



Paulding Summer Food Program - 2024

June

8 oz. - 1% white milk served daily

Prepared by Paulding County Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Hamburger Gravy - 4 oz. to yield 2 oz protein 1/2 Mashed Potatoes Peaches - 1/4 cup Biscuit	4. BBQ Pork Sand. Potato Salad - 1/4 cup Pineapple, Orange, & Banana Cup - 1/2 cup Cookie	5. Tomato Beef Lasagna-3/4 cup serving to yield 2 oz. prot. Cinn Applesauce - 1/2 cup Garlic Bread Birthday Cake	6. Brd.Pork Cutlet - 4 oz. to yield 2 oz. protein Mashed Potatoes - 1/4 cup Grapes - 1/2 cup Dinner Roll	7. Spaghetti w/ Meat Sauce 3/4 cup serving to yield 2 oz protein & 1 pc. Garlic bread Green Beans - 1/4 cup Mixed Fruit - 1/2 cup
10. Smoked Sausage Sandwich 3 oz. to yield 2 oz protein 1/2 cup Mashed Potatoes Warm Peaches - 1/4 cup Dinner Roll	11. Turkey & Cheese on Wheat 2 oz. Turkey - 1/2 oz cheese Coleslaw - 1/4 cup Cinnamon Apples - 1/2 cup Oatmeal Raisin Cookie	12. Hot Dog on a bun - 2 oz. Celery & Carrots - 1/2 cup with Peanut Butter Cup Tropical Fruit - 1/4 cup Fruit Snacks	13. Meatloaf - 3 oz to yield 2 oz protein Baked Potato - 1/4 cup W.W.Bread Strawberry-1/2 Angel Food Cake	14. Chicken Penne Pasta - 3/4 cup serving to yield 2 oz. protein & 1 pc. Garlic bread Green Beans - 1/4 cup Grape Juice - 1/2 cup
17. Goulash - 3/4 cup to yield 2 oz. protein 1/2 Corn Peaches - 1/4 cup Garlic Bread	18. Baked Pork Chop on Bread 3 oz. to yield 3 oz. protein Potato Salad - 1/4 cup Applesauce - 1/2 cup Cookie	19. Closed Juneteenth Day	20. Cubed Steak/Gravy - 4 oz to yield 2 oz. protein Green Bean Casserole - 1/4 cup Mandarin Oranges - 1/2 cup Dinner Roll Rice Krispy Treat	21. Chicken Patty on a Bun 3 oz patty to yield 3 oz protein Cheesy Potatoes - 1/4 cup Peach Cobbler - 1/2 cup
24. Cheeseburger - 3 oz patty to yield 3 oz. protein Baked Beans - 1/4 cup Blushing Pears - 1/2 cup Raisins	25. Baked Ham - 3 oz Hashbrown Bake - 1/2 cup Tropical Fruit - 1/4 cup Dinner Roll	26. Roasted Chicken - 3 oz. Redskin Potatoes - 1/4 cup Oranges & Pineapple - 1/2 cup Dinner Roll Fruit & Grain Bar	27. Beef Stew - 3/4 cup to yield 2 oz protein and 1/4 cup vegetable Banana Chocolate Pudding Biscuit	28. Pepper Steak w/ White Rice 1/2 cup to yield 3 oz protein Corn - 1/4 cup Applesauce - 1/2 cup Dinner Roll

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