

NOCAC EARLY HEAD START – 0-12 Months
HEALTH/DENTAL/DIETARY HISTORY FORM

Child's Name _____ M or F Date of Birth _____

HEALTH HISTORY

Date of last well child exam _____ Name of Doctor/Facility/Medical Home _____

Birth weight _____ Received Prenatal Care Yes or No

Mother's health during pregnancy _____

Tobacco Use during Pregnancy Yes or No Alcohol Use during Pregnancy Yes or No

Check any of the following which have been a problem for any member of your family, including grandparents:

- ___ mental retardation ___ skin allergies ___ heart disease ___ birth defects ___ asthma
- ___ epilepsy ___ cancer ___ diabetes ___ convulsions ___ None apply

Other _____

Did your child have problems at birth and or born early? (i.e. jaundice, oxygen needed, didn't cry, etc.)

Please mark the following conditions that apply to your child with an "E", "P" or "L"
(indicating Existing, Past or Life Threatening condition)

___ Diabetes	___ Bowel/bladder accidents	___ Heart trouble
___ Asthma	___ Bone/orthopedic	___ Neurological problems
___ Medications	___ Constipation/diarrhea/food intolerance	___ Allergic Condition ³
___ Foods	___ Seizures with/without fever	___ Serious accident/injuries
___ Insects	___ Eczema/skin condition	___ Surgery/hospitalization
___ Latex	___ Eating/swallowing difficulties	___ Urinary tract infections
___ Pollens/dust	___ Exposure to TB/respiratory disease	___ Vision: wears glasses/patch
___ Cancer	___ Anemia/sickle cell/blood disease	___ Hearing/ear problems
___ Other _____		

Please explain the **LIFE THREATENING**¹ or any **Existing** conditions³: _____

Do you have any concerns about your child's health? Yes No If yes, what? _____

Does your child take any medicine (vitamins, prescription or over the counter) on a regular basis? Yes No
If yes, what? _____

Will it need to be given to your child at school? Yes^{2 or 3} No

Does your child have special needs or need help to participate in classroom activities (i.e. help with toileting, etc.)?
 Yes³ No If yes, what? _____

Has your child ever been tested with a finger stick (poke) for lead or hemoglobin? Yes No

When _____ Where _____

DENTAL HISTORY

Date of last dental exam _____ Dentist Name _____ My child does **NOT** have a dentist.
Has your child ever had any cavities? Yes No If yes, have they been fixed? Yes No
Does your child brush his/her teeth daily? Yes No
Do you help brush his/her gums/teeth? Always Sometimes Never
Does your child drink from a bottle or spill-proof cup at bedtime/naptime? Yes No If yes, content _____
Do you have concerns about your child's teeth(i.e.pain/bleeding/spots/cavities on teeth, broken/cracked teeth, foul odor from mouth)? - Yes or No * If yes, explain _____
Do you have family dental concerns? Yes No If yes, explain _____
Does your house receive water from the city water supply, well, pond or cistern? Please circle which applies.
Does your family drink tap water? Yes ___ No ___ Does your family drink bottle water? Yes ___ No ___

DIET/NUTRITION HISTORY

How do you feed your baby? ___ Breastfeed ___ Breast and Bottle ___ Bottle
If you are breastfeeding, how many times in 24 hours do you breast feed? _____
Do you have any concerns about breastfeeding? _____
How many ounces does your baby drink at each feeding? _____
If you are bottle feeding, how many times does your baby get a bottle in 24 hours? _____
How many ounces does your baby drink at each feeding? _____
What do you use? ___ Concentrated Formula ___ Powdered Formula ___ Ready to Feed ___ Fresh Milk
How do you prepare your formula? _____ What Brand do you use? _____
Do you put your baby to bed with a bottle? ___ Yes ___ No
What else do you put in your baby's bottle? ___ Water ___ Water w/Sugar ___ Honey ___ Karo Syrup ___ Jello Water
___ Rice Water ___ 100% juice ___ Cereal ___ Hi-C ___ Lemonade ___ Punch ___ Kool Aid ___ Soda
___ Tea ___ Coffee ___ Chocolate Milk ___ Sport Drink (Gatorade)
Which do you feed your baby? ___ Homemade Baby Food ___ Baby Food in Jars ___ Bottle Only
Who else feeds your baby? _____
My baby has: Allergies _____ Diarrhea ___ Constipation ___ None of these
Do you have any questions about the way your baby is eating? ___ Yes ___ No
If Yes, please explain: _____

Women Infants & Children

WIC is a nutrition education program which provides nutritious supplemental foods for postpartum women, breastfeeding mothers, infants and children up to age 5. Some examples of possible supplemental foods provided are baby formula, milk, eggs, cheese, and cereal.

Are you interested in receiving WIC services?

___ Yes, I already receive WIC. ___ No, but I would like to receive WIC.^c
___ No, I am not interested in WIC because _____

Do you currently have health insurance? Yes ___ No ___^c

The information provided on this form is accurate and true to the best of my knowledge.

Parent/legal Guardian Signature

Date

Head Start Staff Signature

Date

Center Site _____

Classroom _____

FOR STAFF USE: REFERRALS: a - Health Manager b - Dietitian c - WIC/Health Insurance-FA

1-Complete ROI 2- Complete Med Administration Plan 3- Complete Medical Care Plan

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