child Development provides a preschool experience for low income or disabled children which assists the individual child in developing skills through a multi-disciplinary approach. The area of education, health, mental health, nutrition, parent involvement and social services combine for the development of the "whole" child and family.
6. Children must have a physical examination within 30 days of enrollment to continue to attend class in the Center Base Option. Center Based Option children/families will receive two parent conferences and two home visits with the education staff. These contacts will be documented and placed in the child's center file. During those contacts, the teacher will talk with parents about the child's progress, other concerns and ways parents and teachers can work together to help children, etc.
7. Fire inspection reports, building inspection reports are available upon request.

SAMPLE DAILY SCHEDULE:

<u>AM</u>		<u>PM</u>	
8:30-8:45	Arrival/Large Group	12:00-12:20	Arrival/Large Group
8:45-9:00	Breakfast	12:20-12:50	Lunch
9:00-10:05	Free Play	12:50-1:20	Large Motor
10:05-10:25	Large Group	1:20-1:35	Small Group
10:25-10:40	Small Group	1:35-2:40	Free Play
10:40-11:15	Large Motor/Lunch Prep	2:40-3:00	Large Group
11:15-11:45	Lunch	3:00-3:15	Snack
11:45-12:00	Large Group/Departure	3:15-3:30	Large Group/Departure
<u>Full Day</u>			
9:00-9:15	Arrival/AM Snack	11:50-12:10	Brush Teeth/Prep Cots/Story/Quiet Activity
9:15-9:25	Arrival/Planned Materials	12:10-1:10	Nap
9:25-9:45	Large Group	1:10-1:30	Wake up/Quiet Activities
9:45-10:45	Free Play	1:30-1:50	Large Group
10:45-11:20	Large Motor/Lunch Prep	1:50-2:05	Small Group
11:20-11:50	Lunch	2:05-2:35	Large Motor
		2:35-3:00	Snack/Departure/Planned Materials

ABSENCE POLICY

Regular attendance not only enhances each child's experience with classmates and teachers, but also increases his/her chance of having a rewarding and positive educational experience. It establishes a positive pattern for school attendance early in a child's school career.

- NOCAC will record attendance daily for each child.
- If your child is going to be absent **you are required to contact the center within one hour of your child's classroom start time.**
- NOCAC staff will conduct home visits if a child has had three or more absences with no contact from the family.
- NOCAC Head Start ECE staff will select a "MY CHILD'S ATTENDANCE GOAL" sheet is to be completed by the family
- If a child ceases to attend, NOCAC staff will make appropriate efforts to reengage the family to resume attendance. If the child's attendance does not resume, then it will be considered a vacant slot.

EXTENDED ABSENCE POLICY

Reasons for a child to have an extended absence may include but are not limited to:

Visiting an ill family member out of state	Vacation
Visiting non-custodial parent	Child is ill or was injured
Expired Physical	Other extenuating situations

If the parent/guardian reports that their child will be absent for an extended period of time, the Teaching Team or other Child Development Staff will contact the Family Service Specialists in writing or an email. Families can also provide written documentation to center staff concerning their child's absence. The following information needs to be documented:

- Reason for extended absence
- First date of absence
- Date of return
- Parent's signature (if they are writing a note)

NOCAC Head Start/ECE will **hold a child's spot for 2 weeks**, unless it is for a documented medical reason such as a broken bone or surgery. If the child is going to be out for 2 weeks or less NOCAC Head Start staff will monitor and follow up as necessary.

If a child is out for a medical reason for more than 2 weeks, the qualified NOCAC Head Start staff will inform the family that an Educational Home Visit (unless the parent has a doctor's note stating child should not participate) will need to be conducted each week (starting the 3rd week) the child is absent. A qualified NOCAC Head Start staff person (determined by the Center Manager) will complete an Educational Home Visit that needs to be 1.5 hours in length and will be documented on the Home Base Lesson Plan which will be turned into the Education Manager.

If the family cancels an Educational Home Visit, the teacher will have the family sign a Missed Home Visit form documenting reason for not completing the visit and give the parent an educational materials bag. If the family refuses to complete the home visit the child will be withdrawn from the Home Base program and the family can reapply for the program when the child is ready.

WITHDRAWING YOUR CHILD

We understand there are times when a child needs to be withdrawn from a class. Communication from you in the event your child needs to be withdrawn is very important. Our Family & Community Engagement Manager must be notified by telephone, email, or in writing if you wish to withdraw your child from our program. When you speak with the Family & Community Engagement Manager, you will be asked to identify the reason for your request to withdraw. If you notify us in writing, please identify the reason for your request and your child's last day of attendance. We also need your signature to confirm your wishes. If we have observed a concern with your child's attendance and you have not made any attempts to improve the situation, we may be forced to withdraw your child from our program. 419-784-5136 Ext 1105

CLASSROOM TRANSFERS

Although we make every attempt to enroll each child into the most appropriate class/option, we understand there are times when a transfer is necessary. If you wish to request a transfer you can complete a Transfer Request form that your teacher has available for you or you can email or call the Family & Community Engagement Assistant at 419-784-5136 – ext. 1140 or ibenner@nocac.org. The Family & Community Engagement Manager will attempt to comply with your request. In the event there are no openings at the time of your request, your child may continue to attend the class he/she is currently enrolled in or you can request your child be withdrawn from the class and placed on our waiting list until an opening in the class/option you want is available.

ECE TUITION/FEES

NOCAC Head Start and ECE do not charge a registration fee. Head Start is a free service to those who qualify based on income. If your child is enrolled in ECE Preschool, monthly tuition will be based on your gross monthly income. You will be asked to sign a Tuition Contract which indicates your monthly tuition. Tuition is due on the 10th of each month. A 10% late fee is added on the 11th of each month. If your incomes decreases or you experience financial difficulties, contact your teacher or Family Service Specialist for assistance and the possibility of adapting your tuition.

SMOKE-FREE ENVIRONMENT

Program instruction ACYF-PI-HS-95-04, effective May 1995, requires Head Start/Public Preschool programs to create a smoke-free environment for children and adults and to eliminate exposure of children, staff and other adults to tobacco smoke. Smoking is never allowed in a NOCAC Child Development site. This includes classrooms, staff offices, kitchens, restrooms, parent and staff meeting rooms, hallways, outdoor play areas, and all agency vehicles.

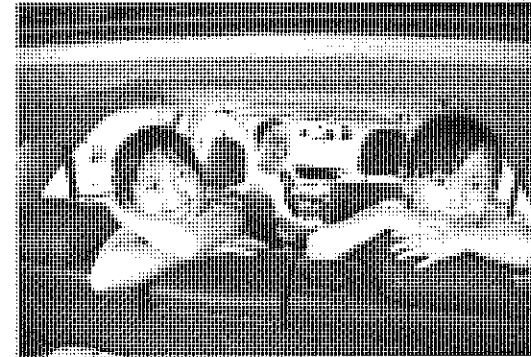
Smoking is not allowed in front of the children during group socialization activities which include field trips, neighborhood walks or other outdoor group activities.

In addition, please consider the health of your child and others involved during home visit time. Please try to refrain from smoking. If you wish to quit smoking and want more information, please contact the Health Coordinator at the central office.

TRANSPORTATION

TRANSPORTATION ORIENTATION INFORMATION

- ☐ **Transportation routes/bus stops are determined at the beginning of each program year based on established routes, safety, parent/guardian needs and classroom enrollment at one permanent site.**
- ☐ **Parent/Guardian will notify the center if their child will not be attending or in need of bus services.** Messages can be left at your center at any time, day or night.
- ☐ **Your PICK UP TIME is the time the bus is scheduled to LEAVE your stop.** Please have your child **OUTSIDE** at your designated bus stop a minimum of 10 minutes before this time. If you are not present with your child at the pick-up time, the bus will continue with the route and it will then be the parent or guardian's responsibility to transport the child to school.
- ☐ **Your DROP OFF TIME is the time the bus is scheduled to ARRIVE at your stop.** Parents/providers need to be available at the designated bus stop to receive their child 15 minutes before the scheduled drop off time and until the bus arrives. If a child is taken home and the parent/guardian is not present, the driver will continue the route without releasing the child. After all the children have been taken home, the driver will attempt to take the child home a second time and will try and contact parent/guardian a second time. If no one is home, the child will be taken back to the center. If the parent or emergency contact cannot be located within a half hour after arriving back at the center, staff must call the Department of Job & Family Services/Children Services or Law Enforcement (if JFS is close for the day). They will be told the situation and that we will wait another 30 minutes for the parent. If the parent or contact person is still not located, the child will be released to JFS or local police/sheriff's office.
- ☐ The parent or authorized adult must wait for the hand signal and escort child **to and from** the bus unless approved in order to both pick up and release the child. We do not permit children to leave the bus until we see a person listed on the emergency contact form, who must be at least 18 years of age.
- ☐ **ROUTE CHANGES:** Our **Bus Policy** states that children will be picked up and delivered to their regular bus stop. If due to an emergency, a child needs to be picked up or dropped off at a different location this will only be done with written permission from the parent or guardian **before the affected pick-up and drop off routes.** *Please do not ask to change stop locations unless it is due to a varied work schedule, an emergency or a permanent change.* Please give your driver changes in writing with at least 24 hours notice so that all parents can be notified of pick up or drop off time changes.
- ☐ **CELL PHONES:** Buses are equipped with cell phones which are to be used for necessary communication with the center or in emergency situations. Parents/providers should not call the bus cell phone, but should always contact the center with concerns.
- ☐ **SELF TRANSPORT:** Children should arrive no earlier than ten minutes before class and be picked up promptly at the end of class. Children must be accompanied into the center by a parent or guardian. Children must be delivered directly to a classroom staff person.



TRANSPORTATION SERVICES FOR CHILDREN

SCHOOL DELAYS

If the weather is bad, listen to your local radio and/or TV station _____ to find out if the center will be delayed or cancelled. **There may also be times when the center must cancel or delay transportation or class not related to weather.** Talk to your teacher about the "REMIND SYSTEM".

Bus Routes

1. Bus routes are to be under one (1) hour, if at all possible, therefore pick up/drop off points may be utilized to keep your child from being on the bus for more than one (1) hour.
2. If your child has a pick up/drop off point the child must remain in the vehicle until the bus completely stops.
3. Because the bus runs on a schedule, if your child is not ready, the bus cannot wait if there is traffic and cannot come back. Please have your child ready at least 10 minutes early.
4. Child/parent must wait for the hand signal before approaching the bus. Parent/guardians **are required** to assist the child onto the bus.
5. The Child Enrollment and Health Information forms for each child are kept on the bus at all times so that the information is readily available in emergency situations. If emergency contacts or phone numbers should change, please let your driver know.
6. No food, drink or gum is to be eaten on the bus.
7. Please do not send toys, blankets, etc. on the bus unless used in class.

8. All buses will be equipped with a cell phone, fire extinguisher, an emergency seat belt cutter, a First Aid kit, and body fluid clean-up kit.
9. Appropriate child restraint systems are utilized in our school buses depending on child's weight and size.
10. Vehicles cannot back up or do a turn around, except when necessary for reasons of safety or physical barriers. A driver must get prior authorization from the Central Office in order to back up or turn around.
11. Due to the Ohio Department of Jobs and Family Services Center Licensing Rules and Regulations we cannot transport siblings (non-Head Start children) on our school buses.
12. If you have any transportation concerns or questions contact the Transportation, Facilities and Safety Assistant, at 419-784-2150 Ext. 1127.



TRANSPORTATION CURRICULUM

September

Front Evacuation
Bus Safety Rules
Seatbelt Safety
Crossing the Street and
Pedestrian Safety
Introducing Parents to the Bus

October

Rear Evacuation
Waiting for the Bus
Boarding the Bus

November

Combination Evacuation
Danger Zones

December

Front Evacuation
Railroad Crossings

January

Rear Evacuation
Review Bus Rules
Review Seatbelt Safety

February

Combination Evacuation
Review Waiting for the Bus
Review Boarding the Bus

March

Front Evacuation
Review Danger Zones

April

Rear Evacuation
Review Crossing the Street
and Pedestrian Safety

May

Combination Evacuation
Summer Safety Rules

Resources: Transportation Safety Education Curriculum, Local Law Enforcement, Ohio State Highway Patrol, ODE Pre Service Coordinator Joe Dietrick (419-222-1836), NOCAC Transportation Specialist, Bus Dealers

A MESSAGE FOR FAMILIES ABOUT PEDESTRIAN SAFETY

Here are some facts you should know:

- Preschool children are quick and often unaware of danger.
- Each year, many children are injured or killed when they suddenly dart into the path of a car.
- Most preschoolers are injured near their home or on their own street.
- Most crashes involving children happen between 3:00 p.m. and 6:00 p.m.
- Most crashes involving children occur in fair and warm weather.
- Twice as many preschool boys are injured than preschool girls.

This is How You Can Prevent These Tragedies:

- Supervise children at all times.
- Children should not be allowed to cross the street alone.
- Teach them who can help them cross the street safely.
- Teach by explaining. Explain to your child the safe way you cross a street. Say: "When I cross a street, I always stop at the curb. I look for cars. I look left for any traffic coming and then I look right for traffic coming that way. Then I look left again. When it is clear, I cross the street and keep looking left and right."
- Teach by example. When you cross a street with your child, always:
 - ★ Stop at the curb.
 - ★ Look LEFT-RIGHT-LEFT for traffic in all directions.
 - ★ Cross when it is clear.
 - ★ Keep looking for cars as you cross.

Encourage your child. As you both safely cross the street together, point out your child's safety behaviors. Use safe language and specific safety words. Practice what you teach at all times.

BUS MONITOR WE NEED YOU!

CAN YOU HELP ON YOUR CHILD'S BUS BY BEING A BUS MONITOR?

Because we transport preschool children, we are required by the *Federal Head Start Program Performance Standards* (1310.15) to have a monitor on the bus at all times. **We ask that parents volunteer to help us meet this standard.**

1310.15 Operation of Vehicles

(c) Effective January 20, 2004, there will be at least one bus monitor on board at all times, with additional bus monitors provided as necessary, such as when needed to accommodate the needs of children with disabilities. As provided in 45 CFR 1310.2 (a), this paragraph does not apply to transportation services to children served under the home-based option for Head Start and Early Head Start.

The definition of a Bus Monitor is:

"A person with specific responsibilities for assisting the driver in ensuring the safety of children while they ride, board or exit the bus and for assisting the driver during emergencies."

WHAT DOES A BUS MONITOR DO?

- ☺ Help the children buckle and un-buckle their safety restraints (seat belts and harnesses). Monitors children during the ride to ensure restraints remain fastened.
- ☺ Remind the children to use their "quiet" voices while inside the bus.
- ☺ Respect the confidentiality of children, families and staff.
- ☺ Assist the driver in conducting effective safety drills for children and parents.

- ☺ Use bus rides to discuss "happenings" along the way (for example, the first snow, a fire truck going by, the trees that are changing colors, buildings of interest).
- ☺ Talk to the children on the bus. Ask what they are going to do at school or what they had for lunch. If they've learned a new song, feel free to sing. You can also read books to the children.
- ☺ The bus driver will have "rules" posted inside the bus to assist you (such as, stay seated with your seatbelt on at all times, use quiet inside voices, no talking at RR Crossings, no eating or drinking food))
- ☺ By keeping the bus ride "fun" you are helping teach the children good bus riding habits.
- ☺ If you have questions, feel free to ask your teacher or teacher assistant.

WHAT DO I NEED TO BE A BUS MONITOR?

- A Current Physical
- 3 References
- A High School Diploma or GED
- Sign a Statement of Non-Conviction
- Criminal Records Check by The Bureau of Criminal Identification and Investigation are done at our Central Office free of charge.
- If you are interested please contact the Transportation, Facilities and Safety Assistant, at 419-784-2150 ext. 1127.

**ASK YOUR TEACHER FOR A PACKET OF FORMS
AND COME JOIN OUR TEAM!**

FAMILY SERVICES

NOCAC Child Development is committed to supporting your family by establishing a strong partnership with you. We will help you identify your goals and support you in reaching them by using your own strengths, community resources, networking, and education. This will reinforce the gains made by your child and support your own personal goals and self-sufficiency. NOCAC Family Service Specialists and teachers are available to help with information and resources.

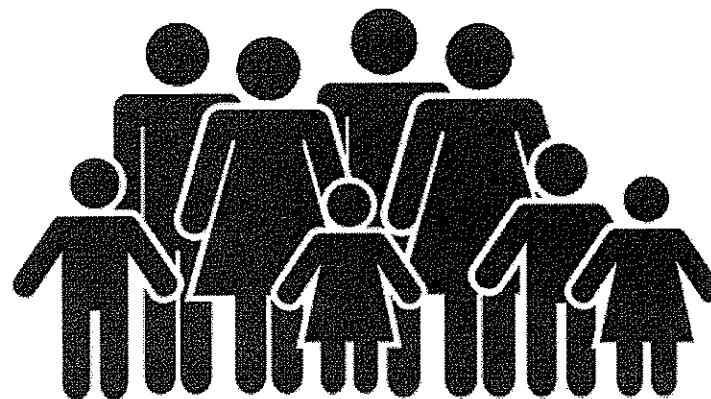
Service opportunities include:

- Home Visits
- A Community Resource Guide
- Emergency or crisis intervention
- Encouragement and support for your own efforts to obtain the quality services you desire
- Development of goals and strategies that you identify as areas for personal growth
- Support for child development, discipline, and stress management issues
- Advocacy for you in dealing with other agencies or individuals
- Information to support your training and educational needs
- Assistance with medical and dental needs
- Translation services for non-English speakers
- Support for fathers and significant males in parenting roles
- Transportation to appointments when needed
- Work with you on your child's absenteeism and develop a plan to ensure good attendance

A home visit from the Teacher will take place before or within your child's first month of school. The purpose of this visit is to start to build a relationship with your family. In your enrollment packet there will be a Family Strengths and Needs assessment that you will need to fill out and give to your Teacher. This assessment will help determine if your family would benefit from additional support and services from the Family

Service Specialist (FSS). Based on the family's interests and needs some families will receive more or less of these services throughout the program year.

For families who would benefit from and are interested in formal goal setting information, referrals, and resources will be provided in response to the goal(s) chosen by the family. Check-ins by phone, site and home visits will be made to check on goal progress throughout the year. Home visits will be scheduled at times that are convenient for parents and staff.



PROVIDING FAMILY SERVICES:

NOCAC Head Start is not only an educational program for your child, but a service which helps your entire family maintain stability and become successful. Our Family Service Specialists (FSS) are assigned a specific caseload and are responsible for assisting you with any needs. Based on your family's interests and needs the FSS may ask to meet with you in order to complete a formal needs assessment two times a program year. If you are placed on the FSS's case load you will be asked to identify strengths and needs for you and your family. After completing the assessment, you will be asked to create family-centered goals. Our staff will have ongoing contact with you and provide any assistance needed to achieve your goals. Other services we can provide include:

- Assisting you in locating and receiving resources in your community.
- Transportation for medical or other necessary appointments when Medicaid transportation is not available.
- Education for positive parenting and life skills.
- Advocating for you and your family.

If your family is experiencing difficulty in any area and you would like some assistance, feel free to contact the center in your county to speak with the Family Service Specialist. You can also call the Central Office in Defiance at 419-784-2150 to speak with the Family and Community Engagement Manager at extension 1105.

FAMILY ENGAGEMENT

You may already realize that Head Start is not just a program for children. It is also a program for **PARENTS** and **FAMILIES**.

The research says parents/guardians who are supporting and encouraging their child's education strengthen children's success as learners. Head Start wants to support you during this important time. Please let us know how we can help.

Dads we NEED you!

Children do best in life when they grow up with the active, positive involvement of both a mother and father. Whatever the measure – physical and emotional health, educational achievement, behavior, substance abuse, crime or delinquency – children are more likely to lead healthy, productive lives when both their mother and father are actively involved in their lives in positive ways. This is because moms and dads tend to parent differently, at least in some important ways, and their complementary parenting skills and attitudes combine to give children the best environment in which to grow up healthy and successful.

NOCAC HEAD START BELIEVES PARENTS ARE THEIR CHILD'S FIRST AND MOST IMPORTANT TEACHER

We believe parent are the primary educators of their children. This is why our Head Start program strongly encourages parent/guardian engagement from both parents. We understand there are situations when the parents no longer live in the same home, due to divorce or break in the relationship. WE also understand many of these families have court determined custody/visitation arrangements and there may be times the non-custodial, non-residential parent would like to participate and our Head Start/ECE activities. We have an open door policy regarding all of our Child Development programs. This means any parent is welcome to visit our centers (unless there is a documented restraining or no contact order on file) at any time. ***This notification is to inform you that our staff welcomes parent engagement from both parents' regardless of custody/visitation arrangements and we will allow parent participation in our program, even if this conflicts with the custody/visitation schedule.***

We will NOT allow the non-custodial, non-residential parent to remove the child from the classroom or our centers property, unless otherwise specified by the primary, custodial parent.

Together We Can:

- Make reading to your child a priority.
- Listen and talk with your child.
- Make class attendance an important choice.

Stay in close communication about your child's development.

Get Involved By:

- Reading the newsletters and information Head Start offers.
- Volunteering or observing in your child's classroom.
- Attending Parent Committee Association (PCA) meetings.
- Get involved with Policy Council to share your ideas.

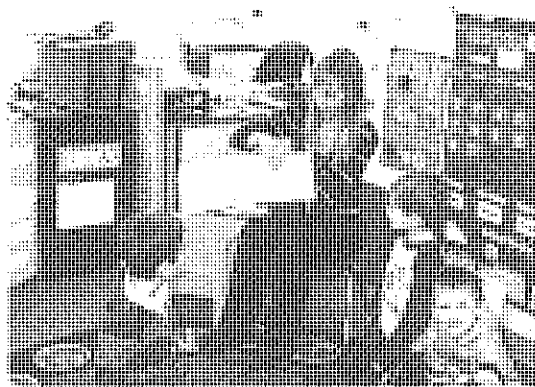
WAYS PARENTS/FAMILIES CAN PARTICIPATE

You will find there are many ways parents can be involved in Head Start. This section of the Family Handbook has information on each of them.

1. Parent Committee Association (PCA) see pg. 30
2. Policy Council see pg. 29
3. In-Kind and Volunteer Time Donations see pg. 25
4. Volunteering in the Classroom see pg. 27

BREAST FEEDING MOTHERS

Each Head Start center has an onsite space for mothers to breastfeed and/or pump breast milk.



IN-KIND

WHY IT IS SO IMPORTANT

Head Start is federally funded and
free to Head Start Families, but....

We get this to operate:	80% (Federal Funds)
We must get the remainder from donated time, space, and materials:	20% (Federal Match)
To operate we MUST have :	100%

WHICH BRINGS US TO THE YELLOW IN-KIND FORM

Each time you do an At-Home Project that increases your child's school readiness in areas of **MATH, SCIENCE, or LITERACY...** or anything you do at home **on your own** – we ask that you put it on your Yellow In-Kind form so we can meet the Federal 20% match.

In-kinds are very important to the Head Start Program. The Federal Head Start grant requires that 20% of the total funding comes from locally matched dollars. What that means is that anyone who volunteers their time, their mileage, goods, etc. NOCAC Head Start can claim that as In-kind towards the needed 20%. **If we do not receive the 20% in In-kind, we may lose funding.**

Each week a yellow form called an In-kind will be sent home. Please take the time to fill out this form throughout the week with the different activities that we can count. These will be listed at the bottom of the In-kind with a number. Please circle the amount of time that it took for you and your child to complete the activity. **We know that it may take some time to complete this form, but without your help we can't make it work!**

If you have any questions or suggestions, please contact the Family and Community Engagement Manager at 419-784-2150 ext. 1105.

On the next page is a sample of the In-kind form.

INKIND FORM (sample)

Complete this side as you work with your child

INKIND FORM

Date _____ Record the time that you taught your child through the educational activities below is necessary for the funding of the program. Please circle the amount of time that you and your child spent on the activity. Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity #	Activity #	Activity #	Activity #	Activity #	Activity #	Activity #
15 min. 30 min.	15 min. 30 min.	15 min. 30 min.	15 min. 30 min.	15 min. 30 min.	15 min. 30 min.	15 min. 30 min.
45 min. 1 hr.	45 min. 1 hr.	45 min. 1 hr.	45 min. 1 hr.	45 min. 1 hr.	45 min. 1 hr.	45 min. 1 hr.
2 hrs. 3 hrs.	2 hrs. 3 hrs.	2 hrs. 3 hrs.	2 hrs. 3 hrs.	2 hrs. 3 hrs.	2 hrs. 3 hrs.	2 hrs. 3 hrs.

Activity #'s (Please write the number of the activity that you and your child completed!)

#1. Medical Appointment (dental, physical, etc.)

#2. Museums, zoo, etc.

#3. Reading/Story Time at Library

#4. Bag Tag Activity

#5. Activities from classroom newsletter

#6. Activity from the Teaching Strategies GOLD at www.teachingstrategies.com

#7. IEP (This is only for children who have an Individualized Education Plan)

#8. Structured Activities completed outside the home

Don't forget to sign!

NOCAC-Child Development Center Inkind Contribution

Parent's Signature _____ Site/Classroom _____

Parents Name – Please Print _____

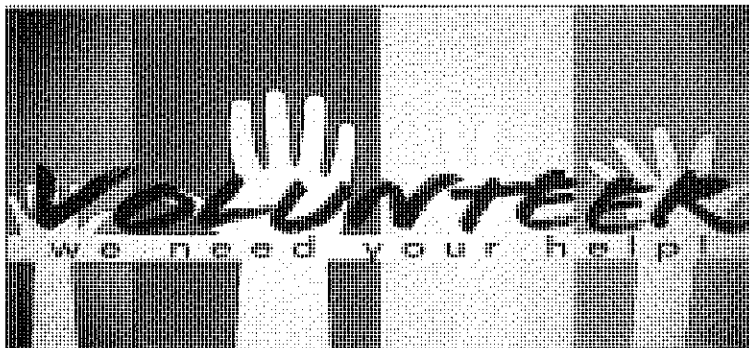
Child's Name _____ Weekly Start Date _____

Staff Signature _____ Total Time for Activities from Back _____

Rev 9/15

VOLUNTEER

WE NEED YOUR HELP!



There are many opportunities for parents/family members to grow, learn, and participate in the program. Your time, ideas, and energy will make this a better program for your children. Parents, grandparents, aunts, uncles, extended family members, etc. are all invited and encouraged to volunteer as often as possible.

On your Parent/Family Board you will find Volunteer/Visitor ID Badges. If you are interested in observing your child in the classroom put on the red "Family Visitor" badge. If you have time to help in the classroom and want to volunteer your time you can put on the blue "Family Volunteer" Badge. Putting on the badges while in the classroom helps tell your teacher what your intentions are while you are at the center.

Tips for When You Volunteer

- Call if you can't come.
- Sign in upon arrival and sign out before you leave.
- Wear comfortable play clothes (no "R" rated T-shirts).
- Read the daily schedule posted in the room.

- Ask staff questions or for help with any given situation.
- Get involved in the children's activities. Get down on the floor!
- Bend down to child's eye level when speaking.
- Praise and encourage each child's work.
- Use children's names. Do not use descriptive nicknames (ex. "Freckle-face").
- Do not tell a child what to make or how to make things during creative art; provide only as much help as is needed.
- Do not show partiality to the children or staff; avoid comparison or competition.
- Use a soft voice. Stay calm.
- Never leave children alone.
- Let a staff person know about child misbehavior.
- Do not discuss children's behavior or appearance in front of them.
- Do not share information about children/families with anyone other than staff.
- Discuss any differences in opinion with the staff at the end of the day; never in front of the children during class time.
- At the end of the day, meet briefly with the staff to discuss how your day went. SIGN YOUR INKIND SHEET AND SIGN UP TO VOLUNTEER ANOTHER DAY.

**We want parents and
families to be as
involved as they can be!!**

Other Ways to Participate and be Involved:

For those of you who cannot volunteer during school hours, here are some activities that can be done at home or after class:

- Create a game - rhyming, letter recognition, number recognition, colors, shapes, counting, etc.
- Cut out items for the classroom
- Collect art items for projects or the collage box
- Collect nature items for children to explore in the discovery area
- Create a book for the class to read (Write the story and then draw pictures to match)
- Find a cooking experience we could do. Help us by creating the recipe chart (we can give you a sample)
- Draw "blueprints" for the block area the children can follow
- Sew items for the dramatic play area
- Make sock puppets for the library area so children can retell stories
- Research classroom ideas on the internet or at the library

TRANSPORTATION SERVICES FOR FAMILIES

Transportation for Head Start related services are available as a last resort for those families who have no transportation or support system to assist them. Related services can include doctor/dental appointments, locating resources, education services for families, and advocating for you and your family. If you need assistance, please contact your child's teacher or your Family Service Specialist at the center or the Family and Community Engagement Manager at the Central Office, 419-784-2150 ext. 1105.

Buckeye and Paramount Medicaid providers also provide transportation for medical related appointments.

- Volunteer in the classroom, kitchen, field trips and Home Base Class
- Be home and participate in scheduled home visits
- Attend and/or take a leadership role in the NOCAC Policy Council, Parent Meetings and Community Events
- Advising, planning, and carrying out educational activities including field trips and lesson plans
- Reading a story to the children
- Share a personal talent with the children and/or parents
- Keep other parents and community members informed about Head Start
- Attend trainings
- Bus monitoring

Family
IS EVERYTHING

POLICY COUNCIL

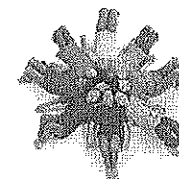
This group is made up of parents elected by the NOCAC Head Start Parent Committee Association (PCA). Community representatives and past parents may also serve on Policy Council by contacting the NOCAC Child Development Director. A minimum of 51% of Policy Council membership must be current parents. The general function of Policy Council is:

- A. Serve as a link between other community agencies, the NOCAC Board, and the people it serves;
- B. Initiate suggestions and ideas for program improvements and to receive a report on action in regards to its recommendations;
- C. Plan, coordinate and organize program-wide activities for parents (i.e.: field trips, fundraisers);
- D. Recruit volunteer services from parents, community residents, and community organizations and to mobilize community resources to meet identified needs;
- E. Approve hiring of staff members as well as grant applications and reports.

Policy Council meets once a month. Elected parents are reimbursed for mileage and child care while attending the Policy Council meetings. On-site child care is also available at no charge. Membership on Policy Council is a very important responsibility. Federal and State regulations require parental input into program planning; therefore, once elected, your participation at every meeting is essential. Policy Council members take program information back to the NOCAC Head Start Parent Committee Association (PCA), and bring information from Parent Committee Association to Policy Council. One Policy Council Representative will be elected to serve on the NOCAC Governing Board as a voting member.

Policy Council representatives are elected at the September Parent Committee Association (PCA) meetings and begin at the October Policy

Council meeting. Term of office is October to October. Training is provided.



TRAININGS FOR PARENTS AND FAMILIES

The NOCAC Head Start Parent Committee Association's (PCA) Family Fun Nights are a great opportunity to attend workshops on topics such as:

Child Development	Family Literacy
Financial Literacy	Health Services
CACFP Regulations	Parent Skills Trainings
Preparing your child for Kindergarten success	

Training opportunities are provided throughout the school year. We encourage you to attend. Dates and topics will be handed out in time for child care arrangements to be made. Transportation for parents will be provided by staff if necessary. Some Staff Trainings that families may attend are:

First Aid/CPR	Safety
Nutrition	Transitioning
Communicable Diseases	
Community Resources/Community Involvement	
Preventative Physical and Dental Health	
Occupational & Environmental Hazards	

Please let your teacher know what things you would like to know more about. We want to make sure we are providing you with interesting trainings that are meaningful to you and your family.

PARENT COMMITTEE ASSOCIATION (PCA)

Did you know that you are automatically a member of the Parent Committee Association (PCA)? This membership carries many privileges.

You can:

- Help advise staff in the development and implementation of local programs and policies, activities, and services;
- Help plan, conduct, and participate in informal as well as formal programs and activities for families and staff;
- Participate in the recruitment and screening of Head Start employees with established guidelines.

You are valued and needed, you have an important voice, and your involvement makes a difference for your child.

PCA MEETINGS

PCA meetings will be held according to the date and time decided upon by you, the family and also will be based on need. So the PCA meeting frequency will vary from center to center. Transportation, child care, and meals may or may not be provided and will vary from center to center. For more details please contact Amber Simmons, FCE Manager at 419-784-5136 ext. 1105.

At your PCA Meetings you have an opportunity to help plan and organize events that staff are not able to assist with. Some ideas of things you and other parent and care givers could do at your center are:

- Fishing Derby
- Have a Movie Night at the Center
- Create a preschool sports team (soccer, T-ball, etc)
- Have an Art Show
- Put on a play! Make props, costumes, and then invite other families to come see the performance
- Find fun outside speakers for the children – Dancers, musicians, animal keepers etc.

WHAT IDEAS DO YOU HAVE?

BRING YOUR MOM/ DAD TO SCHOOL WEEKS

These are special weeks where we encourage all children to bring mom or dad to school with them. One week will be dedicated to moms and/or positive female role models such as step-mothers, aunts, and grandmas and one week to dad and/or positive male role models such as step-fathers, uncles, and grandpas. An invitation will be sent home to you inviting you to Bring Your Mom/Dad to School Week at your child's center.

Our doors are always open for parents and family members to visit. You do not have to wait for one of these special weeks to come and enjoy seeing your child in his/her learning environment. We are always looking for classroom volunteers.

CHILD DEVELOPMENT NEWSLETTER

You will receive a Newsletter from the Central Office at the beginning of each month. The newsletter contains the month's coming events, parenting/child development articles, information and recipes. If you find an item of interest or anything you wish to share with other parents, give it to a staff person for possible publication in the newsletter. Items should be turned in by the **10th of the month** for the next month's newsletter.

**NOCAC Child Development
2017 - 2018 School Readiness Goals**

Our goal is for the children in our program to be successful when entering kindergarten. We will address this by working on the following goals throughout the year. These goals were created from parent input, outcomes data, classroom observations, expectations for our local school districts, and our curriculum resources: the Creative Curriculum for Preschool 5th Edition, The Head Start Early Learning Outcomes Framework, and the Ohio Early Learning Content Standards.

Observation tools: Teaching Strategies GOLD (GOLD), Kindergarten Observation Form, Creative Curriculum Fidelity Observation Tool, and Classroom Assessment Scoring System (CLASS) Observation

Physical Development & Health
* The children will demonstrate fine-motor strength uses with fingers and hands while writing and drawing. (Kindergarten Observation)
Social & Emotional Development
<ul style="list-style-type: none"> * The children will take care of their own needs (Kindergarten Observation) * The children will solve social issues or problems by figuring out a solution (GOLD and Classroom Observations)
Approaches to Learning - Creative Arts Expression - Approaches to Learning
* The children will manage their actions, words, and behaviors with increasing independence. (Kindergarten Observation)
Language & Literacy - Language Development - English Language Development - Literacy and Knowledge & Skills
<ul style="list-style-type: none"> * The children will use expanding expressive vocabulary while having conversation. (GOLD) * The children will notice and discriminate rhyme. (GOLD) * The children will identify and name letters of the alphabet and identify the sounds of the letters. (GOLD and Kindergarten Observation) * The children will work on letter and name writing. (Kindergarten Observation)
Cognition & General Knowledge - Logic and Reasoning - Mathematics Knowledge & Skills - Science Knowledge and Skills - Social Studies Knowledge and Skills
<ul style="list-style-type: none"> * The children will recognize and recall items from past experiences (GOLD) * The children will demonstrate knowledge of counting, quantifying, and connecting numerals with their quantities. (GOLD) * The children will work on understanding shapes. (GOLD) * The children will compare and measure amounts of items. (GOLD)

Updated 5-8-17

Family Engagement and School Readiness

How you can help your child get ready for Kindergarten

Join Policy Council (group of parents who meet once a month)

- Approval of new hires (the ones who facilitate accomplishing the goals)
- Input and approval of the school readiness goals and plan
- Opportunity to work with area educational professionals
- Sharing the opportunities from each members site as to how they are working with SRG or observing

Parent Committee Association (PCA) Meetings

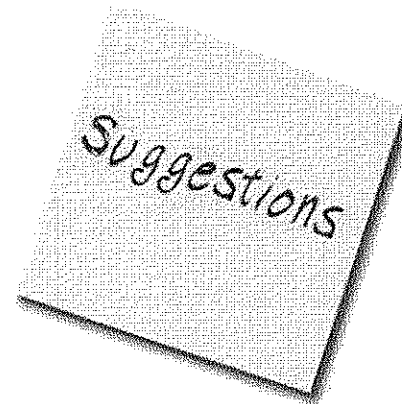
- Conscious Discipline / Parenting
- Read/Math/Science Nights

Home Visits

- Teacher
- Family Service Specialist

School to Home – Home to School Connection

- Bag Tags
- Newsletter Ideas
- Family Central Activities (teachingstrategies.com-where you can check your child's progress!)



EDUCATION SERVICES

Lesson Plans — NOCAC uses the Creative Curriculum to guide our environment and lesson plans. The curriculum focuses on the following areas of development and learning: social/emotional, physical, cognitive, language, literacy, mathematics, science and technology, social studies, and the arts (English language acquisition if applicable). Your child will experience the following each day: large group (circle time), small group, at least 2 books/stories, free play, and a planned outdoor activity. Please refer to the lesson plan or talk to your child's teacher to discuss what happens throughout your child's day.

Cooking Experiences — your child will have the opportunity to participate in a cooking experiences. This will allow your child to practice the following skills throughout the year: cutting, mixing, spreading, measuring, peeling/shredding, baking, ingredients changing form, and exposure to cooking appliances (toaster, blender, griddle, crock pot, etc.)

Field Trips — your child will have the opportunity to participate in field trips away from the site throughout the year. You will always be notified in advance through newsletters and verbal contact. We encourage parents to join their child on these field trip days! Staff/child ratio on all field trips will be a minimum of 1:9. In order to meet safe ratios, parent participation is essential on some field trips. Field Trip Permission Slips will be signed for each child by their parent prior to the field trip and Child Health and Enrollment forms for all children will be kept at hand by staff at all times.

Classroom Newsletter — you will receive a classroom newsletter written by your child's teacher each month. It will include important dates, what will be happening in the classroom, suggestions of activities for you and your child to try at home and volunteering options for the center and at home.

Home Visits and Conferences — your child's teacher will contact you twice a year to schedule a home visit and twice a year to schedule a conference. These meetings will give time to discuss your child's progress with the teacher in addition to reminders, upcoming dates, important information, etc. We will work to meet your needs if you are unable to travel to the school. Families will not have a consequence due to lack of attendance. Please take this opportunity to ask and answer questions to assist us in providing the best education for your child.

HOLIDAYS AND OTHER SPECIAL DAYS

Holidays and other special days are held at approximately the same time as the public schools and you will need to watch the newsletter for the correct dates. Your child's teacher will also tell you when classes won't be held.

In the classroom, your child may participate in holiday songs, books, or educational experiences. In an effort to respect all beliefs, we focus more on seasonal activities and celebrations (ex: Fall Festival, Winter Celebration). Characters such as Santa and the Easter Bunny will not be visiting the classrooms. **Please do not send holiday specific treats, activities, or cards with your child.** Special events will be noted in the newsletter.

KINDERGARTEN TRANSITION

We would like your child's transition to kindergarten to be as smooth as possible for both you and your child. The following will happen to assist in the process.

1. Your child's teacher will observe a kindergarten classroom and discuss what the kindergarten teachers expect from the children.
2. Your child will attend a kindergarten visit to experience the new environment. This will give him/her an idea of what to expect and prepare you also. We encourage you to attend this field trip.
3. You will receive transition information at the last conference and last home visit to review and discuss with your child's teacher.
4. You will receive a list of schools in the area with their screening dates and information in advance.
5. The newsletter will contain articles to better prepare you and your child for the transition from preschool to kindergarten

CREATIVE ACTIVITY RECIPES

Clean Mud

4 rolls toilet paper 1 gallon warm water
3 cups Ivory Snow 2 drops wintergreen mint flavoring
old newspapers

Let the children help unroll the toilet paper. Cover the area with newspapers. Mix soap and water together in a bucket. Add toilet paper and allow paper to absorb the soap mixture. This mixture keeps at least one month. You can color this mixture by using food coloring (color the water prior to adding the toilet paper).

Silly Putty

2 parts Elmer's glue 1 part liquid starch

Combine ingredients and mix. At first mixture will be sticky and stringy; keep adding liquid starch until mixture can be handled without sticking to your hands. Food coloring may be added.

Silly Putty will last longer if it's stored in the refrigerator.

Finger Paint

1 cup cool water
½ cup cornstarch
food coloring

Combine water and cornstarch. Boil until thick. Add food coloring or Tempera paint.

Play dough

1 cup water
food coloring
½ cup salt
1 Tb alum or cream of tartar
1 Tb oil
1 cup flour

Combine water, food coloring, salt, oil, and alum. Heat until boil. Add flour. Remove from heat and knead until smooth.



VOLUNTEER GUIDANCE

POSITIVE APPROACH

We Use a Positive Approach When Directing a Child, So Can You!

Children accept positive direction best so here are a few examples of how to redirect a child in a positive way.

Try using	-	Sit down when you slide
Not	-	Don't stand up when you slide

Try using	-	Use both hands when you climb
Not	-	You'll fall if you don't watch out

Try using	-	Keep the puzzle on the table
Not	-	Don't dump the puzzle pieces on the floor

Try using	-	Turn the pages carefully
Not	-	Don't tear the pages

Classroom Areas

You can help with:

Art

- Prepare art materials
- Write or help child write name on art
- Reinforce the rules of the area (roll up sleeves, fasten paint shirt/apron, wash hands and materials when done, keep other area toys out of art area)

Discovery

- Encourage children's observations
- Plant seeds
- Animal care
- Encourage problem solving

Table Toys and Games

- Sit at the table while the children work with puzzles
- Verbally assist a child with activities

Music

- Sing along with the children
- Play instruments with them
- Learn their finger plays
- Teach a song/finger play

Library

- Read or tell a story
- Sit with the group while another reads
- Read individually or to small groups
- Show how to turn pages carefully
- Ask questions about pictures in the book; i.e. "What are they doing here?" "What do you think will happen next?"

Blocks

- Assist with building by handing child materials
- Reinforce rules, such as be careful of other's buildings; take blocks down carefully from the top

Outdoors

- Observe children on equipment
- Be near slide or other equipment to help children go up and down

General Services

- Assist in clean up
- Help prepare and serve food
- Sit and eat with the children
- Share any native or cultural customs with staff and children
- Just spend time with the children

NON-TEACHING ACTIVITIES FOR VOLUNTEERS

- Assist on the bus
- Help recruit eligible families
- Encourage parent involvement by talking with other parents about its importance
- Assist with office work
- Shovel sidewalks, rake leaves
- Attend special functions and trainings
- Design and put up bulletin boards
- Make name tags for volunteers and children
- Put letters, articles, recipes, etc. in the newsletter
- Participate in Parent Association, Policy Council, and committee meetings
- Participate in the Spring Self-Program Review
- Share a talent, skill, or cultural tradition in the classroom or at a parent/staff training
- Translate at home visits, meetings, or written materials for non-English speaking families
- Make suggestions about program operations
- Select new ideas for activities, finger plays, music, etc.
- Complete weekly in-kinds
- Take care of center pets
- Make puzzles, games
- Attend parent-staff meetings, home visits, conferences
- Complete and submit mid-year and end of year evaluations

Maintenance of Equipment and Premises

- Make curtains, doll clothes or toys
- Collect dress up clothes for dramatic play area
- Wash and repair doll or dress up clothes
- Collect miscellaneous items for art work
- Repair equipment - toys, books
- Assist with set up and cleanup of rooms
- Wash/Paint rooms

Field Trips

- Assist staff with supervision of children
- Help with clothes, snacks, or other items
- Answer children's questions or help find answers

- Report experiences to teachers
- Assist with planning

Kitchen/Cooking

- Assist with food preparation, cleaning, serving meals
- Put on a cooking demonstration for children and/or parents
- Prepare special refreshments for meetings or parties at the center's kitchen
- Make play dough at home

Community Activities

- Assist with gathering parent information for the Community Needs Assessment
- Work with other community groups about a common cause (tenant rights, housing needs, transportation, etc.)

If you can't help at the center, home help can always be used.

LET OUR STAFF KNOW IF YOU ARE INTERESTED IN PARTICIPATING IN OTHER VOLUNTEER ACTIVITIES!!

THE "END OF THE YEAR CELEBRATION"

Why do we at NOCAC Child Development choose an "End of the Year Celebration" instead of a "Formal Graduation"?

Young children have different interests, abilities and skill levels. If young children are pushed to do things before they are ready, they may experience failure and as a result their self-esteem will suffer. Young children may feel anxious when in front of a group. If young children become anxious they may think that they are not capable of succeeding. We feel a "Formal Graduation" is inappropriate for young children.

We choose instead, to have an "End of the Year Celebration". At Head Start we strive to give as many opportunities as possible for the children to feel success. When activities are matched to their abilities the children develop self-confidence in a safe and accepting atmosphere. In this way young children develop a good feeling of competence and self-esteem.

It is important that parents & staff work together to plan developmentally appropriate activities for the "End of the Year Celebration".

MENTAL HEALTH/BEHAVIOR SERVICES

CONSCIOUS DISCIPLINE

Northwestern Ohio Community Action Commission (NOCAC) Head Start staff are being trained in the philosophy of Conscious Discipline®, and will utilize the principles of this philosophy as they work to help children manage their behaviors. At all times, the agency will make every effort to ensure the safety of children and staff.

- ★ In extreme cases involving lack of safety, a child may have their hours reduced or schedule modified based on the needs of that child, or be removed from the classroom and a home based option offered if appropriate.
- ★ Each situation is handled on a case by case basis.
- ★ Employees are trained in the Behavior Management Policy and it is applicable to all employees of NOCAC Head Start.

Northwestern Ohio Community Action Commission (NOCAC) uses Conscious Discipline®, written by Dr. Becky Bailey, as the framework for classroom and behavior management. This philosophy, based on current brain research and sound knowledge of child development, focuses on helping children feel emotionally *safe* and *connected* with others. When this is accomplished, children are better able to learn, remember what they have learned and are more *willing* to cooperate. At NOCAC Head Start, we do this by striving to build a healthy School Family™ within our classrooms, centers and agency. Conscious Discipline® views all conflicts and problems as opportunities to learn and teach. Each child in our NOCAC Head Start School Family™ has the opportunity to learn the skills needed to successfully manage life challenges as they occur throughout the daily routine with the guidance provided by our trained teaching staff.

Conscious Discipline® empowers our staff with the Seven Powers for self control.

These are:

1. The Power of Perception: No one can make you angry without your permission
2. The Power of Attention: What you focus on you get more of

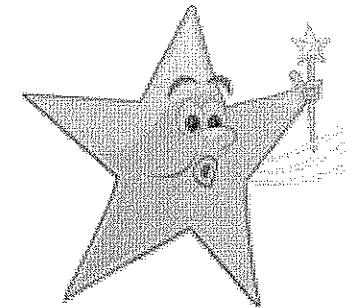
3. The Power of Free Will: The only person you can change is yourself
4. The Power of Unity: Focus on connecting instead of trying to be special
5. The Power of Love: See the best in one another
6. The Power of Acceptance: The moment is what it is
7. The Power of Intention: Conflict is an opportunity to teach

These powers change how adults respond to conflict and help them to be more effective at helping children begin to learn to self regulate their emotions. What makes Conscious Discipline® different than all other behavior management programs is that it starts with the adult. In order to be effective in helping children change or improve their behavior it is important for the adult to be conscious of their own behavior and the intention behind their behavior—thus, be the adult that they want the children to become.

For children who exhibit chronic behavior challenges, NOCAC Head Start utilizes Conscious Discipline® as the blueprint for the intervention process that also includes parent and teacher input.

For more information on Conscious Discipline® visit <https://consciousdiscipline.com/> or contact Erin Schmidt, Mental Health/Behavior Specialist at eschmidt@nocac.org or 419-784-2150 ext. 1128.

**Be a S.T.A.R.
Smile, Take a deep breath And
Relax**



CHILD GUIDANCE

Developmentally appropriate guidance demonstrates respect for children. Proper guidance helps children develop self control and find solutions to classroom conflicts/crisis.

Children learn self-control when NOCAC employees treat them with dignity and use child guidance techniques such as:

- ★ Setting clear, consistent, fair limits for classroom behavior (indoors and outdoors)
- ★ Valuing mistakes as learning techniques
- ★ Re-directing children to more acceptable behavior or activity
- ★ Listening when children talk about their feelings and frustrations
- ★ Guiding children to resolve conflicts and modeling skills that help children solve their own problems
- ★ Patiently reminding children of rules and their rationale as needed
- ★ Modeling desired behavior
- ★ Focusing on appropriate behaviors

When a severe behavior problem occurs, a Behavior Plan will be put into action involving parents and your child's teacher and center manager with the Mental Health/Behavior Specialist facilitating.

BEHAVIOR PLAN

NOCAC Head Start partners with the Four County Family Center for mental health referrals and individual child observations. Maumee Valley Guidance Center is also used as a referral source and provides guidance for mental health concerns. The Local Education Agency (LEA's) will also be included if a suspected developmental delay is identified through our screening procedures.

If there are behaviors seen in the classroom, your child's teacher will contact you and either ask that you come into the center for a meeting or will discuss the issues over the phone. During this conversation or meeting you and the teacher will discuss possible interventions to try at home and in the classroom for your child. You may also be asked to fill

out a screening tool, similar to the one you filled out at the beginning of the year. After 2 weeks, if the behavior has not improved or has gotten worse, your child's teacher will contact you to get your permission to make an internal referral to the Head Start Mental Health/Behavior Specialist. After the internal referral is made, the Mental Health/Behavior Specialist will contact you to set up a meeting time. Head Start staff will attempt to contact you 5 times before going ahead with the meeting without a guardian present. At the Behavior Team Meeting it will be you, your child's teacher, the site manager and the Mental Health/Behavior Specialist and possibly the FSS. At this meeting the Mental Health/Behavior Specialist will bring the Behavior Plan for intensified, specific interventions for your child in the classroom and at home. At this meeting, outside counseling referrals will be discussed, along with one on one counseling with the Head Start Mental Health/Behavior Specialist. After the meeting, your child's teacher and Mental Health/Behavior Specialist will keep in contact with you about your child's progress and behavior in the classroom. If the behavior continues after 6 weeks of time, another meeting will be held and more serious options will be given to the family for safety reasons.

****The plan can be modified at anytime if your child is expressing severe, unsafe behavior in the classroom.**

****If you want an outside counseling referral for your child at anytime, please call the Mental Health/Behavior Specialist or let your child's teacher know.**



MENTAL HEALTH SERVICES

It is important to know that when one family member has a mental health need, every member of the family is affected.

Head Start employs a Mental Health Specialist. The specialist provides guidance and services for children, parents, and staff through observations, trainings, home-visits, one on one work and referrals. Throughout the program year, the consultant may observe an individual child at the request of a parent or teacher.

If you have a mental health concern about your child, contact your NOCAC Head Start Family Service Specialist or Erin Schmidt (Mental Health/Behavior Specialist) at 419-784-2150 ext. 1128. You will complete a Social/Emotional Screening (ASQ-SE2) as well as help your child's teacher to assist in identifying strategies to promote your child's social/emotional development.

HEALTH SERVICES

PHYSICAL & DENTAL REQUIREMENTS

The goal of the health component is to provide a comprehensive health program for all children enrolled in the Head Start and Preschool Programs. The belief that unless children are in a state of good health, they will not be able to fulfill their learning potential is the guiding philosophy of the health component. This health program includes health education for children and their families.

- NOCAC Head Start and ECE programs recommend that each child enrolled have current physicals completed or scheduled before they attend their first day of class. Physicals and dentals are current for 13 months.
- If the physical exam is not completed and at the center by the child's 30th day of enrollment, the child may not ATTEND THE CENTER and will receive weekly home visits only until the physical form is received.
- Children who have physicals that come due during the program year must have a current physical on file within 13 months of the original physical date, or they may not attend at the center.

- Our program also requires a dental exam. It too, must be renewed every 13 months. If your child's dental exam shows a need for further dental work, we will remind you, help you with travel if necessary, and work with you to get it completed.

A CHILD WITH DENTAL NEEDS IS MOST LIKELY IN PAIN AND WE MUST HELP HIM ASAP. You are expected to follow-up promptly.

It is your responsibility to take your child to the doctor and dentist appointments; however, assistance is available for transportation or other issues that may arise. You will be notified of all results. If your child needs further evaluations, we will assist you in obtaining referral services. If for some reason your child will not be able to have the physical or dental completed before the first day of class, the Child Health and Safety Manager needs to be notified at 419-784-2150 ext. 1118.



You and your child will receive health and nutrition education about dental health, personal hygiene, safety, nutrition, and child safety. Health and nutrition education is provided for you at training days, parent meetings, and at your request. A Health Advisory Committee (HAC) made up of staff, medical providers, and parents, meet at a minimum of one time per program year to review the health services program.

Medical and dental emergency procedures are posted in each classroom.

Your child must have one lead screening and one Hematocrit or hemoglobin screen during their 0-5 years and we need the results of those screenings. When your child goes for a physical exam, be sure to remind your doctor to do those screens also.

ILLNESS POLICY

When Should I Keep My Child Home?

If the child has 2 or more indicators listed below:

- a temperature of 100 degrees F or above;
- vomits within the 12-hour period before the bus picks the child up;
- diarrhea within the 24-hour period before the bus picks the child up;
- a common cold with a lot of nasal discharge or green nasal discharge;
- a cough that is hacking or continuous;
- Streptococcal throat infection - child is to remain home until 24 hours after antibiotic is started;
- is complaining of an ear ache (child needs to be seen by a physician);
- skin sores which are open and draining or any skin diseases (impetigo, scabies, 5th disease, pinworms, ringworm, etc.) or unknown rashes;
- live lice. (Call the teacher if this is the reason for non-attendance).



August 2017

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7 Policy Council 5:30 pm	8	9	10 ALL FD Open Houses NOCAC Board Meeting	11
14	15	16	17	18
21	22	23 Full Day's Begin - Stagger Start	24	25
28	29 Home base Family Orientation	30 Remaining Open House's 12-6	31	

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**IS YOUR CHILD
WELL ENOUGH
TO BE IN
SCHOOL TODAY?**



**Use this guide to help you
determine when to send your
child to school:**

- Fever over 100 degrees (underarm)
- Open/infected sores not easily covered
- Vomiting more than 2 times in 24 hours
- Diarrhea
- Earache
- Red eyes with discharge
- Lice or Nits (until treated)
- Persistent cough

- Runny nose
- Rash
- Been to the doctor, hospital or emergency room
- Is not acting as usual
- Family member that is ill

- Feeling well today
- Has been well for the last 24 hours without use of medication

Working together to keep children, families and staff healthier!

September 2017

Mon	Tue	Wed	Thu	Fri
				1
4 Labor Day Holiday	5	6 Remaining Classes Begin Stagger Start	7	8
11 Policy Council 5:30 pm	12	13	14 NOCAC Board	15
18	19	20	21	22
25	26	27	28	29 Class Picture Day

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COMMUNICABLE ILLNESS POLICY

A. Communicable diseases are illnesses caused by infection with specific germs viruses, bacteria, fungi, or parasites. Contagious or communicable diseases are infectious diseases that can spread from one person to another.

B. A child with any of the following signs or symptoms of illness will be immediately isolated and the parent will be called to pick up their child from school:

- 1) Temperature: temperatures of 100 degrees or greater, along with behavior changes or other signs or symptoms of illness.
- 2) Signs of possible severe illness: unusual lethargy, irritability, persistent crying, difficult or rapid breathing, uncontrolled coughing, yellowish skin or eyes, unusually dark urine and/or gray or white stool, stiff neck with elevated temperature, sore throat or difficulty swallowing.
- 3) Uncontrolled diarrhea: an increased number of stools compared with the child's normal pattern, loose, watery stools, often accompanied by nausea and/or abdominal cramps.
- 4) Vomiting: more than one time or when accompanied by any other sign or symptom of illness.
- 5) Severe coughing: causing the child to become red or blue in the face or to make a whooping sound.
- 6) Mouth sores: with drooling unless the child's physician or local health department authority states the child is non-infectious.
- 7) Rash: until a physician has determined the illness is not a communicable disease.
- 8) Purulent conjunctivitis: defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep, and including a child with eye pain or redness of the eyelids or skin surrounding the eye, until 24 hours after treatment begins.
- 9) Infestation: a) Scabies – must stay out until 24 hours after treatment was begun.

b) Lice or Nits - if a child has either lice or nits or both, they must stay home until the child has been treated with lice shampoo and the child is free from live lice. Staff must assist the parents with procedures to clear the child's hair and environment. The Health and Safety Manager will assist staff and parents in this process as needed. c) Ringworm or d) Pinworm

- 10) Tuberculosis: until the physician or local health department authority states the child is noninfectious.
- 11) Impetigo: until 24 hours after treatment was begun.
- 12) Streptococcal Pharyngitis (Strep Throat): until 24 hours after treatment has been initiated and fever is gone.
- 13) Varicella (Chicken Pox): until six (6) days after onset of rash or until all lesions have been dried and crusted.
- 14) Shingles: only if the sores cannot be covered by clothing or a dressing, until the sores have crusted.
- 15) Pertussis (Whooping Cough): which is laboratory confirmed, or suspected based on symptoms of the illness, or suspected because of cough onset within 14 days after having face-to-face contact with a laboratory confirmed case of pertussis in a household or classroom, until five (5) days of appropriate medication has been completed.
- 16) Mumps: until nine (9) days after onset of parotid gland swelling.
- 17) Hepatitis A Virus Infection: until one (1) week after onset of illness or until after immune serum globulin has been given to appropriate children and staff in the program, as directed by the responsible health department.
- 18) Measles: until six (6) days after rash appears,
- 19) Rubella (German Measles): until six (6) days after rash appears,
- 20) Fifth Disease: until six (6) days after rash appears,
- 21) Pneumonia

October 2017

Mon	Tue	Wed	Thu	Fri
2 Policy Council 5:30 pm	3	4	5	6
9 Columbus Day Holiday	10	11	12 NOCAC Board	13
16	17 Dental Dayz-cleanings at FRC	18 Dental Dayz-cleanings at FRC	19	20
23	24 Dental Dayz-cleanings at Pulaski	25 Dental Dayz-cleanings at Pulaski	26 Dental Follow Up at BCHC	27 Dental Follow Up at BCHC
30	31			

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- C. A current Ohio Communicable Disease Chart (JFS 08087) revised 4/2009 or 9/2009 is posted in the centers for quick reference by trained personnel.
- D. Parents of all Head Start/ECE children will be notified either verbally or in writing of all communicable infectious illnesses in the classroom. Parents will be given written information which lists instructions and symptoms of the infectious illness to aid them in identifying.
- E. Children who are mildly ill (slightly above normal temperature; appears to be listless, but without an elevated temperature, etc.) but cannot be transported home, will be observed throughout the remainder of the day for signs of a more serious illness or ones that are listed on the Communicable Disease Chart. The parent/guardian will be contacted immediately and told of the child's behavior/symptoms and be requested to continue observing their child for further signs of a more serious condition. Staff must contact the Health and Safety Manager and send a completed Child Observation form to the Central Office within 24 hours.
- F. Children who demonstrate signs of illness and are suspected of having a communicable illness will be isolated and observed. Staff will contact the parent or legal guardian about the child's condition. When a child is isolated he/she will be kept within sight and hearing of a staff member. The child will be made comfortable on a cot. The cot and any linen used will be washed and disinfected before being used again.
- G. If a child does not feel well enough to participate in all center activities, the parent will be contacted to pick-up the child.
- H. Children on antibiotics prescribed by a physician will be kept at home for a minimum of 24 hours after the first dose.
- I. Children with short-term injury or contagious illness are temporarily excluded from program activities only when they cannot be readily accommodated for program participation or there is a significant risk to the health or safety of the child or anyone in contact with the child. Any child absent from the center due to illness for more than three (3) school days may be required to provide proof from a physician releasing him/her to school.
- J. A quick "health check" is done by a person trained through orientation and Red Cross Common Childhood Illness training to recognize the signs of communicable illness as each child enters the bus or classroom.
- K. All center staff/employees are required to abide by the same policy relating to communicable illness as the children are. Staff who are not able to work because of illness will have qualified substitutes in their place.
- L. All staff are trained in hand washing and disinfection procedures at the Health Service orientation by their supervisor or designated trainer.

November 2017

[illegible]

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HANDWASHING PROCEDURE

Staff, Volunteers and Children:

- ☞ Wash hands with soap upon arrival.
- ☞ Wash hands with soap before preparing foods, eating, or feeding children.
- ☞ Wash hands with soap after toileting self or a child, handling body secretions (e.g. changing diapers, cleaning up a child who has vomited or spit up, wiping a child's nose, handling soiled clothing or other contaminated items). Post signs to remind staff, volunteers and children to wash their hands.
- ☞ Be sure that the hot water supplied to fixtures accessible to children does not exceed a maximum temperature of 120°F.

How to Wash Hands:

- ☞ Check to be sure a paper towel is available. Turn on water to a comfortable temperature.
- ☞ Moisten hands with water and apply heavy lather of liquid soap. For children, a drop of liquid soap is sufficient.
- ☞ Wash well under running water for at least ten (15) seconds.
- ☞ Pay particular attention to areas between fingers, around nail beds, under fingernails, and back of hands.
- ☞ Rinse well under running water until free of soap and dirt. Hold hands so that water flows from wrist to fingertips.
- ☞ Dry hands with paper towel.
- ☞ Use paper towel to turn off faucet and discard towel.
- ☞ Teach older children to carry out the procedure themselves.
- ☞ Supervise younger children in carrying out the procedure.

IMMUNIZATIONS

The Head Start/Preschool programs require that all children enrolled in the program have up-to-date immunizations. Immunizations are important for children because they will protect against diseases that can hurt, cripple, and sometimes even kill a young child.

2017 Recommended Immunizations for Children for Birth Through 6 Years Old

Birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	19-23 months	2-3 years	4-6 years
HepB	HepB		HepB							
		RV	RV	RV						
		DTaP	DTaP	DTaP		DTaP			DTaP	
		Hib	Hib	Hib	Hib					
		PCV	PCV	PCV	PCV					
		IPV	IPV	IPV					IPV	
			Influenza (Yearly)							
					MMR					MMR
					Varicella					Varicella
					HepA					

If your child misses a shot, you don't need to start over just go back to your child's doctor for the next shot.

Talk with your child's doctor if you have questions about vaccines.

December 2017

[illegible]

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ADMINISTERING MEDICATION/TREATMENT POLICY

The only time medication, asthma treatments, vitamins, or over the counter medication will be administered to any child in the center is when a signed, written, dated order is issued by a licensed physician, an advanced practice nurse, or licensed dentist. It is first the responsibility of the parent/guardian to administer any needed medication and/or treatment to their child. Arrangements will be made for parents/guardians to come to the center to administer to their child. Only when deemed necessary will child development staff administer any medication and/or treatment. In all cases, the Parent/Guardian Request for the Administration of Medication and Medical Care Form must be completed and signed before we can receive or administer any medications or treatments. The completed forms will be forwarded to the Health & Safety Manager. Copies of each form will be kept in the central office file and the original forms will be kept in the child's center file. New forms must be completed whenever the physician changes an order for medication/treatment.

1. Only trained staff may give a child medicine/treatment. They must sign the Administration of Medication form each time.
2. All medicines must have original labeling and carry the following basic information:
 - The name of the child who will be getting the medicine.
 - The name of the child's doctor.
 - The name of the medicine and expiration date, the dosage.
 - A current date (within the last 12 months).
 - Storage requirements (example: cool, dark, dry place, refrigeration).
3. Store all medicines safely in child-proof locked containers, out of reach of children.
4. Discard or return to parents/guardian any unused medicine.
5. Prepare and attempt to give medicines out of the sight of other children.
6. Always read the label before giving medicine.
7. Never call medicine "candy".

8. Never leave a container of medicine out where children can reach it.
9. Always log date of dosage, amount and time of dosage with your signature in Section III of Administration of Medication form.
10. The authorized staff giving medicine/treatment will not delegate the task or responsibility to another staff. No one whose name is not on the Administration of Medication form may give a child medication.
11. All medications must be given directly to center personnel for immediate safe storage.
12. The Request for Administration of Medication form will be fully completed and signed before any medication is given. Staff administering the medication must complete the back of the form each time medication is given.
13. If for any reason, medication or treatments are not administered, delayed, or incorrectly administered; staff will contact/notify the parent immediately for further instructions. Staff must complete the Incident/Injury Report (JFS 01299) and report the incident to their immediate supervisor and the Health and Safety Manager.

TRANSPORTING MEDICINE ON THE BUS

The parent or guardian must bring the medicine into the center and give it directly to their child's teacher and complete the paperwork before we can accept the medication.

Only the transportation of emergency medication will be permitted on the NOCAC bus.

Drivers and monitors must not carry personal medications with them on the bus. Staff medication is stored in the site's office in a locked file or locker.

January 2018

Mon	Tue	Wed	Thu	Fri
1 New Years Day Holiday	2	3 Classes Resume	4	5
8 Policy Council 5:30 pm	9	10	11 Dental Follow Up at BCHC NOCAC Board	12 Dental Follow Up at BCHC
15 Martin Luther King Day Holiday	16	17	18	19
22	23	24	25	26
29	30	31		

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DENTAL CARE

The care of your child's first teeth is very important and has an effect on his/her permanent teeth. The baby teeth hold the position for the permanent teeth to come in correctly. Baby teeth are needed for chewing and speech development. Gauze should be used to wipe off an infant's gums. Parents should assist their children in brushing teeth at an early age. Teeth should be brushed well three times a day. Limit sticky and high sugar content food.

All Head Start age children are required to receive a dental exam and needed follow up care. Parents are sometimes reluctant to get the follow-up work done thinking, "It's only a baby tooth, they'll lose it one day anyway."

Since a baby tooth is so small, it doesn't take long for a cavity to take over the entire tooth. This will become painful in time. It's a much more positive experience for the child to visit the dentist when feeling well than when in pain. An abscessed tooth puts infection into the body which will spread to other areas of the head and body. The decayed baby tooth can spread to the permanent tooth causing it to come in decayed. It is also likely to cause the child pain.

A special form of tooth decay in children between 18 months and 3 years of age is baby bottle mouth. This happens when a child is given sugary liquids in a bottle and when a baby is laid down with a bottle, even with milk or formula in it. The results are brownish teeth which are easily broken off, sometimes even with the gum line. This can be painful and gives the child little substance to chew with. They also affect a child's appearance and self-esteem. **Never put a baby to bed with a bottle!**

Make the child's visit to the dentist a pleasant one. Avoid negative talk like, "Don't be afraid. The dentist isn't going to hurt you." or "Don't be a baby." This is a new experience for your child. It's okay if he/she is a little afraid. Say things like, "The dentist takes care of little boy's and girl's teeth." Positive early dental experiences will lead to continued good dental care in his/her life. Dentistry has come a long way from those painful experiences you may have had as a child. Try not to pass on any feelings from a past negative experience you had.

Remember, always keep your appointment or call in advance if you must cancel.

If you need to contact a dentist, have Medicaid or no insurance of any kind and want to receive a reduced fee, call the Bryan Community Health Center. Their number is 567-239-4562.



**** Children should be encouraged to brush their teeth after every meal. We practice brushing teeth every day.**

February 2018

Mon	Tue	Wed	Thu	Fri
			1	2
5 Policy Council 5:30 pm	6	7	8 Dental Follow Up at BCHC NOCAC Board	9 Dental Follow Up at BCHC
12 RIF Week	13	14 Health Advisory Meeting 11:00 am—1:00 pm	15	16
19 President's Day Holiday	20	21	22 No Class	23 No Class
26	27	28		

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Child Development studies have shown that meal or snack time is a prime opportunity to teach children about foods and nutrition. Adult-child interactions determine the child's acceptance of food and attitudes toward eating. Meal time should be a relaxed, enjoyable experience; one that encourages talking and sharing. A pleasant, relaxed meal time atmosphere is beneficial to digestion and attributes to good eating habits.

Head Start Nutrition Program Goals:

- ✓ Provide needed nutrients through well planned meals.
- ✓ Provide a variety of food and eating experiences.
- ✓ Provide opportunities for children/families to participate in menu planning and in simple food preparation and selection.
- ✓ Provide the opportunity to consult with a nutritionist whenever a nutrition related concern is detected.

Nutrition and Menu Requirements:

1. Every child in a part-day program will receive a quantity of food in meals (preferably hot) and snacks which provide at least 1/3 of the Recommended Daily Intake set by the United States Department of Agriculture.
2. Foods chosen for meals and snacks will contribute not only to the child's nutrient needs but also to good dental health and support the dental education program.
3. Foods high in refined sugars -- will not be served to the children.

4. Cake, rolls, pastries, doughnuts, sugar coated cereals, etc., because of their sweet and sticky nature, are not supportive of Head Start dental health education and are not served in the menus. We ask that parents do not bring cupcakes, cookies, or other home baked items to the center. See "Special Occasions" on page 40.
5. Fruit drinks and beverages made from fruit flavored powders or syrups are not acceptable. They do not contain the vitamins and minerals found in natural juices. Only 100% fruit juice is served and kept to a minimum.
6. Menus include a source of Vitamin C. Excellent sources include oranges, grapefruit, and their juices, broccoli, cantaloupe, raw tomatoes and raw strawberries, kale, spinach, cauliflower, tangerine, tomato juice, and raw cabbage.
7. A dark yellow or leafy green vegetable is served every other day to provide Vitamin A. Fruits and vegetables that are good sources of Vitamin A include sweet potatoes, carrots, broccoli, winter squash, apricots, peaches, tomatoes, cantaloupe, and spinach.
8. USDA Income Eligibility forms must be completed for every child enrolled in the Public Preschool options. These forms ensure reimbursement for the meals children receive. Head Start children are automatically eligible. All families must enroll their child in our food program.
9. Because our standard is to help children enjoy a variety of natural foods, we do not add salt, sugar, or extra fat to our food.
10. If your child needs a special diet, you will complete paperwork, including a doctor's signature verifying any food allergy which eliminates an entire food group and examples of what is acceptable as substitutions for a special diet or food allergy.

March 2018

Mon	Tue	Wed	Thu	Fri
			1	2
5 Policy Council 5:30 pm <<<<<<<<<<<<<<<<	6 <<<<<<<<<<<<<<<<	7 Bring Your Mom to School	8 Dental Follow Up at BCHC >>>>>>>>>>>>> NOCAC Board	9 Dental Follow Up at BCHC >>>>>>>>>>>>> Time Change 3/11 (spring ahead 1 hr.)
12	13 <<<<<<<<<<<<<<<<	14 Bring Your Mom to School	15 >>>>>>>>>>>>>>>>	16 >>>>>>>>>>>>>
19	20	21	22	23
26	27	28	29	30 Good Friday Holiday

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CHILD AND ADULT CARE FOOD PROGRAM

NOCAC centers participate in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care. Each day more than 2.6 million children participate in CACFP at child care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

Meals – CACFP homes and centers follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (two of the four groups)
Milk Fruit or Vegetable Grains or Bread	Milk Meat or Meat Alternate Grains or Bread 2 different servings of Fruits or Vegetables	Milk Meat or Meat Alternate Grains or Bread Fruit or Vegetable

Participating Facilities – Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- **Family Child Care Homes:** Licensed or approved private homes.
- **After School Care Programs:** Centers in low-income areas provide free snacks to school-age children and youth.
- **Emergency Shelters:** Programs providing meals to homeless children.

Eligibility – State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youths through 18 in emergency shelters and after school care programs in needy areas.

Contact Information – If you have questions about CACFP, please contact one of the following:

Sponsoring Organization/Center:

Ohio Department of Education
25 S. Front St, MS 303, Columbus, OH 43215-4183
614-466-2945

Tiffany McBride, CACFP Consultant
Northwestern Ohio Community Action Commission
1933 E. Second Street, Defiance, OH 43512
419-784-2150 ext. 1130

Nondiscrimination: in accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities any contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information any be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866)632-9992. Submit your completed form or letter to USDA by:

1. Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410;
2. Fax: (202)690-7442; or
3. Email: program.intake@usda.gov.

This institution is an equal opportunity provider.

April 2018

Mon	Tue	Wed	Thu	Fri
2 Policy Council 5:30 pm	3	4	5	6
9	10	11	12 Dental Follow Up at BCHC NOCAC Board	13 Dental Follow Up at BCHC
16	17	18	19	20
23	24 Dental Dayz-cleanings at FRC	25 Dental Dayz-cleanings at FRC	26 Dental Dayz-cleanings at Pulaski	27
30				

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MEALS AND SNACKS

CENTER - Menus are posted on the parent board and in the kitchen. Each child attending the center will be provided with a nutritious breakfast or snack (depending on session) and a balanced lunch which supplies at least 1/3 of the child's recommended daily intake. Menus are also sent home to parents regularly.

CACFP – Child and Adult Care Food Program is a Federal program that provides reimbursement to our agency for providing healthy meals and snacks to children in our program. You may receive a CACFP application form to be returned to the center. All families must sign an enrollment form.

HOME BASE - Children will have a Cooking Experience brought to their home by the home visitor once each month. The day the children have group Socialization for 2½ hours, they will be fed a meal which supplies 1/3 of the child's recommended daily intake.

FOOD SUBSTITUTIONS - If your child has allergies, diabetes or any other need for a special diet, you must get a request from your doctor. Without the doctor's request we cannot make any substitutions. Modifications to a child's diet, for religious reasons, will be accepted only upon receipt of a written request by the child's parent prior to meal preparation.

MENU CHANGES - Whenever possible, the cooks will follow the posted menus. Sometimes because certain foods are unavailable or there is a change in the schedule, the cooks may have to change the menu. Changes will be kept to a minimum and any/all changes will be noted on all menus at the time of the change or sooner.

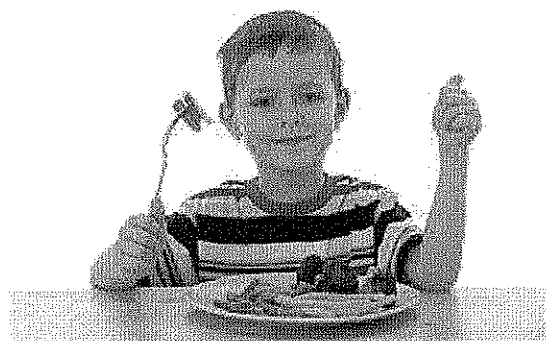
If your child requires special food or menu changes; you will complete a Medical Care Plan form to inform us of his/her need. You will need to sign a release for your child's doctor to talk with us. This is so we know we are following his orders correctly. Always advise your child's teacher of food allergies before your child attends.

CHILDREN WITH DISABILITIES - If a child has a special need or disability, the arrangement and adjustment needed are taken into account to fit the situation.

SPECIAL DIETS - "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Bldg, 1400 Independence Ave, SW, Washington DC 20250-9410 or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer."

SPECIAL OCCASIONS - We cannot control the way food is prepared at parents' or staff members' homes and have children enrolled in our centers who have food allergies or other dietary restrictions, therefore parents may not make any type of food as treats for birthdays and/or other special occasions. Staff knows about any restrictions in the class and can give you ideas for treats that all the children can enjoy.

Our local Health Department does not allow us to serve foods cooked outside the center unless packaged for sale.



May 2018

Mon	Tue	Wed	Thu	Fri
	1	2	3	4 No Class
7 Policy Council 5:30 pm	8 Dental Dayz-cleanings at Edon & Hicks.	9	10 NOCAC Board	11
14	15 Dental Dayz-cleanings at NSCC & Nap.	16	17	18
21	22	23	24	25
28 Memorial Day Holiday	29	30	31	

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RECIPES

AFTER THANKSGIVING TURKEY SOUP

1 leftover turkey carcass	3 med. Onions, chopped
2 large carrots, chopped	2 celery ribs, diced
1 cup butter cubed	1 cup flour (all purpose)
2 cups half & half (low fat)	1 c. uncooked long grain rice
2 tsp. salt	¾ tsp. pepper
1 tsp. chicken bouillon granules	

Step 1 – Place turkey carcass in Dutch oven or soup kettle and cover with water, bring to boil, simmer for 1 hour. Remove turkey bones and save 3 quarts of broth. Remove turkey from bones.

Step 2 – In soup kettle, sauté onions, carrots, celery in butter until tender. Reduce heat, stir in flour until blended. Gradually add 1 quart of reserved broth. Bring to boil, cook and stir for 2 minutes or until thickened.

Step 3 – Add cream, rice, salt, bouillon, pepper and remaining broth and turkey meat. Reduce heat, cover and simmer for 30-35 minutes (or until rice is tender).

RAINBOW CHIPS

Prep. Time: 30 mins.

Preheat oven to 375° F. Peel and thinly slice 1 cup root vegetables (like beets, parsnips, and celery root). Remove excess liquid from beets with paper towels; allow to stand 15 minutes. Toss with 1 tsp. olive oil and lightly sprinkle with salt. Bake on a cookie sheet in a single layer for the following times: Beets (bake for 10 minutes, remove and let stand 5 minutes, then bake 8 to 10 minutes more or until no longer wet), parsnips (23 minutes), and celery root (28 minutes). Cool parsnips and celery root on baking sheet; beets on thin paper towels. Store in a container.

Tip:

Store cooled chips in airtight container for up to 24 hours. If necessary, re-crisp chips in a 325° F oven for 3 to 4 minutes.

PUMPKIN PROTEIN CHEESECAKE MOUSSE

Ingredients:

1 cup low-fat or fat-free cottage cheese
½ cup pumpkin puree
¼ cup milk of choice
1 TBS. sugar-free instant butterscotch (or vanilla) dry pudding mix
½ tsp. pumpkin pie spice
½ tsp. cinnamon
3-6 packets Stevia, or to taste (or sweetener of choice to taste)

Optional toppings:

Gingersnaps, light whip cream

Directions:

Place everything in a blender, and blend until smooth. Serve immediately or cover and place in the refrigerator until chilled – at least one hour. Top with light whip cream and/or crushed gingersnap cookies if desired.

SNOW ICE CREAM

1 can Carnation sweetened condensed milk
½ cup sugar
1 tsp. vanilla
clean snow (light fluffy snow works best)

dash of salt

1 egg, beaten



Mix the first four ingredients together. Gently mix in the snow until it is “ice cream consistency.”

SAUSAGE CASSEROLE

Ingredients:

1 lb. sausage – uncooked
1 cup instant rice – uncooked
32 oz. stewed tomatoes (undrained)
16 oz. green beans (drained)

Directions:

Preheat the oven to 350 ° F. Spray a 13 X 9” pan with cooking spray. Layer in the pan in this order – sausage, green beans, rice, and tomatoes. Add salt and pepper on top if desired. Bake for 1 hour.

June 2018

Mon	Tue	Wed	Thu	Fri
				1
4 Policy Council 5:30 pm	5	6	7	8
11	12	13	14 NOCAC Board	15
18	19	20	21	22
25	26	27	28	29

"Guiding Children and Families Toward Success"

DISABILITIES AND INTERVENTION SERVICES

WHY SCREEN?

What's a developmental screening?

Developmental screening is a way of looking at your child's development in comparison to other children his or her age. It shows parents if their child is developing within the normal range for his or her age and in what areas the child may need help. Screening also measures your child's abilities in the area of motor skills, concept or cognitive skills and language development.

If your child is developing more slowly than expected in one or more areas, activities will be suggested that can be used to strengthen your child's skills in that area. We may recommend screening your child again later in the year. If necessary, suggestions for further evaluation will be made.

The results of this screening don't determine placement. The information from this screening is used in planning activities for your child, organizing the classroom or center, and selecting toys and materials.

What other assessments are done with my child?

As well as needing to know your child's skills and abilities at the time of entry into our program, Head Start measures each child's progress throughout the year. This information is shared with you at Home Visits and Parent/Teacher Conferences, using Teaching Strategies Gold progress reports.

SERVICES FOR CHILDREN WHO HAVE SPECIAL NEEDS

The earlier a child's needs are identified and assistance is given, the better he/she will succeed in school. All children attending the NOCAC Head Start Program are provided with individualized care and guidance to help them reach their full potential. Some children require special services in addition to the regular program. Head Start staff will help parents obtain those services.

Head Start seeks to enroll children with disabilities. It is a valuable pre-school experience when children with disabilities and typically developing children learn to respect one another and their differences.

SPECIAL EDUCATION IEP

If your child has an Individual Education PROGRAM (IEP), it is important that you get a copy of the Evaluation Team Report(ETR) which shows all test results and the IEP to your child's teacher as soon as possible. Your child's teacher or the center's Family Service Specialist (FSS) may help you in making/obtaining the copies. Staff are required to address existing IEP goals within the first two weeks of your child's enrollment date so it is important that your child's teacher has this information.

NOTICE OF PARENTS' RIGHTS OF IEP PROCESS

All children who enter the Head Start Program receive physicals and other health screenings to make sure they are healthy and are developing normally. Some children will need additional or special services from NOCAC Child Development to help meet any needs which are uncovered by these physicals and screenings.

You Have the Right:

To give your written OK before any information is shared with the Head Start Program, and before Head Start gives other agencies any information on your child.

You Have the Right:

To be a part of the Evaluation Team and to give them your observations and information about your child. If you like, you may bring someone with you to speak for you or to help you in the meeting. If you can't come to a meeting, you may request the meeting to be rescheduled at a time that works for you. You may also send your child to different doctors or specialists for another physical or other tests and share the results with the team.

You Have The Right:

- To have your child's ETR finished in a timely manner.
- To give or not give your written OK for these plans.
- To be given a copy of the Team's written plan for your child.
- To ask questions of anyone at the meeting
- To take the plan with you so that you can discuss your issues or gain better understanding of the plan

July 2018

Mon	Tue	Wed	Thu	Fri
2 Policy Council 5:30 pm	3	4 Independence Day Holiday	5	6
9	10	11	12 NOCAC Board	13
16	17	18	19	20
23	24	25	26	27
30	31			

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IF YOU DO NOT AGREE WITH THE PLANS FOR YOUR CHILD

You can request another meeting with the ETR/IEP Team to talk over the plans and the reasons you do not agree with them. You may bring someone with you to help you during this meeting.

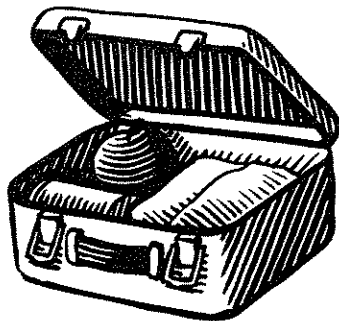
YOU HAVE THE RESPONSIBILITY TO

- Go to as many of the IEP/ETR Team Meetings as possible.
- Ask questions whenever you don't understand what is being said or done, or whenever you are concerned about how your child is acting or learning.
- Share your observations about your child with the Team, as well as any changes in the family which might affect your child in the center.
- Try to carry out those activities which the Team suggests would be helpful to your child when he is at home, and report back the effect these activities have on him.

If you have any questions about this process please contact the Disability & Intervention Coordinator at 419-784-5136 EXT. 1120.

SUMMER FOOD SERVICE PROGRAM

The Summer Food Service Program (SFSP) was established to ensure that low-income children continue to receive nutritious meals when school is not in session. Free meals, that meet Federal nutrition guidelines, are provided to all children at approved SFSP sites in areas with significant concentrations of low-income children.



Children ages 1-18 (to 21 with IEP) are provided a nutritious lunch from mid-June to mid-August.

Children can participate in provided educational or recreational activities or programs, meet other children and have lots of fun.

Parents stretch food dollars and have healthy recreation for their children during the summer months.

For more information, call
Nicholas Weber, Summer Food Service Program Coordinator
at 419-784-5136, ext. 1107
Email: nweber@nocac.org
OR
Heidi Keween, Partnership Coordinator
419-784-5136, Extension 1110
Email: hkeween@nocac.org
at the NOCAC Central Office

PUBLICLY FUNDED CHILD CARE

- Assists parents who are working or going to school and who meet the income guidelines for eligibility, in paying for their child care services for children ages birth to 12 years.
- Provide child care services at a licensed child care center/home or a certified family child care home.
- Provide guidance through the Type B Home Day Care certification process and will provide trainings to child care center staff and home providers.

If you have questions about the Publicly Funded Child Care program please call the NOCAC Central Office at 419-784-2150 ext. 1110.

August 2018

Mon	Tue	Wed	Thu	Fri
		1	2	3
6 Policy Council 5:30 pm	7	8	9 NOCAC Board	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

"Guiding Children and Families Toward Success"

GRIEVANCE (CONCERN, COMPLAINT, PROBLEM) PROCEDURE

From time to time parents are unhappy with the way services are provided or other situations that arise during the course of the year. If you are unhappy with a situation in your child's center we encourage you to: 1) discuss this with your child's teacher or the center supervisor. There is a County Manager in each county responsible for the operations of the centers. 2) After the center supervisor you may contact the central office by telephone at 419-784-2150. If these communications are not helpful then you may follow the grievance procedure outlined below.

Persons having a complaint or concern regarding an area of operation of Northwestern Ohio Community Action Commission – Child Development Programs are encouraged to complete a Grievance form (following this section of the handbook and available at the NOCAC Central Office, 1933 E. Second Street, Defiance, OH 43512) and mail it to the attention of the Child Development Director. The Child Development Director will coordinate the grievance procedure.

A response regarding the area of concern will be sent within 7 days to the person sending in a written complaint. This response may include an explanation of operations and/or a plan of action to correct a situation.

Following the receipt of the agency response, persons may request or provide additional information by phone or Grievance form. Persons making a grievance following the above procedure will be kept confidential if requested. Grievances may be discussed with appropriate staff as needed.

SAMPLE GRIEVANCE FORM -- To get a copy of the form, ask your teacher or any NOCAC staff member.

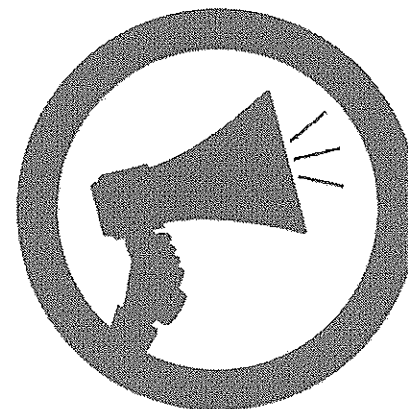
N.O.C.A.C. CHILD DEVELOPMENT
1933 E. Second St, Defiance, OH 43512
419-784-2150
Send form to the Attn: Janet Yaros

GRIEVANCE FORM

Explanation of Concern

Suggestions for Improvement:

Name: _____
Address: _____ City: _____ Zip _____
Telephone Number: _____



COMMUNITY RESOURCE GUIDE			
PHYSICIANS, OPTOMETRISTS AND DENTISTS-DEFIANCE COUNTY			
PHYSICIANS			MEDICAID ACCEPTED
Def. Regional Med.:	1250 Ralston Ave., Defiance	419-783-6955	All Types
Besaw, Beth	Suite 104	419-785-3282	All Types (except Molina)
Graham, Bethany	Suite 204	419-782-8332	Buck., Para., United, Care S. -not Molina
Hoops, Brenda CNP	Suite 104	419-782-2809	All Types (except Molina)
Lucas, Joshua	Suite 204	419-782-8332	Buck., Para., United, Care S. -not Molina
Mills, Shelly	Suite 104	419-785-3286	All Types (except Molina)
Reiter, Rosemary	Suite 204	419-782-8332	Buck., Para., United, Care S. -not Molina
Sproaw, Paula CPNP	Suite 204	419-782-8332	Buck., Para., United, Care S. -not Molina
Winner, David	Suite 104	419-785-3281	All Types (except Molina)
Comm. Mem. Hospital:	208 N. Columbus St., Hicksville	419-542-7718	United Heal. MC, Care S., Traditional, Molina
Garza, Tara CNP	208 N. Columbus St., Hicksville	419-542-5484	United Health MC, Care Source, Traditional, Molina
Johnson, Duane	208 N. Columbus St., Hicksville	419-542-5484	United Health MC, Care Source, Traditional, Molina
Miller, Laverne	208 N. Columbus St., Hicksville	419-542-7718	Unit. Heal. MC, Care Source, Traditional, Molina
Reddy, Vasavi	208 N. Columbus St., Hicksville	419-542-7718	United Health MC, Care Source, Traditional, Molina
Mercy Defiance Clinic:	1400 E. Second St., Defiance	419-784-1414	Buck., Care Source, Molina, Para., United
Family Practice:			
Black, Karin			
Karnca, Laura			
Okuley, Gary E.			
Osborn, Claire L.			
Rohrs, Rita A.			
Vandehey, Tricia			
Ferris, Holly, PA-C			
Herrmiller, Jessica, NP			
King, Troy, NP			
Spitnale-Slatman, Lindsay, NP			
Westhoven, Karen, PA-C			
Pediatrics:			
Rosenfeld, Rachel			
Smith, Monica, NP			
Vasi, Zoher	09742 US 127, Sherwood	419-899-2137	Buckeye, Straight, Para.
OPTOMETRISTS			MEDICAID ACCEPTED
Brunswick, Amy	283 Stadium Dr., Defiance	419-782-3937	Buckeye, Straight, Para.
Lacey, Heidi	283 Stadium Dr., Defiance	419-782-3937	Buckeye, Straight, Para.
Mathewson, Daryl	417 Fourth St., Defiance	419-782-9595	Molina, Para., Straight, Unit. Heal., Care S.
Meffley, Daniel	800 N Clinton, Suite D, Def.	419-782-1901	Buckeye, Straight
Racciato, John, DO	800 N Clinton, Suite D, Def.	419-782-1901	Buckeye, Straight
Sandy, Thomas	800 N Clinton, Suite D, Def.	419-782-1901	Buckeye, Straight
Stein, Debra	800 N Clinton, Suite D, Def.	419-782-1901	Buckeye, Straight

Williams, Amy	1400 E. Second St., Defiance	419-783-3335	Buckeye, Straight
PHYSICIANS, OPTOMETRISTS AND DENTISTS-DEFIANCE COUNTY - CONTINUED			
DENTISTS			MEDICAID ACCEPTED
Aspen Dental:	1601 N. Clinton St., Defiance	419-956-4837	No Medicaid
Calderon, Peter			
Eggers, Henry			
Geisler, Catherine			
Hampton, Joseph			
Burke, Stephen	503 Fifth St., Defiance	419-782-7746	No Medicaid
Defiance Dental Group:	245 Stadium Dr., Defiance	419-782-7950	No Medicaid
McKibben, Kirk			
Stone, Michael			
Walz, Luke			
Hasselschwert, Craig	517 N. Clinton St., Defiance	419-784-0775	No Medicaid
Juarez, Jason	1075 E. Second St., Defiance	419-782-1126	No Medicaid
Roberson, Corey	1075 E. Second St., Defiance	419-782-1126	No Medicaid
Warner, Gregg	307 Washington Ave., Defiance	419-782-0926	No Medicaid
Whittaker, Daniel	517 N. Clinton St., Defiance	419-784-0775	No Medicaid
PHYSICIANS, OPTOMETRISTS AND DENTISTS-FULTON COUNTY			
PHYSICIANS			MEDICAID ACCEPTED
Delta Medical Center:	6696 US 20A, Delta	419-822-3242	All types
Phillips, Dexter			
Steck, Ann			
Shirley, Rebecca, CPNP			
Fayette Medical Center:	124 W. Main St., Fayette	419-237-2501	Paramount – no new patients
Schweitzer-Ahmed, Jennifer			
Hagerman Family Physician:	128 Depot St., Wauseon	419-335-0351	All types (except United Healthcare)
Hagerman, Kimberly			
Mercy Primary Care:	1 Turtle Creek, Ste. F, Swanton	419-825-5151	All types
Cockley, Mark			
Kommoori, Sneha			
Mitchum-Walters, Christina			
Carter, Jessica, NP			
Hinkle, Tracey, NP			
Jacks, DanaH, NP			
Johnston, Rebecca, NP			
Parkview Physicians Group Archbold:	121 Westfield Dr., Ste. 1, Archbold	419-445-2015	Buckeye, Paramount
Lehman, Eric			
Lehman, Keith			
Martin, Tamara, NP			
Trubey, Anna, NP			
First Care:	121 Westfield Dr., Ste. 1, Archbold	419-445-2015	Buckeye, Paramount
Schultz, Jeffrey			

Snyder, Tammy, NP			
Parkview Physicians Group Fulton Co. Health Center:	725 S. Shoop, Ste. G02, Wauseon	419-335-0215	Buckeye, Paramount, OH MC
Uribes, Tony			

PHYSICIANS OPTOMETRISTS AND DENTISTS-FULTON COUNTY - continued

PHYSICIANS			MEDICAID ACCEPTED
Parkview Physicians Group Wauseon Clinic:	495 S. Shoop Ave., Wauseon	419-335-7921	Buckeye, Paramount, Traditional-no new patients
Bourn, Jana			
Kamp, Kenton			
Laney, Belinda, NP			
West Ohio Family Physicians:	735 S. Shoop Ave., Ste. 4, Wauseon	419-335-3242	Paramount, Care Source, Straight
Grieser, Richard			
McClarren, Rebecca			
Rivera, Alan			
Baus, Marissa, NP			
Nenton-Miller, Billie, NP			
OPTOMETRISTS			MEDICAID ACCEPTED
Kling, Kenneth	1162 N. Shoop Ave., Wauseon	419-335-3055	Paramount
King, Chris	1001 S. De fiance, Archbold	419-445-5436	Straight – no new patients
DENTISTS			MEDICAID ACCEPTED
Archbold Dental Clinic:	804 Stryker St., Archbold	419-446-2743	No Medicaid
Britsch, Michael			
Dental Health Associates	210 W. Airport Hwy., Swanton	419-826-2525	No Medicaid
Family Dentistry of NW Ohio	555 Parkview Dr., Wauseon	419-335-3018	No Medicaid
Cousino, Gregory			
Pinter, Michael			
Fausz, Glenn	101 Adrian, Delta Clinic, Delta	419-822-0179	No Medicaid
Sylvania Pediatric Dental	5860 W. Alexis Rd., Sylvania	419-882-7187	Paramount – specialty referral only (5yrs old & younger)
Wauseon Dental Group:	229 N. Franklin St., Wauseon	419-337-2391	All types (except Care Source)
Kasik, Stephen			
Pelok, David			
Wyse, Paul	311 W. Holland St., Archbold	419-445-8176	No Medicaid
PHYSICIANS, OPTOMETRISTS AND DENTISTS-HENRY COUNTY			
PHYSICIANS			MEDICAID ACCEPTED
Deshler Family Practice:	141 N. Keyser, Deshler	419-278-2065	Buckeye, Straight, Care Source, United Health, Paramount
Hicks, Carol			
Mason, Emily, CPNP			
Family Medical Care-Henry Co. Hospital:	1600 E. Riverview Ave., Ste. 104, Napoleon, OH	419-592-1071	Buckeye, Paramount
Seal, Morris			
Henry County Family Physicians:	Locations:		
	1600 E. Riverview, Ste 101, Napoleon	419-592-8774	
	105 East St., Liberty Center	419-533-6507	
	106 N. Wilhelm St. Holgate	419-264-5800	

Doctors:			
Bidwell, Kip			All types (no new patients)
Knipe, Stephen			All types (no new patients)
McMaster, Anna			All types (no new patients)
Schroeder, Laura, CPNP			All types
Thornton, Lisa, CPNP			All types (no new patients)

PHYSICIANS, OPTOMETRISTS AND DENTISTS-HENRY COUNTY - CONTINUED

PHYSICIANS			MEDICAID ACCEPTED
Mercy Napoleon Clinic:	1426 N. Scott St., Napoleon	419-599-5600	Buck, Care Source, Molina, Para., United
Grego, Gary			
Crandall, Audrey, NP			
Schultz, Alison, NP			
OPTOMETRISTS			MEDICAID ACCEPTED
Napoleon Family Vision	400 Independence Dr., Napoleon	419-599-4541	Buckeye, Paramount
DENTISTS			MEDICAID ACCEPTED
Dental Excellence:	875 W. Moreland Ave., Napoleon	419-592-9956	No Medicaid
Carpenter, Mike			
Dental Innovations-Liberty Center	119 East St., PO Box 1, Liberty Center	419-533-5050	Buck, Para., Straight, United Health
Heinrichs, Jeff	375 Independence Dr., Ste. 110, Napoleon	419-592-0034	No Medicaid
Napoleon Smiles:	1066 Chelsea Ave., Napoleon	419-599-4216	Care Source
Cochran, George			
Johnson, Alison			
Parsell, Rod	655 Trail Dr., Napoleon	419-592-7100	Buck, Para., Care Source, Molina, Unity Health
Whittaker Family Dental	1330 N. Scott St., Ste. B, Napoleon	419-592-1981	No Medicaid

PHYSICIANS, OPTOMETRISTS AND DENTISTS-PAULDING COUNTY

PHYSICIANS			MEDICAID ACCEPTED
Antwerp Family Health Center:	422 W. River St., Antwerp	419-258-5195	Buck, Para., C. Source, Molina
Wiley, Todd			
Oakwood Medical Center:	109 N. First St., Oakwood	877-594-4442	Buckeye, Para., Straight
Hogan, Timothy			
Spangler, Wendell	1032 W. Wayne St., Paulding	419-399-2045	Buckeye, Para.
OPTOMETRIST			MEDICAID ACCEPTED
Oakwood Family Eye Care:	113 N. First St., Oakwood	419-594-3340	Buck, Molina, C. Source, Unit. Heal., Para., Traditional
Wilken, Paul			
DENTISTS			MEDICAID ACCEPTED
Harr, Paul	721 Tom Tim Dr., Paulding	419-399-5211	Paramount
Mott, Michael	402 E. Baldwin, Paulding	419-399-3394	Paramount – no new patients
Mowry, Sarah	301 S. Main, Antwerp	419-258-6511	Buckeye, Paramount

PHYSICIANS, OPTOMETRISTS AND DENTISTS-WILLIAMS COUNTY

PHYSICIANS			MEDICAID ACCEPTED
Kooistra, Michael	104 S. West St., Edgerton	419-298-2458	Buckeye, Paramount
Parkview Physicians Group Bryan:	442 W. High St., Bryan	419-636-4517	Buck., Straight, Paramount, OH MC
Parkview Physicians Group Edgerton:	324 W. Vine St., PO Box 729, Edgerton	419-298-2319	Buckeye, Paramount, Straight

Vasi, Zoher			
Parkview Physicians Group Montpelier:	935 Snyder, Montpelier	419-485-6100	Buckeye, Paramount, Traditional
Bradbee, Lindsay			
Mabus, Mark			
Seaman, G.T.			
Watson, Peggy			
Wine, Lara, NP			
PHYSICIANS, OPTOMETRISTS AND DENTISTS-WILLIAMS COUNTY-CONTINUED			
OPTOMETRISTS			MEDICAID ACCEPTED
Bryan Eye Center:	1525 W. High, Bryan	419-636-6723	Buckeye, Para., Straight
McCashen, Kyle			
NW Ohio Eye Care	1313 W. High St., Bryan	419-6536-1531	Buckeye
Tri-State Vision Center:	306 W. Main, Montpelier	419-485-4257	Paramount
	143 S. Main, Bryan	419-636-6597	Paramount
Kunsmann, Jason			
DENTISTS			MEDICAID ACCEPTED
Bryan Dental Group:	442 W. High St. Suite 2, Bryan	419-636-3163	No Medicaid
Bratsberg, Kelly			
Chaney, Carl			
Pittman Family Dental	904 E. Snyder Ave., Montpelier	419-485-4605	No Medicaid
Pittman, Tyler			
Shepherd, Daniel	904 E. Snyder Ave., Montpelier	419-485-3145	Buck., Care Source, Molina, United Health
Whittaker Family Dental:	201 Van Gundy, Bryan	419-636-4202	No Medicaid
Phillip, Mark			
Whittaker, Dan			
AREA SPECIALISTS			
DENTAL SPECIALISTS			
Bowling Green Pediatric Dental Group:	1221 Ridgewood Dr., #B, Bowling Green	419-352-2593	Buckeye, Para. -- No New Patients
Pace, Frank, Jr.			
Children's Smiles Dental Care:	2969 Blue Jacket Ct., Lima, OH	419-229-3007	Buckeye, Para. & Straight
Leopold, Andrea			
Meyer, Tyra			
Great Dental Expressions	5950 Airport Hwy, Suite 10, Toledo	419-867-9553	Paramount
Sylvania Pediatric Dental Care	5860 W. Alexis Rd., Sylvania, OH	419-882-7187	Paramount (by referral only)
Univ. of Toledo -- Dental Clinic	3000 Arlington Ave., Mail Stop 1092, Toledo, OH	419-383-3805	Buckeye, Para. & Straight
PEDIATRIC OPHTHALMOLOGIST			
Rhee, Bob	2927 N. McCord Rd, Ste. 100, Toledo	419-517-5500	Paramount

Rev. 6/17 th

COMMUNITY RESOURCE GUIDE

DEFIANCE COUNTY INDEX

Abuse - Child

Center for Child & Family Advocacy
Child Abuse Prevention Hotline
Defiance Co. Dept. of Job & Family Services
Ohio Domestic Violence Network
Victim's Assistant / Sarah's House

419-782-1314
800-686-1556
419-782-3881
800-934-9840
419-782-0911

[no website](#)
[www.jfs.ohio.gov](#)
[www.jfs.ohio.gov](#)
[www.odvn.org](#)
[www.defiance-county.com](#)

Abuse - Domestic/Threat of Violence

Center for Child and Family Advocacy
Defiance Co. Dept. of Job & Family Services
Four Co. Family Center
House of Ruth (Domestic Violence Shelter)
Legal Aid of Western Ohio
Ohio Domestic Violence Network
Victim's Assistant / Sarah's House
Women's Residential Treatment Center

419-782-1314
419-782-3881
800-693-6000
419-782-1100
800-544-7369
800-934-9840
419-782-0911
419-352-5561

[no website](#)
[www.jfs.ohio.gov](#)
[www.fsnw.org](#)
[www.firstcallnwo.org](#)
[www.lawolaw.org](#)
[www.odvn.org](#)
[www.defiance-county.com](#)
[www.behavioralconnections.org](#)

Adoption

Catholic Charities
Community Pregnancy Center
Defiance Co. Dept. of Job & Family Services
Lutheran Social Services

800-926-8277
419-784-4062
419-782-3881
419-267-5528

[www.catholiccharitiesnwo.com](#)
[www.cpcnwo.org](#)
[www.jfs.ohio.gov](#)
[www.fsnwo.org](#)

Alcoholism/Drug Abuse

Behavioral Connections of Wood County Inc
Bryan Community Health Care Center
Community Hospitals & Wellness Center
Defiance Community Health Center
Five Co. Alcohol/Drug Program
Fresh Start Home, Inc.
Serenity Haven (Women's only)
Women's Residential Treatment Center

419-352-5561
567-239-4562
419-485-3154 Ext 2888
419-785-3427
419-782-9920
419-924-2029
419-237-3103
419-352-5561

[www.behavioralconnections.org](#)
[www.recovery.hpwohio.org](#)
[www.chwchospital.com](#)
[www.ohiochc.org](#)
[www.fsnwo.org](#)
[www.fsnwo.org](#)
[www.fsnwo.org](#)
[www.behavioralconnections.org](#)

Budgeting

OSU Extension Services

419-782-4771

[www.defiancecounty.com](#)

Child Development

ARK Preschool (St. Paul Methodist Church)
Head Start (NOCAC)
Help Me Grow
NW Ohio Education Service Center

419-782-3751
419-784-2150
419-782-6934
567-444-4800

[www.defiancespauls.com](#)
[www.nocac.org](#)
[www.ohiohelpmegrow.org](#)
[www.nwoesc.k12.oh.us](#)

Child Support

Defiance Co. Child Support Enforcement Agency
Defiance Co. Dept. of Job & Family Services

419-784-2123
419-782-3881

[www.defiance-county.com](#)
[www.jfs.ohio.gov](#)

Clothing

Bargain Box
Clothes Closet
Community Pregnancy Center
Defiance Hospital Auxiliary Thrift Shop
Goodwill Thrift Stores
Once Upon A Child
Pathstone
Ravens

419-542-7912
419-782-5766
800-633-3339
419-783-6991
419-782-2577
419-841-7500
800-825-6080
419-782-7141

[no website](#)
[www.stjohndefiance.org](#)
[www.cpcnwo.org](#)
[no website](#)
[www.goodwill.org](#)
[www.onceuponachild.com](#)
[www.pathstone.org](#)
[no website](#)

Counseling (Behavior/Emotional Problems/Etc.)

Bryan Community Health Care Center
Catholic Charities
Center for Child & Family Advocacy
Community Hospitals & Wellness Center
Community Pregnancy Center
Defiance Community Health Center

567-239-4562
800-926-8277
419-782-1314
419-485-3154 Ext 2888
800-633-3339
419-785-3427

[www.recovery.hpwohio.org](#)
[www.catholiccharitiesnwo.org](#)
[no website](#)
[www.chwchospital.org](#)
[www.cpcnwo.org](#)
[www.ohiochc.org](#)

Family Information Network (FIN)	419-254-4645	www.unitedwaytoledo.org
Four County Family Center	800-693-6000	www.fsnw.org
Lutheran Social Services	800-577-8629	www.lssnwo.org
Maumee Valley Guidance Center	419-782-8856	www.maumeevalleyguidancecenter.org
Stress Center	419-337-8661	www.fultoncountyhealthcenter.org
Sudden Infant Death Network of Ohio	800-477-7437	www.sidsOhio.org
Credit Counseling Services		
Consumer Credit Counseling Services	800-873-2227	www.moneymanagement.org
OSU Extension Services	419-782-4771	www.defiance-county.com
Rural Development, USDA	419-422-0242	www.ruraldev.usda.gov
Death/Bereavement		
Catholic Charities	800-926-8277	www.catholiccharitiesnwo.org
Hospice	419-782-5411	www.abilitycenter.org
Dental		
Bryan Community Health Care Center	567-239-4562	www.recovery_hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Diapers		
Community Pregnancy Center	800-633-3339	www.cponwo.org
Ravens	419-782-7141	no website
Disability Services		
Ability Center of Greater Toledo	419-782-5441	www.abilitycenter.org
DASH (Defiance Area Society for the Handicapped)	419-782-9346	www.dashofdefiance.weebly.com
Disability Services - continued		
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.jfs.ohio.gov
Family Information Network (FIN)	419-254-4645	www.unitedwaytoledo.org
Genetics Center, Dept. of Pediatrics	877-322-2200	www.mercyweb.org
Good Samaritan School	419-782-6621	www.defiancecd.org
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
New Home Development (housing assistance)	419-782-2172	www.habitatdefco.org
NW Ohio Education Service Center (preschoolers)	567-444-4800	www.nwoesc.k12.oh.us
Ohio Coalition for Ed. of Children w/Disabilities	800-374-2806	www.ocecd.org
Parent Mentor Project	567-444-4800	www.nwoesc.k12.oh.us
Person Centered Services	419-782-7274	www.pcs4dd.com
Reyes Syndrome Foundation	800-233-7393	www.reyessyndrome.org
Shriners/Senobia Temple A.A.O.N.M.S.	419-661-9200	www.zenoblashriners.com
Disaster Response/Recovery		
American Red Cross- Defiance Co.	419-782-0136	www.redcross.org
Salvation Army	419-784-2150	www.nocac.org
Education/Literacy/GED		
ABLE - Adult Basic & Literacy Education	800-589-3334	www.fourcounty.net
American Red Cross (training in various areas)	419-782-0136	www.fourcounty.net
Area Educational Institutes (Universities & Colleges)		www.redcross.org
Defiance Co. Health Dept. (CPR classes)	419-784-3818	www.defiancehealthn.org
Defiance Co. Libraries		
Defiance Co. Public Schools	800-589-3334	www.fourcounty.net
Four County Career Center	419-782-6621	www.defiancecd.org
Good Samaritan School	567-444-4800	www.nwoesc.k12.oh.us
NW Ohio Education Service Center	419-784-3777	www.northwestohiojobcenter.com
NW Ohio Job Center - (GED/ABLE classes)	419-267-5511	www.northweststate.edu
NW State Community College (GED Classes)	419-784-2150	www.nocac.org
NOCAC Head Start/Public Preschool Services		
Employment Services		
Bureau of Vocational Rehabilitation	419-784-2535	www.rsc.state.oh.us
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.jfs.ohio.gov
Experienced Works	419-255-7102	no website
NW Employment Services / Quadco	419-682-1011	www.quadcohab.org
NW Ohio Job Center - One Stop Employment	419-784-3777	www.northwestohiojobcenter.com
Ohio Department of Job & Family Services	877-644-6562	www.jfs.ohio.gov

Pathstone	800-825-6080	www.pathstone.org
Eyes		
Ability Center of Greater Toledo	419-782-5441	www.abilitycenter.org
Bureau of Services for the Visually Impaired	419-784-2535	www.rsc.state.oh.us
Defiance Clinic	419-784-1414	www.defiance-county.com
Sight Center	800-624-8378	www.sightcenter Toledo.org
Sight Conservation	419-784-3818	www.defiancehealth.org
Food Stamps		
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.jfs.ohio.gov
WIC (food coupons)	419-782-7770	www.defiance-county.com
Food		
Community Pregnancy Center	800-633-3339	www.cponwo.org
Defiance Area Commodity Food Distribution		
Defiance Area Food Pantry Locations		
Lutheran Social Services	800-577-8629	www.lssnwo.org
Pathstone	800-825-6080	www.pathstone.org
Ravens	419-782-7141	no website
St. Paul United Methodist Church	419-782-3751	www.defiancespauls.com
St. Mary's Catholic	419-782-2776	www.stmarydefiance.org
Foster Care		
Catholic Charities	800-926-8277	www.catholiccharitiesnwo.org
Community Pregnancy Center	800-633-3339	www.cponwo.org
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.jfs.ohio.gov
Furniture		
Community Pregnancy Center	800-633-3339	www.cponwo.org
Goodwill - Used Furniture	419-389-6644	www.goodwill.org
Lutheran Social Services	800-577-8629	www.lssnwo.org
Once Upon A Child (baby furniture)	419-874-3606	www.onceuponachild.com
General		
Better Business Bureau	800-743-4222	www.bbb.org
Defiance Area Chamber of Commerce	419-782-7946	www.defiancechamber.com
Defiance Co. Juvenile Probation Dept	419-782-0226	www.defiance-county.com
Habitat for Humanity	419-782-2172	www.habitatdefco.org
International Institution of Toledo (Immigration)	419-241-9178	www.internationalinstituteoftoledo.com
Life Line	419-783-6955	www.promedica.org
NOCAC Programs	419-784-2150	www.nocac.org
Retired Senior Volunteer Program (RSVP)	419-592-0337	www.seniorcorps.gov
Salvation Army	419-784-2150	www.nocac.org
Social Security Office	419-782-3950	www.ssa.gov
Health/Medical Expense		
American Cancer Society	800-227-2345	www.cancer.org
American Heart Association	419-740-6180	www.americanheart.org
American Lung Association of Ohio NW	800-586-4872	www.lung.org
Arthritis Foundation - NW Ohio Chapter	800-551-7257	www.arthritis.org
Crippled Children & Adult Society/Prescription Assist.	419-542-9926	no website
Cystic Fibrosis & Pediatric Pulmonary Center	800-227-2959	www.promedica.org
DASH (Defiance Area Society for the Handicapped)	419-782-9346	www.dashofdefiance.weebly.com
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.jfs.ohio.gov
The Epilepsy Center of NW Ohio	800-589-5958	www.epilepsycenter.org
Free Medicine Foundation	573-996-3333	www.freemedicinefoundation.com
Healthy Start (Children's Health Insurance Program)	800-324-8680	www.jfs.ohio.gov
Hill Burton Medical Assistance	800-638-0742	www.hrsa.gov
Juvenile Diabetes Foundation	800-533-2873	www.idf.org
Kidney Foundation of NW Ohio	419-329-2784	www.kfnwo.org
Leukemia Society of America NW Ohio Chapter	800-589-5721	www.lls.org
March of Dimes	800-536-4483	www.marchofdimes.com
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
Reye's Syndrome Foundation	800-233-7393	www.reyessyndrome.org

Health/Medical Expense - continued

Salvation Army	419-784-2150	www.nocac.org
Shriners/Zenobia Temple	419-661-9200	www.zenobiashriners.com
Sudden Infant Death Network of Ohio	800-477-7437	www.sids.ohio.org
Health Care Services		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpw.ohio.org
Community Health Services (Migrant Families)	419-599-9033	www.fremontchs.org
Community Hospitals & Wellness Center	419-485-3154	www.chwchospital.com
Community Memorial Hospital	419-542-6694	www.cmhosp.com
Defiance Clinic	419-784-1414	www.defianceclinic.com
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Defiance Regional Medical Center	419-783-6955	www.promedica.org
Drug & Poison Information Center	800-222-1222	www.calpoison.org
Pediatric Pulmonary & Cystic Fibrosis	419-291-2207	www.promedica.org
Hearing/Speech		
Ability Center of Greater Toledo	419-782-5441	www.abilitycenter.org
Defiance Co. Health Dept. (hearing tests)	419-784-3818	www.defiancehealth.org
Good Samaritan School	419-782-6621	www.defiandedd.org
Help Me Grow (Family & Children First Council)	419-782-6934	www.ohiohelpmegrow.org
NW Ohio Education Service Center	567-444-4800	www.nwoesc.k12.oh.us
Home Health Care		
DASH (Defiance Area Society for the Handicapped)	419-782-9346	www.dashofdefiance.weebly.com
Defiance Co. Health Dept.	419-784-3818	www.defiancehealth.org
Hospice – The Caring Way of Defiance	419-782-5411	www.abilitycenter.org
Life Line	419-783-6955	www.promedica.org
Home Repair		
Housing Rehabilitation Program	419-784-3882	www.mvpo.org
Maumee Valley Planning Organization	419-784-3882	www.mvpo.org
New Home Development	419-782-2172	www.habitatdefco.org
NOCAC Home Repair & Weatherization Programs	419-784-5393	www.nocac.org
Rural Development, USDA	419-422-0242	www.rurdev.usda.gov
Immunizations		
Defiance Co. Health Dept.	419-784-3818	www.defiancehealth.org
Legal Services		
Better Business Bureau	800-743-4222	www.bbb.org
Defiance Co. Juvenile Probation Dept.	419-782-0226	www.defiance-county.com
Legal Aid of Western Ohio	800-544-7369	www.lawolaw.org
Medications		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpw.ohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Mental Health Crisis, Information & Referral		
First Call For Help	211 or 1-800-468-4357	www.firstcallnwo.org
Stress Center (24 Hr free assessment)	419-337-8661	www.fulloncountyhealthcenter.org
Teen Hotline	877-419-7233	www.teenlineonline.com
Nutrition / Food Safety		
Defiance Co. Health Dept. - WIC Services	419-784-3818	www.defiancehealth.org
NOCAC (CACFP & Senior/Nutrition Programs)	419-784-2150	www.nocac.org
OSU Extension Services	419-782-4771	www.defiance-county.com
WIC	419-782-7770	www.defiance-county.com
Parenting		
Christ Our Savior Lutheran Church (parenting classes)	419-782-6688	www.christsaviors-lcms.org
Community Pregnancy Center	800-633-3339	www.opcnwo.org
Family & Children First Council	419-782-6934	www.firstcallnwo.org
Four County Family Center	800-693-6000	www.fsnr.org
OSU Extension Services	419-782-4771	www.defiance-county.com
Paternity		
Defiance Co. Child Support Enforcement Agency	419-784-2123	www.defiance-county.com
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.jfs.ohio.gov

Rent/Mortgage		
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.ifs.ohio.gov
New Home Development	419-782-2172	www.habitatdefco.org
NOCAC Community Service Programs	419-782-6962	www.nocac.org
Ravens	419-782-7141	no website
Rural Development, USDA	419-422-0242	www.rurdev.usda.gov
Rent/Mortgage - continued		
Salvation Army	419-784-2150	www.nocac.org
St. Mary's Catholic	419-782-2776	www.stmarydefiance.org
Senior Services		
Life Line	419-783-6955	www.promedica.org
Shelter		
Henry Metro Housing Authority/HUD	419-592-1735 Ext 3	www.hud.gov
House of Ruth (Domestic Violence Shelter)	419-782-1100	www.firstcallnwo.org
Metropolitan Housing Authority	419-592-1735	www.hud.gov
Richland Place (Single Room Apts. - NOCAC)	419-782-6962	www.nocac.org
Salvation Army	419-784-2150	www.nocac.org
Sanctuary of Williams Co. Homeless Shelter	419-636-2460	no website
Victim's Assistance/Sarah's House	419-782-0911	www.defiance-county.com
Social Services		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwvho.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Suicide Prevention		
First Call For Help	211 or 1-800-468-4357	www.firstcallnwo.org
Support Groups		
Catholic Charities	419-782-4933	www.catholiccharitiesnwo.org
Center for Child & Family Advocacy	419-782-1314	no website
Community Pregnancy Center	800-633-3339	www.cpcnwo.org
Five County Alcohol/Drug Program	419-782-9920	www.fsnwo.org
Four County ADAMs Board	419-267-3355	no website
Four County Family Center	800-693-6000	www.fsnwo.org
Lutheran Social Services	800-577-8629	www.lssnwo.org
Tenant Rights		
Legal Aid of Western Ohio	800-544-7369	www.lawolaw.org
Transportation Services		
Salvation Army (gas vouchers)	419-784-2150	www.nocac.org
St. Mary's Catholic	419-782-2776	www.stmarydefiance.org
Utility Assistance		
Defiance Co. Dept. of Job & Family Services	419-782-3881	www.ifs.ohio.gov
NOCAC Community Services	419-782-6962	www.nocac.org
Ravens	419-782-7141	no website
Salvation Army	419-784-2150	www.nocac.org
Veterans		
Veterans Services	419-782-6861	www.defiance-county.com
Victims/Witness Assistance		
Center for Child & Family Advocacy	419-782-1314	no website
Sarah's House	419-782-0911	www.defiance-county.com
Youth Services		
Teen Hotline (First Call for Help)	877-419-SAFE	www.teenlineonline.com
OSU Extension Services (4-H programs)	419-782-4771	www.defiance-county.com
Cub Scouts/Boy Scouts (St. Paul Methodist Church)	419-782-3751	www.defiancespauls.com

COMMUNITY RESOURCE GUIDE

FULTON COUNTY INDEX

Abuse - Child		
Center for Child and Family Advocacy	419-592-0540	www.fsno.org
Fulton Co Dept of Job & Family Services	419-337-0010	www.fultoncountyoh.com
Abuse – Senior Citizen		
Fulton Co. Job & Family Services	419-337-0010	www.fultoncountyoh.com
Abuse - Domestic/Threat of Violence		
Center for Child and Family Advocacy	419-592-0540	www.fsno.org
Four County Family Center	419-335-3732	www.fsno.org
Fulton Co Dept of Job & Family Services	419-337-0010	www.fultoncountyoh.com
Fulton Co Victim's Advocate	419-335-4255	no website
House of Ruth (domestic shelter)	800-782-8555	no website
Legal Aid of Western Ohio	800-544-7369	www.lawlaw.org
Adoption		
Catholic Charities	800-926-8277	www.catholiccharitiesnwo.org
Community Pregnancy Center	419-335-0117	www.cpcnwo.org
Fulton Co Dept of Job & Family Services	419-337-0010	www.fultoncountyoh.com
Fulton Co. Probate Court	419-337-9242	www.fultoncountyoh.com
Lutheran Social Services	800-577-8629	www.lsnwo.org
Alcoholism/Drug Abuse		
Behavioral Connections of Wood Co (women's)	419-352-5561	www.behavioralconnections.org
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Community Hospitals & Wellness Center - Counseling	419-485-3154	www.cchwospital.com
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Four Co Alcohol/Drug Program	419-267-3355	www.fultoncountyoh.com
Fresh Start Home Inc (men only residency)	419-924-2029	www.fultoncountyoh.com
Fulton co Alano Club (FCAC)	419-335-6211	www.fsnwo.org
Fulton Co Stress Unit	800-323-2708	www.fultoncountyhealthcenter.org
Help Center	419-592-0500	www.henrycountyhospital.org
Maumee Valley Guidance Center	419-337-5941	www.maumeevalleyguidancecenter.org
Serenity Haven (women only)	419-237-3103	www.rsnwo.org
Women's Residential Treatment Center	419-352-5561	www.behavioralconnections.org
Child Development		
Early Intervention Collaborative (Ful. Co. Brd. of DD)	419-337-4575	www.fultoncountyoh.com
Family & Children First Council	419-337-0915	www.fultoncountyhealthdept.com
Fulton Co. Help Me Grow	419-337-4579	www.fultoncountyhelpmegrow.com
Head Start/Preschool (NOCAC)	800-686-2964	www.nocac.org
Child Support		
Fulton Co Child Support Enforcement Agency	419-337-0010	www.fultoncountyoh.com
Fulton Co Dept of Job & Family Services	419-337-0010	www.fultoncountyoh.com
Clothing		
Archbold Evan. Mennonite Church	419-445-5661	www.archbolddevan.org
Care and Share/Ten Thousand Villages	419-445-1926	www.tenthousandvillages.com
Community United Church Thrift Store	419-865-2300	no website
The Open Door Thrift Store	419-822-0199	www.theopendoorofdelta.com
Goodwill Thrift Stores	419-335-1080	www.goodwill.org
North Dover United Methodist Church	419-337-8967	www.northdover.org
Once Upon A Child (baby & maternity)		www.onceuponachild.com
Salvation Army	Listed on last page	www.salvationarmy.org
Trinity Clothes Closet (Lutheran Church)	419-335-5651	www.trinitywauseon.com

Counseling (Behavior/Emotional Problems/Etc.)

Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Center for Child and Family Advocacy	419-592-0540	www.fsno.org
Community Hospitals & Wellness Center - Counseling	419-485-3154	www.chwchospital.com
Community Pregnancy Center	800-633-3339	www.cpcnwo.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Four County ADAMs Board	419-2567-3355	
Four Co Alcohol/Drug Program	419-267-3355	www.fultoncountyoh.com
Four County Family Center	419-335-3732	www.fsno.org
Lutheran Social Services	800-577-8629	www.lsnwo.org
Maumee Valley Guidance Center	419-337-5941	www.maumeevalleyguidancecenter.org

Credit Counseling Services

Community Credit Counseling Specialists Inc	800-873-2227	www.moneymanagement.org
Consumer Credit Counseling Services	800-873-2227	www.moneymanagement.org
Delta Outreach - budget counseling (The Open Door)	419-822-4407	www.theopendoorofdelta.com
OSU Extension Services	419-337-9210	www.osu.edu

Death/Bereavement

Four County Family Center	419-335-3732	www.fsno.org
Hospice Care of Fulton & Williams Counties	800-637-5371	www.comhealthpro.org
Sudden Infant Death Network of Ohio	800-477-7437	

Dental

Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org

Diapers

Community Pregnancy Center	419-335-0117	www.cpcnwo.org
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Disability Services

Ability Center of Greater Toledo	866-885-5733	www.abilitycenter.org
Bureau for Children w/Medical Handicaps (Health Dept)	419-337-0915	www.fultoncountyhealthdept.com
Family Information Network (infants & toddlers)	419-254-4645	www.unitedwaytoledo.org
Fulton Co Dept of Job & Family Services	419-337-0010	www.fultoncountyoh.com
Genetics Center - Dept of Pediatrics	877-322-2200 ext 8096	www.marcyweb.org
March of Dimes (birth defects)	800-536-4483	www.marchofdimes.com
New Home Development (housing assistance)	800-310-1075	www.newhomedevlopment.org
NW Employment Services / Quado (employment)	419-682-1011	www.quadcorehab.org
Parent Mentor Project	419-335-1070	no website

Disaster Response Recovery

American Red Cross	419-335-4636	www.redcross.org
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Education/Literacy/GED

American Red Cross (various trainings)	419-335-4636	www.redcross.org
Area Education Institutes (colleges)		
Delta Outreach - Life Skill Classes (The Open Door)	419-822-4407	www.theopendoorofdelta.com
Economic Development (ABLE, GED, etc)	419-337-9215	www.fultoncountyoh.com
English for Speakers of Other Languages (ESOL)	800-589-3334 ext 2241	no website
Four Co Joint Vocational School	800-589-3334	

Fulton Co Libraries

Fulton Co Psychological School Evaluations	419-335-1070	no website
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Fulton Co Public Schools

NW State Community College (GED Classes)	419-267-5511	www.northweststate.edu
NOCAC Head Start/Public Preschool Services	800-686-2964	www.nocac.org

Employment Services

Bureau of Vocational Rehabilitation	800-686-6447	www.rsc.ohio.gov
Experienced Works	419-255-7102	no website
Fulton Co Dept of Job & Family Services	419-337-0010	www.fultoncountyoh.com
NW Employment Services / Quado	419-682-1011	www.quadcorehab.org
Pathstone	800-825-6080	www.pathstone.org

Eyes

Bureau of Services for the Visually Impaired 800-589-5811
Sight Center 800-624-8378
Sight Conservation 419-337-0915 ext 123

www.rsc.ohio.gov
www.sightcentertoleado.org
www.fultoncountyhealthdept.com

Food

Angel Food Ministries – Pettisville Missionary Church 419-445-7186
Community Pregnancy Center (babies) 800-633-3339
Delta Outreach - Food Pantry (The Open Door) 419-822-4407
Fish of Archbold - Food Pantry 419-445-0366
Fish of Wauseon 419-337-7342
Lutheran Social Services 800-577-8629
Pathstone 800-825-6080
Salvation Army Listed on last page
St Vincent De Paul (food pantry - St Caspar's Church) 419-337-2322
WIC (Health Dept) food coupons 419-337-6979

www.pettisvillemissionary.org
www.cpcnwo.org
www.theopendoordelta.com
no website
no website
www.lssnwo.org
www.pathstone.org
www.salvationarmy.org
www.stcaspar.org
www.jfs.ohio.gov

Food Stamps

Fulton Co Dept of Job & Family Services 419-337-0010
Legal Aid of Western Ohio (legal assistance) 800-544-7369

www.fultoncountyoh.com
www.lawlaw.org

Foster Care

Community Pregnancy Center 419-335-0117
Fulton Co Dept of Job & Family Services 419-337-0010

www.cpcnwo.org
www.fultoncountyoh.com

Furniture

Community Pregnancy Center (baby) 800-633-3339
Goodwill Thrift Stores 419-335-1080
Lutheran Social Services 800-577-8629
Once Upon A Child (baby) 419-445-4656
St. Martin Lutheran Church

www.cpcnwo.org
www.goodwill.org
www.lssnwo.org
www.onceuponachild.com
www.the-welcome-place.org

General

Better Business Bureau 800-743-4222
Family & Children First Council 419-337-0915
First Call for Help 419-599-1660 or 211
Fulton Co Alano Club (social activities) 419-335-6211
Fulton Co Chamber of Commerce 419-335-9966
Immigration 800-375-5283

www.bbb.org
www.thefultoncountyhealthdept.com
www.firstcallnwo.org
no website
www.wauseonchamber.com
www.us-immigration.com

International Institution of Toledo (immigration) 419-241-9178
International Institution of Toledo (immigration) 419-534-3600
March of Dimes (birth defects) 800-686-2964
NOCAC Programs 800-282-9448
Ohio Consumers Counsel 800-686-1556
Ohio Dept of Job & Family Services 419-592-0337
Retired Senior Volunteer Program 800-772-1213
Social Security Office

www.internationalinstituteoftoledo.com
www.modimes.org
www.nocac.org
www.pickocc.org
www.jfs.ohio.gov
www.seniorcorps.gov
www.ssa.gov

Guardianship

Fulton Co. Probate Court 419-337-9242

www.fultoncountyoh.com

Health/Medical Expenses

American Cancer Society 800-227-2345
American Cancer Society 419-740-6180
American Heart Association 800-586-4872
American Lung Association of NW Ohio 419-537-0888
Arthritis Foundation - NW Ohio Chapter 800-227-2959
Cystic Fibrosis & Pediatric Pulmonary Center 419-822-4407
Delta Outreach (medication assistance)(The Open Door) 419-335-2015 ext 2472
Diabetes Education Office 800-589-5958
The Epilepsy Center of NW Ohio 419-337-7342
Fish of Wauseon (prescription assistance /Wauseon) 573-996-3333
Free Medicine Foundation 419-337-0915
Fulton Co Health Department 800-324-8680
Healthy Start (Insurance Program)

www.cancer.org
www.americanheart.org
www.lung.org
www.arthritis.org
www.promedica.org
www.theopendoordelta.com
www.fultoncountyhealthcenter.org
www.epilepsycenter.org
no website
www.freemedicinefoundation.com
www.fultoncountyhealthdept.com
www.jfs.ohio.gov

Hill Burton Medical Assistance	800-638-0742	www.hrsa.gov
Juvenile Diabetes Foundation	800-533-2873	www.jdf.org
Kidney Foundation of NW Ohio	419-329-2784	www.kfnwo.org
Legal Aid of Western Ohio (legal assistance)	800-544-7369	www.lawolaw.org
Leukemia Society of America	800-589-5721	www.lls.org
March of Dimes (birth defects)	800-536-4483	www.marchofdimes.com
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
Pediatric Pulmonary & Cystic Fibrosis Center	419-291-2207	www.promedica.org
Reye's Syndrome Foundation	800-233-7393	www.reyessyndrome.org
Salvation Army (prescriptions)	Listed on last page	www.salvationarmy.org
Shriners/Zenobia Temple	419-661-9200	www.zenobiashriners.com
St Vincent De Paul (prescription assistance-St Caspar's)	419-337-2322	www.stcaspar.com
Sudden Infant Death Network of Ohio	800-477-7437	www.sidsOhio.org
Health Care Services		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Community Health Services (Migrant Families)	419-599-9033	www.fremontchs.org
Community Hospitals & Wellness Center	419-485-3154	www.fremontchs.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Drug & Poison Information	800-222-1222	www.calpoison.org
Family & Children First Council	419-337-0561	
Fulton County Health Center	419-335-2015	www.fultoncountyhealthcenter.org
Hospice Care of Fulton & Williams Counties	800-637-5371	www.comhealthpro.org
University Medical Center	800-321-8383	www.utmc.utledo.edu
Hearing/Speech		
Ability Center of Greater Toledo	866-885-5733	www.abilitycenter.org
Fulton Co Health Department	419-337-0915	www.fultoncountyhealthdept.com
Home Health Care		
Caring Home Health Services	419-337-6862	www.promedica.org
Hospice Care of Fulton & Williams Counties	800-637-5371	www.comhealthpro.org
Home Repair		
Housing Rehabilitation Program	419-784-3862	www.mvpo.org
Maumee Valley Planning Organization	419-784-3882	www.mvpo.org
New Home Development	800-310-1075	www.newhomedevelopment.org
NOCAC Home Repair & Weatherization Programs	419-784-5393	www.nocac.org
Rural Development	419-422-0242	www.rurdev.usda.gov
Immunizations		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Fulton Co Health Department	419-337-0915	www.fultoncountyhealthdept.com
Legal Services		
Better Business Bureau	800-743-4222	www.bbb.org
Fulton Co Juvenile Probation Dept	419-337-9244	www.fultoncountyjoh.com
Fulton Co Probate Court (adoption & guardianship)	419-337-9242	
Immigration	800-375-5283	www.us-immigration.com
International Institution of Toledo (immigration)	419-241-9178	www.internationalinstituteoftoledo.com
Legal Aid of Western Ohio	800-544-7369	www.lawolaw.org
Medications		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Mental Health: Crisis, Information & Referral		
First Call for Help	211 or 419-599-1660	www.firstcallnwo.org
Four Co ADAMSns Board	419-267-3355	
Fulton Co Stress Unit	800-323-2708	www.fultoncountyhealthcenter.org
Harbor Behavioral Health Care	419-475-4449	www.harbor.org
Maumee Valley Guidance Center	419-337-5941	www.maumeevalleyguidancecenter.org
Stress Center	800-323-2708	www.fultoncountyhealthcenter.org

Nutrition / Food Safety

Fulton Co Health Department 419-337-0915 www.fultoncountyhealthdept.com
NOCAC (CACFP) 800-686-2964 www.nocac.org
OSU Extension Services 419-337-9210 www.osu.edu
WIC (Health Dept) 419-337-6979 www.its.ohio.gov

Parenting

Community Pregnancy Center 800-633-3339 www.cpcnwo.org
Four County Family Center 419-335-3732 www.fsno.org
Lutheran Social Services 800-577-8629 www.lssnwo.org
OSU Extension Service 419-337-9210 www.osu.edu
Parent Mentor Project 419-636-5078

Paternity

Fulton Co Child Support Enforcement Agency 419-337-0010 www.fultoncountyoh.com
Fulton Co Dept of Job & Family Services 419-337-0010 www.fultoncountyoh.com

Rent/Mortgage

Delta Outreach (The Open Door) 419-822-4407 www.theopendoorofdelta.com
Fish of Wauseon (must be Wauseon resident) 419-337-7342 no website
Fulton Co Dept of Job & Family Services 419-337-0010 www.fultoncountyoh.com
HUD Williams Co Metro Housing Authority 419-592-1735
Maumee Valley Planning Organization 419-784-3882
NOCAC Community Service Programs 419-337-8601 www.nocac.org
Rural Development, USDA 419-422-0242 www.rurdev.usda.gov
Salvation Army Listed on last page www.salvationarmy.org

Shelter

Fulton Co Housing Assistance 888-404-4674 www.fultoncountyoh.com
HUD - Wms Co Metro Housing Authority 419-592-1735 www.hud.gov
PATH Center (NOCAC) 419-782-6962 www.nocac.org
Metropolitan Housing Authority 419-592-1735 www.hud.gov
Richland Place (single room apts - NOCAC) 419-782-6962 www.nocac.org
Salvation Army Listed on last page www.salvationarmy.org
Sanctuary of Williams Co. Homeless Shelter 419-636-2460 no website
St Vincent De Paul (1 night stay-St Caspar's Church) 419-337-2322 www.slccaspar.org

Social Services

Bryan Community Health Care Center 567-239-4562 www.recovery.hpwchiro.org
Defiance Community Health Center 419-785-3427 www.ohiochc.org

Suicide Prevention

First Call for Help 211 or 419-599-1660 www.firstcallnwo.org
Four County Family Center 419-335-3732 www.fsno.org

Support Groups

Community Pregnancy Center 800-633-3339 www.cpcnwo.org
Four County ADAMhs Board 419-267-3355 no website
Four County Family Center 419-335-3732 www.fsno.org
Lutheran Social Services 800-577-8629 www.lssnwo.org

Tenant Rights

Legal Aid of Western Ohio 800-544-7369 www.lawolaw.org

Transportation Services

Delta Outreach (car parts) (The Open Door) 419-822-4407 www.theopendoorofdelta.com
Fish of Archbold (gasoline vouchers) 419-445-0366 no website
Fish of Wauseon (gas assistance/Wauseon resident) 419-337-7342 no website
Salvation Army (gas voucher) Listed on last page www.salvationarmy.org
Share a Smile (to NW Ohio Dental Clinic) 419-572-1720
St Vincent De Paul (gas voucher-St. Caspar's Church) 419-337-2322 www.slccaspar.org

Utility Assistance

Delta Outreach (The Open Door)

419-822-4407

www.theopendoorofdelta.com

Fish of Wauseon (must be resident of Wauseon)

419-337-7342

no website

Fulton Co Dept of Job & Family Services

419-337-0010

www.fultoncountyoh.com

NOCAC Community Services

419-337-8601

www.nocac.org

Salvation Army

Listed on last page

www.salvationarmy.org

St Vincent De Paul -- St. Caspar's Church

419-337-2322

www.stcaspar.org

Veterans

Veterans Services

419-337-9266

www.fultoncountyoh.com

Victims/Witness Assistance

Center for Child & Family Advocacy

419-592-0540

www.fsn.org

Fulton Co Victim's Advocate

419-335-4255

no website

House of Ruth

800-782-8555

no website

Shalom Ministries

877-445-1552

www.shalomworks.org

Youth Services

Big Brothers/Big Sisters

419-337-9208

www.bbbsnwo.org

Fulton Co Juvenile Probation Dept

419-337-9244

www.teenlineonline.com

Teen Hotline (First Call for Help)

877-419-7233

www.theopendoorofdelta.com

Youth Center - Delta Outreach (The Open Door)

419-822-4407

www.theopendoorofdelta.com

OSU Extension Services (4-H programs)

419-337-9210

www.osu.edu

Salvation Army

For zip code 43502, please contact Lydia Huber at The Farmer's & Merchants Bank at 419-446-2501

www.salvationarmy.org

For zip code 43521, please contact Reverend Winston Hatchiff at Fayette Church of the Nazarene at 419-237-2789

For zip codes 43567 & 43553, please contact Kenny Gorsuch at FISH at 419-337-7342

For zip codes 43558 * 43540, please contact The Salvation Army of Northwest Ohio Social Services at 419-241-1138

For zip codes 43515 & 43533, please contact Eleanor Rabbe at Delta Community Outreach Center at 419-822-4407

COMMUNITY RESOURCE GUIDE

HENRY COUNTY INDEX

Abuse – Child

Center for Child & Family Advocacy
First Call for Help

419-592-0540
211

www.fsno.org
www.firstcallnwo.org

Four County Family Center

800-693-6000

www.fsno.org

Henry Co Dept of Job & Family Services

419-592-0946

www.jfs.ohio.gov

Abuse – Domestic/Threat of Violence

Center for Child & Family Advocacy

419-592-0540

www.fsno.org

Four County Family Center

800-693-6000

www.fsno.org

Henry Co Dept of Job & Family Services

419-592-0946

www.jfs.ohio.gov

Henry Co Victim's Advocate

419-592-0540

www.fsno.org

House of Ruth - Domestic Violence Shelter

800-782-8555

no website

Women's Residential Treatment Center

419-352-5561

www.behavioralconnections.org

Adoption

Community Pregnancy Centers

800-633-3339

www.cpcnwo.org

Lutheran Social Services

800-577-8629

www.lssnwo.org

Alcoholism/Drug Abuse

Behavioral Connections of Wood County, Inc.

419-352-5561

www.behavioralconnections.org

Bryan Community Health Care Center

567-239-4562

www.recovery.hpwohio.org

Community Hospitals Wellness Center

419-636-1131 Ext 1666

www.chwchospital.org

Defiance Community Health Center

419-785-3427

www.ohiochc.org

Drug & Poison Information

800-222-12222

www.capoinson.org

Five County Alcohol/Drug Program

419-599-7040

www.fsno.org

Fresh Start Home, Inc.

419-924-2029

www.fsno.org

The Help Center (Henry County Hospital)

419-592-0500

www.henrycountyhospital.org

Serenity Haven

419-237-3103

www.fsno.org

Women's Residential Treatment Center

419-352-5561

www.behavioralconnections.org

Child Development

Family & Children First Council

419-599-5545

www.henrychild.org

Head Start (NOCAC)

800-686-2964

www.nocac.org

Help Me Grow

419-599-5545

www.ohiohelpmegrow.org

Henry County Board of Developmental Disabilities

419-278-3050

no website

Child support

Henry County Child Support Enforcement Agency

419-592-4633

www.henrycountyohio.com

Clothing

Community Pregnancy Centers

800-633-3339

www.cpcnwo.org

Goodwill Thrift Store

419-592-0201

www.goodwill.org

Once Upon a Child

419-865-1166

www.onceuponachild.com

Pathstone

800-825-6080

www.pathstone.org

Salvation Army

419-599-2769

www.salvationarmy.org

Counseling (Behavior/Emotional Problems/Etc.)

Bryan Community Health Care Center

567-239-4562

www.recovery.hpwohio.org

Catholic Charities

800-926-8277

www.catholiccharitiesnwo.org

Center for Child & Family Advocacy

419-592-0540

www.fsno.org

Community Hospitals Wellness Center

419-636-1131 Ext 1666

www.chwchospital.org

Community Pregnancy Centers

800-633-3339

www.cpcnwo.org

Defiance Community Health Center

419-785-3427

www.ohiochc.org

First Call for Help

211

www.firstcallnwo.org

Family Information Network (FIN)

419-254-4645

www.unitedwaytoledo.org

Five County Alcohol/Drug Program

419-599-7040

www.fsno.org

Four County Family Center

800-693-6000

www.fsno.org

Teen Line

877-419-7233

www.teenlineonline.com

The Help Center (Henry County Hospital)	419-592-0500	www.henrycountyhospital.org
Henry Co Family Court & Juvenile Probation Dept	419-599-5951	www.henrycountyohio.com
Lutheran Social Services	800-577-8629	www.lssnwo.org
Stress Center	800-323-2708	www.fultoncountyhealthcenter.org
Credit Counseling Services		
Community Credit Counseling Specialist, Inc.	888-662-3313	www.creditcounsel.org
Consumer Credit Counseling Services	800-873-2227	www.moneymanagement.org
Death/Bereavement		
Catholic Charities	800-926-8277	www.catholiccharitiesnwo.org
Four County Family Center	800-693-6000	www.fsnwo.org
Henry County Health Dept	419-499-5545	www.henrycohnd.org
Hospice of Henry Co	419-599-5612	www.henrycohnd.org
Sudden Infant Death Network of Ohio	800-477-7437	www.sidsOhio.org
Dental		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwOhio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Diapers		
Community Pregnancy Centers	800-633-3339	www.cpcnwo.org
Disability Services		
Ability Center of Greater Toledo	866-855-5733	www.abilitycenter.org
A.X.I.S.	800-231-2947	
Family Information Network (FIN)	419-254-4645	www.unitedwaytoledo.org
Genetics Center, Department of Pediatrics	877-322-2200 Ext 8096	www.mercyweb.org
Henry County Board of Developmental Disabilities	419-278-3050	no website
Henry Co Dept of Job & Family Services	419-592-0946	www.jfs.ohio.org
Northwest Ohio Educational Service Center	567-444-4800	www.nwoesc.k12.oh.us
Ohio Coalition for the Education of Children with Disabilities	800-374-2806	www.ocecd.org
Parent Mentor Project	419-592-1861	www.nwoesc.k12.oh.us
Society for the Handicapped or Disabled	419-599-0951	no website
Disaster Response/Recovery		
American Red Cross – Henry County	419-592-4806	www.redcross.org
Educational/Literacy/GED		
ABLE – Adult Basic & Literacy Education	800-589-3334 ext 2241	www.fourcounty.net
American Red Cross – Henry County	419-592-4806	www.redcross.org
Area Educational Institutes		
Experienced Works	419-255-7102	no website
Five County Alcohol/Drug Program	419-599-7040	www.fsnwo.org
Four County Career Center	800-589-3334	www.fourcounty.net
Henry County Health Dept	419-499-5545	www.henrycohnd.org
Henry Co Libraries		
Henry Co Schools		
Northwest State Community College (GED Classes)	419-267-5511	www.northweststate.edu
Northwestern Ohio Community Action Commission	800-686-2964	www.nocac.org
OSU Extension Services	419-592-0806	www.osu.edu
Employment Services		
Bureau of Vocational Rehabilitation	800-282-4526	www.tsc.ohio.gov
Experienced Works	419-255-7102	no website
Henry Co Dept of Job & Family Services	419-592-0946	www.jfs.oh.gov
Northwest Employment Services/Quadco	419-682-1011	www.quadcorehab.org
Eyes		
Ability Center of Greater Toledo	866-855-5733	www.abilitycenter.org
Bureau of Services for the Visually Impaired	800-589-5811	www.oh.gov
Henry County Health Dept	419-499-5545	www.henrycohnd.org
Sight Center	419-599-5545	www.henrycohnd.org

Food Stamps

Henry Co Dept of Job & Family Services
Women, Infants & Children (WIC) Programs

419-592-0946
419-591-3075

www.jfs.oh.gov
www.odh.ohio.gov

Food

Community Pregnancy Centers

800-633-3339

www.cpcnwo.org

First Call for Help

211

www.firstcallnwo.org

FISH

419-592-2217

www.hcfish.org

Lutheran Social Services

800-577-8629

www.lssnwo.org

Northwestern Ohio Community Action Commission

419-599-2481

www.nocac.org

Pathstone

800-825-6080

www.pathstone.org

Salvation Army

419-599-2769

www.salvationarmy.org

St. Augustine Catholic Church/St. Vincent DePaul

419-592-7656

www.staugle.net

Foster Care

Catholic Charities

800-926-8277

www.catholiccharitiesnwo.org

Community Pregnancy Centers

800-633-3339

www.cpcnwo.org

Furniture

Goodwill – Used Furniture

419-389-6644

www.goodwill.org

JR's Used Furniture & Appliances

419-256-7000

no website

Lutheran Social Services

800-577-8629

www.lssnwo.org

Once Upon a Child

419-865-1166

www.onceuponachild.org

St. Martin Lutheran Church – Furniture Ministry

419-445-4656

www.the-welcome-place.org

General

Better Business Bureau

800-743-4222

www.bbb.org

Birth Certificates (Henry County Health Dept.)

419-599-5545

www.henrycohnd.org

Drug & Poison Information

800-222-1222

www.capoison.org

Henry County Chamber of Commerce

419-592-1786

www.ohiohenrycounty.com

Deshler Chamber of Commerce

419-298-1826

www.deshlerohiochamber.com

Henry Co Family Court & Juvenile Probation Dept

419-599-5951

www.henrycountyohio.com

Henry Co Victim's Advocate

419-592-8019

www.fsno.org

International Institution of Toledo

419-241-9178

www.internationalinstituteoftoledo.com

Ohio Dept of Job & Family Services

877-644-6562

www.jfs.ohio.gov

Retired Senior Volunteer program of Northwest Ohio

419-592-0337

www.seniorcorps.gov

Social Security Office

800-772-1213

www.ssa.gov

Health/Medical Expense

American Cancer Society (Northwest Region)

800-227-2345

www.cancer.org

American Heart Association

419-740-6180

www.americanheart.org

American Lung Association of Northwestern Ohio

800-586-4872

www.lung.org

Arthritis Foundation – Northwestern Ohio Chapter

800-551-7257

www.arthritis.org

Behavioral Connections of Wood County, Inc.

419-352-5561

www.behavioralconnections.org

Cystic Fibrosis & Pediatric Pulmonary Center

800-227-2959

www.promedica.org

Drug & Poison Information

800-222-1222

www.capoison.org

Free Medicine Foundation

573-996-3333

www.freemedicinefoundation.com

Juvenile Diabetes Foundation

800-533-2873

www.jdf.org

Kidney Foundation of Northwest Ohio

419-329-2784

www.kftwo.org

Leukemia Society of America, Northern Ohio Chapter

800-589-5721

www.lls.org

March of Dimes

513-769-5588

www.marchofdimes.com

National Multiple Sclerosis Society

419-897-9533

www.nationalmssociety.org

Shriners/Zenobia Temple AAONMS

419-661-9200

www.zenoblashriners.com

Health Care Services

Bryan Community Health Care Center

567-239-4562

www.recovery.hpwohio.org

Community Health Services (Migrant Families)

419-599-9033

www.ferrontchs.org

Community Hospitals Wellness Center

419-636-1131 Ext 1666

www.chwhospital.org

Cystic Fibrosis & Pediatric Pulmonary Center

800-227-2959

www.promedica.org

Defiance Community Health Center

419-785-3427

www.ohiochc.org

EMS/911	911	www.911.gov
Epilepsy Center of Northwestern Ohio, Inc.	800-589-5968	www.epilepsycenter.org
Henry County Health Dept	419-499-5545	www.henrycohd.org
Henry County Hospital	419-592-4015	www.henrycountyhospital.org
Pediatric Pulmonary & Cystic Fibrosis Center	419-291-2207	www.promedica.org
Hearing/Speech		
Ability Center of Greater Toledo	866-855-5733	www.abilitycenter.org
Henry County Health Dept	419-499-5545	www.henrycohd.org
Home Health Care		
Henry County Health Dept	419-499-5545	www.henrycohd.org
Hospice of Henry County	419-599-5612	www.henrycohd.org
Home Repair		
Housing Rehabilitation Program	419-784-3882	www.rnydpd.org
Maumee Valley Planning organization	419-784-3882	www.rnydpd.org
New Home Development Company, Inc.	800-310-1075	www.newhomedevlopment.org
Northwestern Ohio Community Action Commission	419-784-5393	www.nocac.org
Rural Development, USDA	419-422-0242	www.rurdev.usda.gov
Immunizations		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Henry County Health Dept	419-499-5545	www.henrycohd.org
Legal Services		
Better Business Bureau	800-743-4222	www.bbb.org
Henry Co Family Court & Juvenile Probation Dept	419-599-5951	www.henrycountyohio.com
Legal Aid of Western Ohio	800-544-7369	www.lawoflaw.org
Medications		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiohc.org
Mental Health Crisis, Information & Referral		
First Call for Help	211	www.firstcallnwo.org
Four County ADAMhs Board	419-267-3355	no website
The Help Center (Henry County Hospital)	419-592-0500	www.henrycountyhospital.org
Maumee Valley Guidance Center	419-592-5981	www.maumeevalleyguidancecenter.org
Stress Center	800-323-2708	www.fullncountyhealthcenter.org
Nutrition/Food Safety		
Henry County Health Dept	419-499-5545	www.henrycohd.org
Northwestern Ohio Community Action Commission	800-686-2964	www.nocac.org
OSU Extension Services	419-592-0806	www.osue.edu
Women, Infants & Children (WIC) Programs	419-591-3075	www.odh.ohio.gov
Parenting		
Community Pregnancy Centers	800-633-3339	www.cpcnwo.org
Henry County Health Dept	419-499-5545	www.henrycohd.org
Lutheran Social Services	800-577-8629	www.lssrwo.org
Northwestern Ohio Community Action Commission	800-686-2964	www.nocac.org
OSU Extension Services	419-592-0806	www.osu.edu
Paternity		
Henry County Child Support Enforcement Agency	419-592-4633	www.henrycountyohio.com
Rent/Mortgage		
Henry Metro Housing Authority/HUD	419-592-1735	www.hud.gov
Northwestern Ohio Community Action Commission	419-599-2481	www.nocac.org
Rural Development, USDA	419-422-0242	www.rurdev.usda.gov
Salvation Army	419-599-2769	www.salvationarmy.org

Shelter

Henry Metro Housing Authority/HUD 419-592-1735
Metropolitan Housing Authority www.hud.gov
Northwestern Ohio Community Action Commission 419-592-1735
Salvation Army www.nocac.org
Sanctuary of Williams Co. Homeless Shelter 419-599-2481
419-599-2769
www.salvationarmy.org
no website

Social Services

Bryan Community Health Care Center 567-239-4562
DeLance Community Health Center www.recovery.hpwOhio.org
419-785-3427 www.ohiochc.org

Suicide Prevention

211

www.firstcallnwo.org

Support Groups

Arthritis Foundation – Northwestern Ohio Chapter 800-551-7257
Catholic Charities www.arthritis.org
Center for Child & Family Advocacy www.catholiccharitiesnwo.org
Community Pregnancy Centers www.cfno.org
Epilepsy Center of Northwestern Ohio, Inc. 800-633-3339
First Call for Help www.cpcnwo.org
Four County ADA/Ab's Board 800-589-5958
Four County Family Center 211
Four County Family Center www.epilepsycenter.org
Reye's Syndrome Foundation www.firstcallnwo.org
800-233-7394 www.reyesyndrome.org
no website

Tenant Rights

Legal Aid of Western Ohio 800-544-7369
www.lawoflaw.org

Utility Assistance**FISH**

Northwestern Ohio Community Action Commission 419-592-2217
Salvation Army www.hcfish.org
St Augustine's Catholic Church/St Vincent De Paul Society 419-599-2481
419-599-2769
419-592-7656 www.salvationarmy.org
www.staugie.net

Veterans

Veterans Services 419-592-0956
no website

Victims/Witness Assistance

Center for Child & Family Advocacy 419-592-0540
Henry Co Victim's Advocate www.cfno.org
419-592-0540 www.fsno.org

Youth Services

First Call for Help - Teen Hot Line 211
OSU Extension Services www.firstcallnwo.org
www.osu.edu

COMMUNITY RESOURCE GUIDE

PAULDING COUNTY INDEX

Abuse – Child

Center for Child & Family Advocacy
Children's Services
Paulding County Assistance Unit
Paulding Co Dept of Job & Family Services

419-782-1314
419-399-3756
419-399-4476
419-399-3756

no website
no website
www.pauldingcountycourt.com
www.jfs.ohio.gov

Abuse - Domestic/Threat of Violence

Center for Child and Family Advocacy
House of Ruth (Domestic Violence Shelter)
Legal Aid of Western Ohio
Paulding County Assistance Unit
Paulding Co Dept of Job & Family Services
Women's Residential Treatment Center

419-782-1314
800-782-8555
800-544-7369
419-399-4476
419-399-3756
419-352-5561

no website
no website
www.lawlaw.org
www.pauldingcountycourt.com
www.jfs.ohio.gov
www.behavioralconnections.org

Adoption

Catholic Charities
Community Pregnancy Center
Lutheran Social Services
Paulding Co Dept of Job & Family Services

800-926-8277
419-784-4062
800-5778629
419-399-3756

www.catholiccharitiesnwo.org
www.cpcnwo.org
www.lsnwo.org
www.jfs.ohio.gov

Alcoholism/Drug Abuse

Behavioral Connections of Wood County Inc
Bryan Community Health Care Center
Community Hospitals & Wellness Center
Defiance Community Health Center
Fresh Start Home, Inc.
Serenity Haven (Women only)
Women's Residential Treatment Center

419-352-5561
567-239-4562
419-485-3154 Ext 2888
419-785-3427
419-924-2029
419-237-3103
419-352-5561

www.behavioralconnections.org
www.recovery.hpwohio.org
www.chwchospital.com
www.ohiochc.org
www.isnwo.org
www.isnwo.org
www.behavioralconnections.org

Child Development

Head Start (NOCAC)
Help Me Grow - Paulding
OSU Extension Office
Paulding County Board of MR/DD
Paulding County Office of Education

419-784-2150
419-399-4620
419-399-8225
419-399-4800
419-399-4711

www.nocac.org
www.ohiohelpmegrow.org
www.osu.edu
www.oacbdd.org
www.wb.noacsc.org

Child Support

Paulding Co Child Support Enforcement Agency

419-399-8464

www.jfs.ohio.gov

Clothing

Benevolent Society/Bargain Bin
Community Pregnancy Center
Goodwill Thrift Stores
Once Upon A Child
Paulding Co. Salvation Army
Pregnancy Life Center
United Way

419-399-5033
800-633-3339
419-782-2577
419-865-1166
419-399-3756
419-238-9177
419-399-5300

www.cpcnwo.org
www.goodwill.org
www.onceuponachild.com
www.salvationarmy.org
www.pregnancylifecenter.org
www.unitedwayofpauldingcounty.org

Counseling (Behavior/Emotional Problems/Etc.)

Behavioral Connections of Wood County, Inc
Bryan Community Health Care Center
Catholic Charities
Center for Child & Family Advocacy
Community Hospitals & Wellness Center
Community Pregnancy Center
Comprehensive Mental Health Services
The Epilepsy Center of Northwestern Ohio, Inc
Family Information Network (FIN)
First Call For Help
Fresh Start Home, Inc

419-352-5561
567-239-4562
800-926-8277
419-782-1314
419-485-3154 Ext 2888
800-633-3339
419-399-3636
800-589-5968
419-254-4645
211
419-924-2029

www.behavioralconnections.org
www.recovery.hpwohio.org
www.catholiccharitiesnwo.org
no website
www.chwchospital.org
www.cpcnwo.org
no website
www.epilepsycenter.org
www.unitedwayofohio.org
www.firstcallnwo.org
www.isnwo.org

Genetics Center, Department of Pediatrics	877-322-2200 Ext 8096	www.mercyweb.org
House of Ruth	800-782-8555	no website
Lutheran Social Services	800-577-8629	www.lssnwo.org
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
Paulding County Counseling Center	419-399-3636	www.westwoodbehavioralhealth.com
Stress Center	800-323-2708	www.fultoncountyhealthcenter.org
Counseling (Behavior/Emotional Problems/Etc.)		
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Sudden Infant Death Network of Ohio	800-477-7437	www.sidssohio.org
Teen Line (First Call For Help)	877-419-7233(SAFE)	www.teenlineonline.com
Women, Infants and Children (WIC) Programs	419-399-2621	www.odh.ohio.gov
Women's Residential Treatment Center	419-352-5561	www.behavioralconnections.org
Credit Counseling Services		
Community Credit Counseling Specialists	800-873-2227	www.moneymanagement.org
Ohio Consumer Council	877-742-5622	www.osu.edu
OSU Extension Services	419-399-8225	
Death/Bereavement		
Catholic Charities	800-926-8277	www.catholiccharitiesnwo.org
Hospice	419-399-4708	www.comhealthpro.org
Sudden Infant Death Network of Ohio	800-477-7437	www.sidssohio.org
Dental		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Diapers		
Community Pregnancy Center	800-633-3339	www.cpcnwo.org
Pregnancy Life Center	419-238-9177	www.pregnancylifecenter.org
Disability Services		
Ability Center of Greater Toledo	419-782-5441	www.abilitycenter.org
Bureau For Children With Medical Handicaps	419-399-3921	www.pauldingcountyhealth.com
Bureau of Services for the Visually Impaired	419-227-4270	www.rsc.ohio.gov
Bureau of Vocational Rehabilitation	800-686-6447	www.rsc.ohio.gov
Catholic Charities	800-926-8277	www.catholiccharitiesnwo.org
Family Information Network (FIN)	419-254-4645	www.unitedwaytoledo.org
Genetics Center, Dept of Pediatrics	877-322-2200	www.mercyweb.org
Ohio Coalition for the Education of Children w/Disabilities	800-374-2806	www.ocecd.org
Paulding County Crippled Children & Adult Society	419-399-3921	www.pauldingcountyhealth.com
Paulding Co Dept of Job & Family Services	419-399-3756	www.jfs.ohio.gov
Quaddo Rehabilitation Center	419-682-1011	www.quaddocorehab.org
Disaster Response/Recovery		
Paulding Co. Salvation Army	419-399-3756	www.salvationarmy.org
Educational/Literacy/GED		
ABLE - Adult Basic & Literacy Education	800-589-3334	www.fourcounty.net
Area Educational Institutes (Universities & Colleges)		
NW Ohio Job Center - (GED/ABLE classes)	419-399-3345	www.northwestohiojobcenter.com
NW State Community College (GED Classes)	419-267-5511	www.northweststate.edu
NOCAC Head Start/Public Preschool Services	800-686-2964	www.nocac.org
Ohio GED Transcript	877-644-6338	no website
OSU Extension Office	419-399-8225	www.osu.edu
Paulding County Office of Education	419-399-4711	www.wb.noacsc.org
Paulding Co Libraries		
Paulding Co Public Schools		

Employment Services

Bureau of Vocational Rehabilitation
Experienced Works
NW Ohio Job Center - One Stop Employment
Paulding Co Dept of Job & Family Services
Pathstone

419-784-2535
419-255-7102
419-399-3345
419-399-3756
800-825-6080

www.rsc.ohio.gov
no website
www.northwestohiojobcenter.com
www.jfs.ohio.gov
www.pathstone.org

Eyes

Bureau of Services for the Visually Impaired
Help Me Grow – Paulding
Sight Center
Sight Conservation

419-227-4270
419-399-4620
800-624-8378
419-399-3921

www.rsc.ohio.gov
www.ohiohelpmegrow.org
www.sightcenter.toledo.org
www.pauldingcountyhealth.com

Food Stamps

Paulding Co Dept of Job & Family Services
WIC (food coupons)

419-399-3756
419-399-2621

www.jfs.ohio.gov
www.odh.ohio.gov

Food

Antwerp United Methodist Church
Auglaize Chapel Church of God
Caring and Sharing Food Pantry
Lutheran Social Services
Melrose United Methodist Church
Oakwood United Methodist North
Pathstone
Paulding Co. Salvation Army
Paulding Church of Christ Food Pantry
Payne Church of the Nazarene
Pioneer Christian Ministries Food Pantry
St. Paul United Methodist Church
United Way of Paulding Co.
West Ohio Food Bank
Women, Infants and Children (WIC) Programs
Zion United Methodist Church

419-258-4901
419-587-3693
419-399-2320
800-577-8629
419-594-2076
419-594-2825
800-633-3339
419-399-3756
419-399-4761
419-263-2422
419-594-3707
419-263-2418
419-399-8240
419-222-7946
419-399-2621
419-587-3777

no website
no website
no website
www.lsnwo.org
no website
no website
no website
www.pathstone.org
www.salvationarmy.org
no website
no website
no website
www.payneumc.org
www.unitedwayofpauldingcounty.org
www.westohiofoodbank.org
www.odh.ohio.gov
no website

Foster Care

Catholic Charities
Community Pregnancy Center
Paulding Co. Dept. of Job & Family Services

800-926-8277
800-633-3339
419-399-3756

www.catholiccharitiesnwo.org
www.cpcnwo.org
www.jfs.ohio.gov

Furniture

Community Pregnancy Center
Goodwill Thrift Store
Goodwill - Used Furniture
Lutheran Social Services
Once Upon A Child (baby furniture)

800-633-3339
419-782-2577
419-389-6644
800-577-8629
419-865-1166

www.cpcnwo.org
www.goodwill.org
www.goodwill.org
www.lsnwo.org
www.onceuponachild.com

General

Baby Buckle Program
Better Business Bureau
Birth Certificate
Habitat for Humanity
International Institution of Toledo (Immigration)
NOCAC Programs
Ohio Department of Job & Family Services
Paulding County Chamber of Commerce
Paulding Co Juvenile Probation Dept
Retired Senior Volunteer Program (RSVP)
Social Security Office

419-399-3921
800-743-4222
419-399-3921
419-399-4791
419-241-9178
419-784-2150
800-686-1556
419-399-5215
419-399-8260
419-592-0337
800-772-1213

www.pauldingcountyhealth.com
www.bbb.org
www.pauldingcountyhealth.com
www.habitatpauldingcounty.org
www.internationalinstituteoftoledo.com
www.nocac.org
www.jfs.ohio.gov
www.pauldingchamber.com
www.pauldingcountycourt.com
www.seniorcorps.gov
www.ssa.gov

Health/Medical Expense

American Cancer Society	800-227-2345	www.cancer.org
American Heart Association	419-740-6180	www.americanheart.org
American Lung Association of Ohio NW	800-586-4872	www.lung.org
Arthritis Foundation - NW Ohio Chapter	800-551-7257	www.arthritis.org
Cystic Fibrosis & Pediatric Pulmonary Center	800-227-2959	www.promedica.org
The Epilepsy Center of NW Ohio	800-589-5958	www.epilepsycenter.org
Free Medicine Foundation	573-996-3333	www.freemedicinefoundation.com
Genetics Center, Department of Pediatrics	877-322-2200 Ext 8096	www.mercyweb.org
Healthy Start (Children's Health Insurance Program)	800-324-8680	www.its.ohio.gov
Help Me Grow – Paulding	419-399-4620	www.ohiohelpmegrow.org
Hill Burton Medical Assistance	800-638-0742	www.hrsa.gov
Juvenile Diabetes Foundation	800-925-5533	www.jdf.org
Kidney Foundation of NW Ohio	419-329-2784	www.kfnwo.org
Leukemia Society of America NW Ohio Chapter	800-589-5721	www.lls.org
March of Dimes	800-536-4483	www.marchofdimes.com
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
Northwest Ohio Dental Clinic	419-591-3060	www.henrycohd.org
Paulding County Crippled Children & Adult Society	419-399-3921	www.pauldingcountyhealth.com

Health/Medical Expense - continued

Paulding Co Dept of Job & Family Services	419-399-3756	www.jfs.ohio.gov
Paulding County Health Department	419-399-3921	www.pauldingcountyhealth.com
Paulding Co. Salvation Army	419-399-3756	www.salvationarmy.org
Reye's Syndrome Foundation	800-233-7393	www.reyessyndrome.org
Shriners/Zenobia Temple	419-661-9200	www.zenobiashriners.com

Health Care Services

Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Community Health Services (Migrant Health Services)	419-599-9033	www.fremontchs.org
Community Hospitals & Wellness Center	419-636-1131 ext 1666	www.chwchospital.org
Cystic Fibrosis & Pediatric Pulmonary Center	800-227-2959	www.promedica.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Drug & Poison Information Center	800-222-1222	www.calpoison.org
Paulding County Hospital	419-399-4080	www.pauldingcountyhospital.com
Shriners/Zenobia Temple	419-661-9500	www.zenobiashriners.com
Stress Center	800-323-2708	www.fultoncountyhealthcenter.org

Hearing/Speech

Help Me Grow – Paulding	419-399-4620	www.ohiohelpmegrow.org
Paulding County Board of MR/DD	419-399-4800	www.oacbdd.org
Paulding Co Health Dept. (hearing tests)	419-399-3921	www.pauldingcountyhealth.com

Home Health Care

Hospice	800-417-9293	www.comhealthpro.org
Paulding Area Visiting Nurses	419-399-4708	www.comhealthpro.org

Home Repair

Housing Rehabilitation Program	419-784-3882	www.mvpo.org
Maumee Valley Planning Organization	419-784-3882	www.mvpo.org
NOCAC Home Repair & Weatherization Programs	419-784-5393	www.nocac.org
Rural Development, USDA	419-422-0242	www.rurdev.usda.gov

Immunizations

Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Paulding Co Health Dept.	419-399-3921	www.pauldingcountyhealth.com

Legal Services

Better Business Bureau	800-743-4222	www.bbb.org
Community Pregnancy Centers	419-636-5691	www.cpcnwo.org
Legal Aid of Western Ohio	800-544-7369	www.lsnwo.org
Paulding Co Juvenile Probation Dept.	419-399-8260	www.pauldingcountycourt.com

Medications

Bryan Community Health Care Center
Defiance Community Health Center

567-239-4562
419-785-3427

www.recovery.hpwOhio.org
www.ohiochc.org

Mental Health Crisis, Information & Referral

First Call For Help

211 or 1-800-468-4357

www.firstcallnwo.org

Four County ADAMHS Board

419-267-3355

no website

Paulding County Board of MR/DD

419-399-4800

www.oacbdd.org

Stress Center (24 Hr free assessment)

800-323-2708

www.fultoncountyhealthcenter.org

Teen Hotline

877-419-7233

www.teenlineonline.com

Nutrition / Food Safety

Community Pregnancy Centers

419-636-5691

www.cpcnwo.org

NOCAC (CACFP)

419-784-2150

www.nocac.org

OSU Extension Office

419-399-8225

www.osu.edu

Paulding County Senior Center

419-399-3650

www.jfs.ohio.gov

WIC

419-399-2621

www.odh.ohio.gov

Parenting

Active Parenting Workshops

419-399-8225

www.osu.edu

Community Pregnancy Center

800-633-3339

www.cpcnwo.org

Drug And Poison Information

800-222-1222

www.calpoison.org

Family And Children First Council

419-399-3756

www.jfs.ohio.gov

OSU Extension Services

419-399-8225

www.osu.edu

Women's Residential Treatment Center

419-352-5561

www.behavioralconnections.org

Paternity

Paulding Co Child Support Enforcement Agency

419-399-8464

www.jfs.ohio.gov

Rent/Mortgage

Haven Homes Transitional Systems

419-536-8390

no website

Henry Metro Housing Authority/HUD

419-592-1735

www.hud.gov

NOCAC Community Service Programs

419-782-6962

www.nocac.org

Shelter

Henry Metro Housing Authority/HUD

419-592-1735

www.hud.gov

House of Ruth

800-782-8555

no website

PATH Center (NOCAC)

419-782-6962

www.nocac.org

Paulding Co. Salvation Army

419-399-3756

www.salvationarmy.org

Richland Place (Single Room Apts - NOCAC)

419-782-6962

www.nocac.org

Social Services

Bryan Community Health Care Center

567-239-4562

www.recovery.hpwOhio.org

Defiance Community Health Center

419-785-3427

www.ohiochc.org

United Way of Paulding County

419-399-8240

www.unitedwayofpauldingcounty.org

Suicide Prevention

First Call For Help

211 or 1-800-468-4357

www.firstcallnwo.org

Support Groups

Catholic Charities

800-926-8277

www.catholiccharitiesnwo.org

Center for Child & Family Advocacy

419-782-1314

no website

Community Pregnancy Center

800-633-3339

www.cpcnwo.org

The Epilepsy Center of Northwestern Ohio, Inc

800-589-5958

www.epilepsycenter.org

Family Information Network (FIN)

419-254-4645

www.unitedwaytoledo.org

First Call For Help

211

www.firstcallnwo.org

Four County ADAMHS Board

419-267-3355

no website

Hospice

800-417-9293

www.cornhealthpro.org

House of Ruth

800-782-8555

no website

Support Groups - continued

Lutheran Social Services

800-577-8629

www.lsnwo.org

National Multiple Sclerosis Society

419-897-9533

www.nationalmssociety.org

Reye's Syndrome Foundation

800-233-7393

www.reyessyndrome.org

Sudden Infant Death Network of Ohio

800 477-7437

www.sidsOhio.org

Tenant Rights

Legal Aid of Western Ohio

800-544-7369

www.lawlaw.org

Transportation Services		
Baby Buckle Program	419-399-3921	www.pauldingcountythealth.com
Paulding County Senior Center	419-399-3650	www.ifs.ohio.gov
Utility Assistance		
NOCAC Community Services	419-399-3650	www.nocac.org
Paulding Co. Salvation Army	419-399-3756	www.salvationarmy.org
Veterans		
Veterans Services	419-399-8285	www.dvs.ohio.gov
Victims/Witness Assistance		
Center for Child & Family Advocacy	419-782-1314	no website
House of Ruth	800-782-8555	no website
Paulding County Assistance Unit	419-399-4476	www.pauldingcountycourt.com
Youth Services		
OSU Extension Services (4-H programs)	419-399-8225	www.osu.edu
Teen Hotline (First Call for Help)	877-419-SAFE	www.teenlineonline.com

COMMUNITY RESOURCE GUIDE

WILLIAMS COUNTY INDEX

Abuse – Child

Center for Child & Family Advocacy 419-630-0550 no website
 Four County Family Center 419-335-3732 www.fsno.org
 Williams Co Dept of Job & Family Services 419-636-6725 www.jfs.ohio.gov
 Williams County Victim's Assistance 419-636-6195 no website

Abuse - Domestic/Threat of Violence

Center for Child and Family Advocacy 419-630-0550 no website
 Four County Family Center 419-335-3732 www.fsno.org
 House of Ruth (Domestic Violence Shelter) 800-782-8555 no website
 Legal Aid of Western Ohio 800-544-7369 www.lawolaw.org
 Williams Co Dept of Job & Family Services 419-636-6725 www.jfs.ohio.gov
 Williams County Victim's Assistance 419-636-6195 no website
 Women's Residential Treatment Center 419-352-5561 www.behavioralconnections.org

Adoption

Community Pregnancy Centers 419-636-5691 www.cpcnwo.org
 Williams Co Dept of Job & Family Services 419-636-6725 www.jfs.ohio.gov
 Lutheran Social Services 800-577-8629 www.lssnwo.org

Alcoholism/Drug Abuse

Behavioral Connections of Wood County Inc 419-352-5561 www.behavioralconnections.org
 Bryan Community Health Care Center 567-239-4562 www.recovery.hpwohio.org
 Community Hospitals & Wellness Center 419-636-1131 www.chwchospital.org
 Defiance Community Health Center 419-785-3427 www.ohiochc.org
 Fresh Start Home, Inc. 419-924-2029 www.fsnwo.org
 Serenity Haven (Women only) 419-237-3103 www.ssnwo.org
 Williams Co. Recovery Services 419-636-6510 www.isnwo.org
 Women's Residential Treatment Center 419-352-5561 www.behavioralconnections.org

Child Development

Head Start (NOCAC) 419-784-2150 www.nocac.org
 Help Me Grow 419-485-3141 www.williamscountyhealth.org
 Northwest Ohio Educational Service Center 567-444-4800 www.nwoesc.k12.oh.us
 OSU Extension Office 419-636-5608 www.osu.edu
 Williams County Board of MR/DD 419-485-8331 www.enrichmentcenter.org

Child Support

Child Support Enforcement Agency 419-636-6725 www.jfs.ohio.gov

Clothing

ABC Children Resale 419-636-4104 no website
 Church Women United Thrift Shop 419-636-7777 no website
 Community Compassion 419-636-5449 www.gracechurchofbryan.org
 Community Pregnancy Centers 419-636-5691 www.cpcnwo.org
 Goodwill Thrift Stores 419-633-0039 www.goodwill.org
 Montpelier See 'N' Do Club 419-485-3777 no website
 Once Upon A Child 419-865-1166 www.onceuponachild.com
 Salvation Army 419-636-1790 www.salvationarmy.org

Counseling (Behavior/Emotional Problems/Etc.)

Behavioral Connections of Wood County, Inc 419-352-5561 www.behavioralconnections.org
 Center for Child & Family Advocacy 419-630-0550 no website
 Community Hospitals & Wellness Center 419-636-1131 www.chwchospital.org
 Community Pregnancy Centers 800-633-3339 www.cpcnwo.org
 Compassion Medical Clinic 419-630-0313 www.gracechurchofbryan.org
 The Epilepsy Center of Northwestern Ohio, Inc 800-589-5958 www.epilepsycenter.org
 First Call For Help 211 www.fistcallnwo.org
 Four County Family Center 419-335-3732 www.fsnwo.org

Fresh Start Home, Inc	419-924-2029	www.fsnwo.org
Genetics Center, Department of Pediatrics	877-322-2200 Ext 8096	www.mercyweb.org
House of Ruth	800-782-8555	no website
Kobacker Center – Health Science Campus	419-383-3815	www.utm.utoledo.edu
Lutheran Social Services	800-577-8629	www.lssrwo.org
Counseling (Behavior/Emotional Problems/Etc.)		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
Stress Center	800-323-2708	www.fultoncountyhealthcenter.org
Sudden Infant Death Network of Ohio	800-477-7437	www.sidscho.org
Teen Line (First Call For Help)	877-419-7233(SAFE)	www.teenlineonline.org
Trinity Lutheran Church	419-636-3387	www.tlcbryan.com
Women, Infants and Children (WIC) Programs	419-636-8754	www.williamscountyhealth.org
Women's Residential Treatment Center	419-352-5561	www.behavioralconnections.org
Credit Counseling Services		
Community Credit Counseling Specialists	800-873-2227	www.moneymanagement.org
OSU Extension Services	419-636-5608	www.osu.edu
Death/Bereavement		
Four County Family Center	419-335-3732	www.fsnwo.org
Hospice	800-637-5371	www.comhealthpro.org
Sudden Infant Death Network of Ohio	800-477-7437	www.sidscho.org
Trinity Lutheran Church	419-636-3387	www.tlcbryan.com
Dental		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Diapers		
Community Pregnancy Centers	800-633-3339	www.cpcnwo.org
Disability Services		
Ability Center of Greater Toledo	419-782-5441	www.abilitycenter.org
Bureau For Children With Medical Handicaps	419-485-3141	www.williamscountyhealth.org
Bureau of Services for the Visually Impaired	800-589-5811	www.rsc.ohio.gov
Bureau of Vocational Rehabilitation	800-686-6447	www.rsc.ohio.gov
Genetics Center, Dept of Pediatrics	877-322-2200	www.mercyweb.org
Northwest Employment Services/Quado	419-682-1011	www.quadcorehab.org
Northwest Ohio Educational Service Center	567-444-4800	www.nwoesc.k12.oh.us
Ohio Coalition for the Education of Children w/Disabilities	800-374-2806	www.ocecd.org
Williams Co Dept of Job & Family Services	419-636-6725	www.jfs.oh.gov
Disaster Response/Recovery		
Salvation Army	419-636-1790	www.salvationarmy.org
Drug and Alcohol Treatment		
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Educational/Literacy/GED		
ABLE - Adult Basic & Literacy Education	419-636-0338	www.northwestohiojobcenter.com
Area Educational Institutes (Universities & Colleges)		
Northwest Ohio Educational Service Center	567-444-4800	www.nwoesc.k12.oh.us
NW State Community College (GED Classes)	419-267-5511	www.northweststate.edu
NOCAC Head Start/Public Preschool Services	800-686-2964	www.nocac.org
OSU Extension Office	419-636-5608	www.osu.edu
Williams County Libraries		
Williams County Public Schools		

Employment Services

Bureau of Vocational Rehabilitation 800-686-6447
Experienced Works 419-255-7102
Northwest Employment Services/Quadco 419-682-1011
Williams Co Dept of Job & Family Services 419-636-6725

Eyes

Bureau of Services for the Visually Impaired 800-589-5811
Sight Center 800-624-8378
Sight Conservation 419-485-3141

Family Needs

Family and Children First Council 419-636-2059

Food Stamps

Williams Co Dept of Job & Family Services 419-636-6725
W/C (food coupons) 419-636-8754

Food

Community Compassion 419-636-5449
Eastland Baptist Church Food Partry 419-636-3835
H.E.L.P. 419-636-7199
Helping Hands Food Partry 419-485-5575
Lutheran Social Services 800-577-8629
Montpeller See 'N' Do Club 419-485-3777
Outreach of Bryan Area, Inc. 419-636-4717
Outstretched Hand Food Partry 419-924-2161
Salvation Army 419-636-1790
Wesley United Methodist Church 419-636-6721
Williams County Commodity Food Distribution 419-636-7199
Women, Infants and Children (WIC) Programs 419-636-8754

Foster Care

Community Pregnancy Centers 419-636-5691
Williams Co Dept of Job & Family Services 419-636-6725

Furniture

Community Pregnancy Centers 419-636-5691
Goodwill Thrift Store 419-389-6644
Goodwill - Used Furniture 800-577-8629
Lutheran Social Services 419-485-3777
Montpeller See 'N' Do Club 419-485-3777
Once Upon A Child (baby furniture) 419-865-1166

General

Better Business Bureau 800-743-4222
Habitat for Humanity 419-636-9093
International Institution of Toledo (Immigration) 419-241-9178
NOCAC Programs 419-784-2150
Ohio Department of Job & Family Services 800-686-1556
Retired Senior Volunteer Program (RSVP) 419-592-0337
Social Security Office 800-772-1213
Williams Co Juvenile Probation Dept 419-636-1548
Williams County Chamber of Commerce 419-636-2247

Health/Medical Expense

American Cancer Society 800-227-2345
American Heart Association 419-740-6180
American Lung Association of Ohio NW 800-586-4872
Arthritis Foundation - NW Ohio Chapter 800-551-7257
Community Compassion 419-636-5449
Compassion Medical Clinic 419-630-0313
Cystic Fibrosis & Pediatric Pulmonary Center 800-227-2959

www.rsc.ohio.gov
no website
www.quadcorehab.org
www.ifs.ohio.gov

www.rsc.ohio.gov
www.sightcenter.toledo.org
www.williamscountyhealth.org

www.co.williams.oh.us

www.ifs.ohio.gov
www.williamscountyhealth.org

www.gracechurchofbryan.org
www.ebcbryan.com
no website
no website
no website
www.lsnrwo.org
no website
www.salvationarmy.com
www.bryanwesleyumc.org
no website
www.williamscountyhealth.org

www.cponrwo.org
www.ifs.ohio.gov

www.cponrwo.org
www.goodwill.org
www.goodwill.org
www.lsnrwo.org
no website
www.onceuponachild.com

www.bbb.org
www.hfwwilliamsoh.org
www.internationalinstituteoftoledo.com
www.nocac.org
www.ifs.ohio.gov
www.seniorcorps.gov
www.ssa.gov
www.co.williams.oh.us
www.bryanchamber.org

www.cancer.org
www.americanheart.org
www.lung.org
www.arthritis.org
www.gracechurchofbryan.org
no website
www.promedica.org

The Epilepsy Center of NW Ohio	800-589-5958	www.epilepsycenter.org
Free Medicine Foundation	573-996-3333	www.freemedicinefoundation.com
Genetics Center, Department of Pediatrics	877-322-2200 Ext 8096	www.mercyweb.org
Healthy Start (Children's Health Insurance Program)	800-324-8680	www.its.ohio.gov
H.E.L.P.	419-636-7199	no website
Hill Burton Medical Assistance	800-638-0742	www.hrsa.gov
Juvenile Diabetes Foundation	800-533-2843	www.jdf.org
Kidney Foundation of NW Ohio	419-329-2784	www.kfwno.org
Leukemia Society of America NW Ohio Chapter	800-589-5721	www.lls.org
March of Dimes	800-536-4483	www.marchofdimes.com
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
Reye's Syndrome Foundation	419-636-2679	www.reyessyndrome.org
Salvation Army	419-636-1790	www.salvationarmy.com
Shriners/Zenobia Temple	419-661-9200	www.zenobiashriners.com
Williams Co Dept of Job & Family Services	419-636-6725	www.its.ohio.gov
Williams County Health Department	419-485-3141	www.williamscountyhealth.org
Health Care Services		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Community Health Services (Migrant Families)	419-599-9033	www.fremontchs.org
Community Hospitals & Wellness Center	419-636-1131	www.chwchospital.org
Compassion Medical Clinic	419-630-0313	no website
Cystic Fibrosis & Pediatric Pulmonary Center	800-227-2959	www.promedica.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Drug & Poison Information Center	800-222-1222	www.capoison.org
Midwest Community Health Associates, Inc.	419-636-4517	www.midcomhealth.com
Shriners/Zenobia Temple	419-661-9200	www.zenobiashriners.com
Stress Center	800-323-2708	www.fultoncountyhealthcenter.org
Hearing/Speech		
Northwest Ohio Educational Service Center	567-444-4800	www.nwoesc.k12.oh.us
Williams County Board of MR/DD	419-485-8331	www.enrichmentcenter.org
Williams Co Health Dept. (hearing tests)	419-485-3141	www.williamscountyhealth.org
Home Health Care		
Hospice	800-417-9293	www.comhealthpro.org
Home Repair		
Maumee Valley Planning Organization	419-784-3882	www.mvpo.org
NOCAC Home Repair & Weatherization Programs	419-784-5393	www.nocac.org
Rural Development, USDA	419-422-0242	www.rurdev.usda.gov
Immunizations		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Williams County Health Dept.	419-485-3141	www.williamscountyhealth.org
Legal Services		
Better Business Bureau	800-743-4222	www.bbb.org
Community Pregnancy Centers	419-636-5691	www.cpcnwo.org
Legal Aid of Western Ohio	800-544-7369	www.lawolaw.org
Williams Co Juvenile Probation Dept.	419-636-1548	www.co.williams.oh.us
Mediations		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Mental Health Crisis, Information & Referral		
First Call For Help	211 or 1-800-468-4357	www.firstcallnwo.org
Four County ADAMhs Board	419-267-3355	no website
Four County Family Center	419-335-3732	www.fsno.org
New Home Development Company, Inc	800-310-1075	www.newhomedevlopment.org
Williams County Board of MR/DD	419-485-8331	www.enrichmentcenter.org
Stress Center - 24 Hr free assessment	800-323-2708	www.fultoncountyhealthcenter.org
Teen Hotline	877-419-7233	www.teenlineonline.org

Nutrition / Food Safety		
Community Pregnancy Centers	419-636-5691	www.cpcnwo.org
NOCAC (GACFP)	419-784-2150	www.nocac.org
OSU Extension Office	419-636-5608	www.osu.edu
Women, Infants, and Children (WIC)	419-636-8754	www.williamscountyhealth.org
Parenting		
Community Pregnancy Centers	800-636-5691	www.cpcnwo.org
Drug and Poison Information	800-222-1222	www.capoison.org
Four County Family Center	419-335-3732	www.fsno.org
OSU Extension Services	419-636-5608	www.osu.edu
Williams County Health Department	419-485-3141	www.williamscountyhealth.org
Women's Residential Treatment Center	419-352-5561	www.behavioralconnections.org
Paternity		
Child Support Enforcement Agency	419-636-6725	www.its.ohio.gov
Rent/Mortgage		
Community Compassion	419-636-5449	www.gracechurchofbryan.org
H.E.L.P.	419-636-7199	no website
Henry Metro Housing Authority/HUD	419-592-1735	www.hud.gov
New Home Development Company, Inc	800-310-1075	www.newhomedevlopment.org
NOCAC Community Service Programs	419-782-6962	www.nocac.org
Shelter		
Henry Metro Housing Authority/HUD	419-592-1735	www.hud.gov
House of Ruth	800-782-8555	no website
PATH Center (NOCAC)	419-782-6962	www.nocac.org
Richland Place (Single Room Apts - NOCAC)	419-782-6962	www.nocac.org
Salvation Army	419-636-1790	www.salvationarmy.com
Social Services		
Bryan Community Health Care Center	567-239-4562	www.recovery.hpwohio.org
Defiance Community Health Center	419-785-3427	www.ohiochc.org
Suicide Prevention		
First Call For Help	211 or 1-800-468-4357	www.firstcallnwo.org
Four County Family Center	419-335-3732	www.fsno.org
Support Groups		
Big Brothers/Big Sisters	419-636-1092	www.bbbsnwo.org
Center for Child & Family Advocacy	419-630-0550	no website
Community Pregnancy Centers	419-636-5691	www.cpcnwo.org
The Epilepsy Center of Northwestern Ohio, Inc	800-589-5958	www.epilepsycenter.org
First Call For Help	211	www.firstcallnwo.org
Four County ADAM's Board	419-267-3355	no website
Four County Family Center	419-335-3732	www.fsno.org
Hospice	800-637-5371	www.comhealtipro.org
House of Ruth	800-782-8555	no website
Lutheran Social Services	800-577-8629	www.lssnwo.org
National Multiple Sclerosis Society	419-897-9533	www.nationalmssociety.org
Reye's Syndrome Foundation	800-233-7393	www.reyessyndrome.org
Sudden Infant Death Network of Ohio	800-477-7437	www.sidscho.org
Trinity Lutheran Church	419-636-3387	www.tlcbryan.com
Tenant Rights		
Legal Aid of Western Ohio	800-544-7369	www.lawlaw.org
Utility Assistance		
Community Compassion	419-636-5449	www.gracechurchofbryan.org
H.E.L.P.	419-636-7199	no website
NOCAC Community Services	419-636-4924	www.nocac.org
Salvation Army	419-636-1790	www.salvationarmy.com
Veterans		
Veterans Services	419-636-8812	www.co.williams.oh.us

Victims/Witness Assistance		
Center for Child & Family Advocacy	419-630-0550	no website
House of Ruth	800-782-8555	no website
Williams County Victim's Assistance	419-636-6195	no website
Youth Services		
Four County Family Center	419-335-3732	www.fsnv.org
Teen Hotline (First Call for Help)	877-419-SAFE	www.teenlineonline.com
OSU Extension Services (4-H programs)	419-636-5608	www.osu.edu